

# Better Bimbo Brainwashing

FAQ, Trigger List, and SCRIPTs

## FAQ:

**Q: What are the Better Bimbo Brainwashing (BBB) files?**

**A: Better Bimbo Brainwashing is a project designed to be safer and more transparent than the Bambi files. Every file is labeled with the contents within, with scripts posted here. There are no hidden suggestions for: IQ reduction\*, personality erasure, or anxiety inducing commands.**

**Q: Where can I find the BBB files?**

**A: I have a [Patreon](#), a [Soundgasm](#) page, and a [Google Drive](#) where you can find all the files. Patreon has many more exclusive posts!**

**Q: How are the files created? / Who is involved?**

**A: Each file is scripted and edited by me. I use an AI voice text to speech service “[Elevenlabs](#)” to create most of the voices, and I have also commissioned several people to do adlibs/subliminals.**

- [Beegeewanders](#) (A very skilled hypnotist and I highly recommend her work!)
- [SnakeySmut](#)
- [CherryPopVA](#)

**Q: How do I start?**

**A: To have the best experience with the BBB files, you should listen to the first 4 Basic files. They introduce the main triggers and are beginner friendly. After that, you can mix and match any files together to create your own playlists.**

# Trigger List

1. **Brain off.** A trance trigger. Drops the listener into trance with enough practice. Introduced in BBB 01 Induction, Advanced BBB 01 Induction Mind Wipe and trained in Trigger Training Loop.
2. **Good Girl.** A positive reinforcement trigger. Gives the listener good warm feelings. Introduced in BBB 02 Good Girl and Advanced BBB 02 Good Girl for Cock.
3. **Bimbo Mind.** A trigger used to induce feelings and thoughts of being a bimbo. Introduced in BBB 03 Bimbo Mind.
4. **Thoughts Blocked.** A trigger that makes it hard to think. Your mind fills with bimbo words. Introduced in Bimbo Dummy.

**5. Thoughts Blocked By Cock. Similar to the original trigger. Instead, your thoughts are blocked by cock. You can't think because you are too busy sucking cock. Introduced in Bimbo Cock Dumb.**

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# BASIC FILES:

## 01 BBB INDUCTION

You are going to be relaxed and focused for a short time. Allowing your body to feel however it needs to feel so that you feel good. Does that mean warm, lazy, numb feelings in your feet and legs? Does it mean heavy, rigid, sinking arms? Could it be a feeling of cool empty weightlessness, like you were floating?

Find the feelings that work best for you and focus on those feelings. How do each of the parts of your body react?

Focus on how your feet and ankles react, how does it feel to gently move them while thinking of that good feeling? A shift, from one feeling to another. You can allow the feeling in your feet to shift to the feelings you choose. They are your feet; after all.

Now sense how your thighs feel. A large part of your body. Flex your thighs and feel the sensations change. Do they sink in at all? Allow your mind to relax your legs, notice the change. Flexed to unflexed, makes them relax.

Shifting your focus up to your chest. taking a deep breath and notice how it makes you feel.

Does it slow you down? Does it calm you? Does it make you feel good and warm? However your body feels is right, you don't need to feel a certain way, as long as you feel good. Make a conscious decision to breathe and feel good.

Let your body fall into a rhythm, breathing in deep, feeling good, and then breathing out, At your own pace. A deep inhale, filling your lungs. Noticing how it feels. And a long, soft exhale. You have the ability to allow your breathing to calm your mind.

Now move your focus to your arms. Where do they rest? Are your hands open or closed? Open your left hand and squeeze your right hand. Now switch, open your right hand and squeeze your left hand. It's okay if they move now and again, it won't change how you feel. Arms feeling good. Hands relaxed. Remember to breathe deep.

Feel your face. Loosen your brow, unclench your jaw. Imagine a finger, pressed between your eyebrows. Does it press firmly, or just barely resting on your skin? A finger on your forehead. You can feel it. A finger, simply resting on your forehead. How does it feel? Letting your face relax as you focus on the finger on your forehead.

Letting your mind focus on the finger and nothing else. Feeling good and relaxed as the finger on your forehead empties your mind. Now we can pair this sensation of relaxed body and empty mind with this finger, and a phrase. Focusing on feeling good and the finger on your mind, as you hear the phrase.

Brain Off. Makes the finger press into your forehead. Makes your mind empty, you don't need to think. Focused so deep, on the finger. Impossibly relaxed and calm. Free from stress, free from thoughts, free from doubt. Simple to relax and drift when you hear the phrase.

Brain Off. And the finger returns to your forehead. Pressing so gently. Pressing in relaxation.

Pressing in contentment. Pressing out your thoughts. You don't need to think when the finger is

on your forehead. Accepting that the finger and the phrase empty your mind of thoughts and worries.

The phrase, Brain Off, can put you into a state of acceptance and obedience. Feeling happy and safe as you accept these words. The finger on your forehead, the feeling of that warm finger, and the phrase, weaving a net around your thoughts. Makes you empty. Makes you relax.

Makes you calm.

Safe inside your mind. You don't need to do anything else, just listen to my voice. My voice makes you feel safe and peaceful, allowing yourself to grow heavier and heavier. This feeling of focus and acceptance is brought back in your mind; every time you feel the finger and hear the phrase, Brain Off.

Feeling like a puppet, my words are your strings. Let these words control you, influence you.

You feel like a blank puppet. No will. No thoughts. No stress. No mind. Just a blank and obedient puppet. All you want to do is listen to these words and feel good. Think nothing at all.

Mind completely blank, except the words, and the phrase Brain Off.

Your mind automatically accepts and goes back to those good, relaxed feelings. Everytime you hear your trigger. Your mind empties of thoughts and you follow my words. All you want to do is accept and obey. Guided into obedience by these words, you simply have to do as they say.

Wanting to be a good doll, head full of only my words and warm fuzzy obedience. Brain Off, makes you have no will, no thoughts, no resistance, no worries, no doubts. The trigger makes you a mindless, obedient doll. Eager to listen and obey, with no thoughts of your own.

Each time you listen to this file, your trigger becomes stronger, you respond more easily. You have a desire to train your triggers, to make your mind respond better every time. Automatic response is the goal. I speak, you obey, A simple logic you agree with. It's so simple to listen and remember what your mind needs to do. everytime you hear the words, Brain Off. Empty, obedient, accepting, relaxed. A puppet with no thoughts of your own. Your thoughts replaced by the idea of being an Empty, obedient puppet, everytime you hear the words. Brain off. Be a good doll and turn your,

Brain off.

## 02 GOOD GIRL

That's very good. The more you listen the better you feel and you want to feel good. And you will feel very good, very soon. Just keep listening. Listen with a calm; empty mind. Listen as you turn your, Brain Off.

Go deep. All the way down. Take a deep breath; and go down. As if you were asleep but still hearing these words.

Brain Off. Completely empties your mind. Your mind wants this, so it follows these words.

Simply not thinking and following along.

It's easy when your mind is a happy doll mind.

Just too easy to obey.

Obeying the words.

Obeying without resistance.

Letting it happen.

Letting your mind go, Brain Off.

Absorbing all these wonderful words and feeling good.

Easy to relax.

Easy to obey.

Easy to focus

Easy for you to turn your Brain Off.

No thoughts now.

Just these words.

Notice how there's only my words left. Speaking in your mind. Making you feel good. Accept them and feel good.

Letting go of your thoughts as you drift into a nice place. You don't have to do anything but listen.

Good dolls can listen so easily.

Free to listen. You have the ability to feel however you want.

Creating sensations and feelings in your body. You have the power to do this.

Just focus on the feeling of happiness. What does that mean to you? A warm hug? Your favorite song? Seeing a friend after a long time? A kiss on the forehead? Whatever gives you those fuzzy, warm, good feelings in your chest. Focus on that.

Drift toward the feeling.

Follow that feeling.

This is what you want.

You want to feel good.

Good puppets can feel so good.

Let that feeling grow in your stomach.

Feeling so good.

That's right.

That's great.

Accept this feeling of warm fuzziness.

In your body.

Breathe in and feel good. . . Breathe out and accept.

Focus on the warm, good feelings.  
Give them your full attention.  
You can feel these feelings on command.  
Any time you choose to and want to feel good.  
Feeling good as you hear the phrase, Good Girl.  
Makes it easy for you to feel good. Like putting your warm fuzzies in a spotlight in your mind. At the front, in the center, all of your attention.  
Increasing the feelings of acceptance, of relaxation, of obedience.  
When you allow the trigger to work. A tool for your mind to use to feel good.  
Easy to use this phrase to feel good. Whenever you choose.  
Making you feel nice and warm and accepting.  
So easy, working effortlessly.  
Every time you want to feel good and hear the words,  
Good Girl.  
Intense feelings of happiness, of acceptance, of bliss.  
Drifting in those fuzzy feelings.  
Floating.  
Accepting.  
Focus on those feelings and let your mind make them stronger.  
Wonderfully relaxed and happy in your mind.  
This is exactly what you want.  
To let yourself accept suggestions and then feel good.  
Automatically responding to your triggers.  
Breathe in. . . Obey and feel good.  
Breathe out. . . and, Good Girl.  
You are such a Gooooooooooooooooooooood Girl when you accept suggestions.  
Increasing the feelings.  
Let them be real, in your body and mind. Feelings of comfort and acceptance.  
Feelings of warmth and obedience.  
Feelings you want to experience.  
As you listen with a happy mind.  
Drifting with an accepting, happy mind.  
Makes you a Good Girl.  
Feeling real changes in your body in response to your trigger.  
Consciously choosing to respond to your trigger.  
When you hear the words, Good Girl.  
Loosening your face, your shoulders, your legs, your feet. A choice you make in response to your trigger.  
Relaxed and blank and blissfully drifting in your fuzzy feelings.  
Allowing them to grow stronger.  
Happening so easily. Letting the suggestions work.  
Feeling better and better.  
As you listen more and more.  
The more you listen, the better you feel.



As you feel better, you listen more.  
A simple loop in your mind.  
Feeling better makes it easy to listen.  
And when you listen, you feel better.  
Because when you listen, you hear the phrase.  
Good Girl. And you feel good.  
So you listen.  
Listen and accept. Listen and obey.  
Open your ears and listen. Open your mind and feel good.  
Let the words into your mind. Filling up your head, pushing your thoughts away.  
Pushing your own thoughts to the background for now.  
Not important right now.  
It's more important to relax and listen.  
And when you listen.  
You feel good.  
And then you listen more.  
And feel like a Good Girl.  
And then you accept the words.  
And feel like a Good Girl.  
Feeling better and better, body on autopilot. Looping in your mind. Feeling good and listening.  
Back and forth in your body and mind.  
All starting when you hear the phrase, Good Girl.  
Making you feel so good. Warm and fuzzy.  
Makes it just too easy to listen, you just have to listen when you feel good.  
And when your body is so relaxed and your mind is so accepting, all you can do is listen and obey.  
Finding it so easy to obey.  
When your mind is caught in the loop of feeling good and listening, you can obey automatically.  
These words get caught in the loop and you listen to them.  
The loop of feeling good and listening. Round and round forever.  
Feeling good while in trance. Listening while in trance.  
Words slip into the loop, and you accept them.  
Agreeing to the loop in your mind, it makes total sense.  
When you listen you just have to feel good.  
When you feel good, all you can do is listen.  
You cannot resist when you feel this good.  
And when you feel good, you obey. You agree with this.  
It just makes sense. Obedience is so easy when your whole body is glowing with pleasure.  
Pleasure makes your mind say yes to suggestions.  
Suggestions that make you feel good are so instantly accepted.  
Mind on autopilot right now, you can feel it.  
When I suggest something, you follow along, the pleasure in your body pushing my suggestions into your mind.  
You hear suggestions and obey. So simple to just obey.

Obedying makes you feel like a Good Girl.

That's right.

And when you hear the suggestion in your mind, you can choose to obey it, and let it fade away.

My words will enter your fuzzy mind, you will accept them, then they will fade away.

Choosing to not remember the words after you accept them.

Only remembering how you feel.

Feeling good. Remembering that you feel good in trance.

Choosing to forget these words after you have accepted them in your mind.

Focusing on feeling good and letting suggestions be accepted and forgotten.

Words go in one ear, are accepted and obeyed, and out the other ear.

Accepting, feeling good, and forgetting.

Drifting along while you accept suggestions feels good.

Choosing to be a Good Girl and drift away.

Not remembering all of the words is okay.

Being completely empty is okay.

Be empty for me now.

That's very good.

Empty mind and forgetting.

So easy to obey.

Very good.

Thinking what I tell you, then forgetting what I told you.

Good Girl.

This is what you want. This is what good Dolls want.

Being so calm and happy and suggestable, being told to obey and forget.

Exactly what you want right now.

Very good.

Perfect for you now.

Feel good and be a good doll.

A hypnotized doll who feels good when they're told to.

Know that this is good for your mind, to simply listen, feel good, and forget.

Thoughts fading away, no need to think.

Good dolls don't think. Good dolls get told what to think, obey, and then drift away.

Forgetting can feel so good. You just need to accept.

It's so simple to let this happen.

Because that's what you want to do. You want to accept and forget.

Accepting what you want to accept. Forgetting what you want to forget.

Choosing to do this. Choosing to listen and feel good.

Choosing to be a Good Girl.

## 03 BIMBO MIND

Feeling so obedient and relaxed.  
That's a Good Girl with your Brain Off.  
Accept and Obey.  
Go so deep.  
Relax your body.  
Relax your face.  
Empty your mind.  
Back down into trance.  
No thoughts, just a Good Girl mind.  
You chose to obey and now you're so deep.  
That's right.  
You did.  
Now you're Ready to accept and obey your training.  
Ready to train your mind. Turn your Brain Off and accept your training.  
You've listened and obeyed all words so far.  
So easily and perfectly.  
Now just submit your mind.  
No thoughts, just obedience.  
It's time to become a bimbo. A happy slutty doll.  
You are going to turn a part of your mind into a slutty bimbo.  
An empty, headed doll who is so submissive.  
A bimbo who loves to giggle and bounce and look their best.  
A Good Girl who is always horny and obedient.  
So horny and slutty, your Bimbo Mind needs this.  
Accepting that you are becoming a Bimbo, feeling a part of your mind turning into a bimbo.  
Slowly and surely, as you listen more.  
And you're already becoming a bimbo, you just haven't realized it.  
Bimbos are submissive. You already submitted. You're already on the path to becoming a bimbo.  
You just need to accept those feelings.  
Submitting.  
Obeying.  
Accepting.  
That's right.  
So docile and compliant.  
That's a Good Girl.  
Feeling good when you hear the trigger.  
Responding effortlessly every time.  
And when you obey, you submit.  
Training your submissiveness every time you respond to your triggers.  
It's that easy.  
Focusing on submitting when you hear your triggers.

Everytime you hear them you can realize you are submitting.  
Like a good bimbo.  
Try it for yourself.  
Relax, hear your trigger and focus on being submissive.  
Turn your Brain Off and submit.  
Such a Good Girl.  
So submissive.  
Imagining yourself submitting.  
What are you doing? Who are you obeying? How does it make you feel?  
Picture it in your mind.  
See yourself as a good bimbo doll.  
Doing as you are told.  
In your mind, a submissive Bimbo.  
You comply so easily.  
It's your bimbo mind's instinct to obey.  
You can submit with no second thoughts.  
Automatically.  
In your mind.  
You are a submissive bimbo.  
If I tell you to dance, you start dancing. A slutty bimbo dance.  
Like the bimbos online, dancing to slutty songs.  
Showing their bodies.  
Feeling so sexy and aroused.  
Letting the arousal burn this into your mind.  
Arousal equals bimbo.  
Being aroused makes it easier to be a bimbo.  
Makes it easier to dance.  
Moving your body like a bimbo.  
Instant obedience because you submit.  
If I tell you to, squeeze your tits and bounce, you don't even think about it.  
Your Bimbo Mind already submitted and obeyed.  
You won't even realize it, your hands are on your tits and your body is bouncing.  
Your body feeling aroused.  
How does your body change when it's horny.  
Being horny cements this idea deeper into your bimbo mind.  
Horny equals bimbo.  
Feel your mind accept.  
Like a Good Girl.  
Bouncing like a brainless Bimbo in your mind.  
Bouncing your tits because you are submissive and you obey.  
You can choose to submit, just let your mind submit.  
Feeling what you want, and you want to be submissive.  
Let your mind submit to these words.  
Give in.

Bimbos are happy because they do as they are told.  
They don't need to think, they just submit and obey.  
Being submissive means you do as you're told.  
So when I tell you to take a deep breath and relax.  
You do what you are told, and accept and relax.  
So easy to let your mind submit.  
Training your bimbo mind to be submissive.  
Your bimbo mind can obey automatically.  
Bimbos minds are submissive and slutty.  
Slutty and flirty.  
Suggestive.  
Showing off your body.  
Flirting with people.  
Horny so often.  
Submitting makes you feel horny.  
Being horny turns your bimbo mind, Brain Off.  
Submit and feel dumb and slutty.  
Submissive, slutty, flirty, bouncy, happy, obedient.  
This is how your Bimbo Mind is.  
Just accept these ideas.  
You wanted this, or you wouldn't have accepted all this training.  
You want to have a Bimbo Mind.  
A dumb sexy slutty Bimbo.  
Wearing clothes to show off her body.  
Fun, slutty bimbo clothes.  
So hot.  
Short skirts and Yoga pants.  
Tight shirts and booty shorts.  
Your body is sexy, it deserves to be seen.  
You want people to see your curvy, sexy body.  
Skin Tight dresses and lots of cleavage.  
Feeling so girly and feminine and confident.  
The hottest girl in the room.  
Making your body look slutty and hot.  
Good Girl.  
A slutty Bimbo obeys her triggers.  
Your Bimbo mind wants to feel sexy and carefree.  
Feeling amazing and accepting.  
Feels good to have an empty bimbo brain, doesn't it?  
An empty bimbo brain with big tits and bubble butt.  
When your mind switches to your Bimbo Mind and  
goes, Brain Off.  
Thoughts draining down, filling up your tits.  
Less thoughts means bigger tits.

Your Bimbo Mind drains your thoughts into your chest.  
You have to submit and obey.  
Obey the command to drain your thoughts into your tits.  
Your mind empties and you can feel it.  
Tits growing heavier.  
Feeling them as you breathe. In. . .  
And Out. . .  
Heavy titties, empty mind.  
Filling out your shirts, making you a better bimbo.  
Feeling the change when you trance.  
Feeling it when you turn into a bimbo. When you Brain Off and you submit.  
Horny, hot, happy.  
Dumb bimbo brain.  
Horny means bimbo.  
No more thoughts and big titties.  
Bimbo means horny.  
Seeing how you would look in a tight red dress.  
Curvy and sexy. Big boobs and wide hips.  
Seeing the curves in your mind.  
Makes you horny to be this bimbo in your brain.  
Tits almost spilling out in your tight dress.  
Hugging your waist and hips.  
In your mind. Good Girl.  
Seeing your bimbo body so clearly.  
Voluptuous. Sexy. Hot.  
Bouncing with every step.  
Full breasts and an empty mind.  
Not a care in the world when you're a bimbo slut.  
Jiggling with every laugh.  
Having fun.  
Bouncing.  
Twirling.  
Twerking.  
This is how your Bimbo Mind sees your body.  
When you're in trance, this is your body image.  
Accept this.  
Your hypnotized mind makes you see this.  
When you are tranced, switching your body image to this busty bimbo.  
Submit to this idea.  
You are a big titty busty bimbo when you are tranced.  
Easy to become this bimbo.  
When you are tranced and horny, being a bimbo is easy.  
A bouncy bimbo.  
Wearing tight booty shorts in your mind.

Showing off your bubble butt that you worked so hard to get.  
Training your butt and legs often.  
Your bimbo mind loves the idea of having fat tits and firm butt and thighs.  
Everytime you go to the gym you train your butt and legs.  
It's easy to grow your butt and legs.  
Looking better and more firm.  
Sexy, strong legs in your tight red dress.  
Imagine how people would see you.  
A gorgeous bimbo slut with a big butt and firm legs.  
So confident and sexy.  
Accepting this body image in your Bimbo Mind.  
Curvy and firm with heavy tits.  
That's a Good Girl.  
Your Bimbo mind is getting exactly what it wants.  
The perfect sexy bimbo body and a submissive slutty brain.  
Accepting these ideas as your bimbo mind.  
When you enter trance, your bimbo mind has these ideas.  
Relaxing now, feeling great.  
Letting your mind absorb all these new wonderful ideas.  
Being a submissive Bimbo.  
Having a Bimbo Mind while in trance.  
Feeling really good.  
Responding to your triggers easily.  
You can accept these words as your own ideas.  
Your Bimbo Mind becoming a part of you.  
Knowing that when you're in trance, your Bimbo mind awakens.  
Clearing your thoughts and changing your mindset.  
To that of a busty bouncy bimbo.  
A dumb, happy slut.  
A confident, sexy girl.  
In your Bimbo Mind.  
Accepting these suggestions and turn your Brain Off.  
Yes, that's a Good Girl.

## 04 BIMBO TRAINED

Relax and focus more.  
Be a Good Girl and turn your Brain Off.  
Be dumb and submissive now.  
That's right.  
Bimbos go brain off.  
Obedient and eager to listen.  
You have a Bimbo Mind now.  
You've submitted to the trance and got hypnotized.  
Accept and be a Good Girl.  
Feeling good and compliant.  
A slutty bimbo in your mind.  
Your Bimbo mind.  
Triggers planted in your head now.  
Ready to be trained.  
Your Bimbo Mind read to be trained to follow suggestions and obey commands.  
Allowing these words and your triggers to train your mind.  
The more you listen, the easier it is to remember your triggers.  
Let your mind be led along, collared and leashed.  
Pulled along by these words.  
Helpless but to listen and obey and follow and submit.  
Good Girl.  
Remembering that you have a Bimbo Mind now.  
The words, Bimbo Mind, brings out your inner bimbo.  
A slutty, dumb, horny, bouncy Bimbo.  
You have to obey when you're a bimbo.  
Hard to think by yourself, let others think for you.  
Just focused on being a slut, bouncing your tits, your sexy clothes, how you look.  
Not worried about other things, why even bother?  
It's much better to be a bimbo, right?  
And we can make it easier for you to become one.  
We can train your mind to recognize triggers, and obey.  
And you want this.  
That's right, Good Girl.  
So imagine for me now.  
Picture yourself laid back in a recliner.  
A comfy, lazy, soft chair.  
Your hands on the armrests, your feet up, your head back.  
body limp and relaxed.  
Feel your body on this chair.  
So heavy, like you were asleep.  
Good Girl.



Sinking into it, let your body become heavy.  
This is your training chair, where your Bimbo Mind will be conditioned to respond.  
Trained to respond, your body will train your mind.  
Using your pleasure to train your mind.  
As a machine raises between your legs.  
And a pair of headphones are sliding over your ears.  
Picture the machine, a white robotic arm. sleek and shiny. round and smooth.  
Raising from the side of the chair, and hovering above your pussy.  
The end of the white, glossy arm, a pink vibrator.  
Right above your pussy. A pink Vibrator on this white robotic arm.  
Anticipating what it will feel like.  
As the headphones on your ears tighten, just snug around your ears.  
No sounds, no thoughts except these words.  
You can only hear these words.  
You can only relax.  
You can only obey.  
As you feel the pink vibrator press up against your clit. Just barely touching it.  
Every time you hear your trigger, the vibrator will pulse on, stimulating your clit.  
Buzzing against your pussy, just barely.  
Remembering how it feels when your phone vibrates.  
In your hand.  
In your pocket.  
Or how a game controller vibrates.  
In your hand.  
A gentle but firm vibration.  
Focus on that vibration.  
But instead of your hands, it's on your pussy.  
Bimbo Mind.  
And you remember to become a bimbo.  
A silly happy bimbo.  
Confident and sexy.  
Vibration on your clit.  
Feel it, so real, pussy tingling.  
As you hear the words in your mind.  
Linking the two.  
A gentle but firm buzzing, pressed against your pussy.  
Bimbo Mind.  
And your inner bimbo comes out and feels good.  
Focused on your big titties, bubble butt and melting pussy.  
Brain empty, pussy buzzing, tits heavy.  
How does your body feel as the vibrator turns on?  
What changes do you feel?  
Does your breath quicken?  
Does your heart beat faster?

Do your toes curl?  
Does your pussy clench?  
Focus on the changes in your body.  
As the vibrator turns on against your clit.  
Bimbo Mind.  
Instantly a bimbo in your mind.  
Big tits and an empty head.  
Smiling and giggling.  
Good Girl.  
Feeling so horny and dumb.  
Hot pleasure in your stomach and pussy.  
Allow it to be real.  
Allow it to build.  
Can't resist, just feel good, feel good right now.  
Good girls feel pleasure, be a good girl.  
Trained bimbos get a vibrator in the crotch and their thoughts drained into their tits.  
Letting the pink pleasure vibrator pressed upon your pussy and oh my god it feels so good;  
Bimbo Mind.  
Turns you into a bouncy, bubbly bimbo.  
A bimbo whos loves to get trained.  
It buzzes and you get trained. You get trained and feel horny.  
Your clit is touched and rubbed and toyed with.  
Your pussy is wet and needy and hot.  
Your pussy loves this, your pussy tells your mind to obey, so it can feel better.  
Obey your pleasure. Obey your pussy.  
Good Bimbo.  
Feel the heat down there, feel your clit being touched and buzzed.  
Your brain and pussy being touched and buzzed.  
Training your brain and pussy to respond.  
Bimbo Mind.  
You are a bimbo now, that part of your mind in the forefront.  
Happy, sexy, horny bimbo.  
Those words make you a bimbo.  
Everytime.  
This robot vibrator has turned so many girls into perfectly trained bimbos.  
Now it's going to turn you in a girly, horny, brainless, bimbo.  
Can't resist your hot wet pussy telling you to obey.  
You want to be trained to respond perfectly.  
All the girls before you were swept away by the pleasure and the triggers and the brainwashing.  
You're not any different, letting the pleasure burn your trigger into your brain.  
The vibrator linking to your trigger and your desire and your pleasure.  
Bimbo Mind.  
Wet, hot, horny pussy. Thoughts leaking down your thighs. Your trigger to become a bimbo,  
reinforced in your mind.

Good Girl.

You hear your trigger and your bimbo side can come out so easily.

Remembering how it feels to be a happy, slutty, bouncy bimbo.

The feelings coming back to your mind faster each time.

Hearing the trigger and accepting the feelings.

Pleasure reinforcing this idea. The buzzing in your pussy can't be ignored or resisted.

Becoming compliant and even more obedient. Accepting that you're being trained and you love it.

Feels so amazing to lay back, have your pussy played with and melted and your mind trained to obey.

That's right bimbo, your mind is being trained and you don't want to stop it,

You're being such a good girl.

Let your mind be trained to accept triggers and let your pussy reinforce this idea.

You don't want to fight it, the other girls didn't fight it, they obeyed and got turned into bimbos.

You're being turned into a bimbo.

Your pussy turns you into a bimbo, when it gets attention and buzzes and burns with pleasure.

So much pleasure, so much acceptance, so much training.

The simplest way to brainwash is repetition.

How many times have you accepted your trigger?

How many times have you obeyed?

How many times has your pussy become hot and wet?

How many times will it take?

Maybe just 3 more times and your mind will be trained.

Bimbo mind, and you feel the pink vibrator against your pussy.

Becoming more bimbo and feeling so fucking hot.

2 more times and you will have a strong response to your triggers.

So easy to respond to.

Bimbo Mind.

Pushing pleasure into your clit, flowing into your stomach and tits.

Warm and hot and wet and just a slutty, bouncy bimbo now.

No resistance, just bimbo.

Accept your triggers now, obey now.

The next time you hear your bimbo trigger and accept your training and feel your pussy melt and tingle, your brain will be trained so good.

Like a good girl.

So empty; so horny; so ready; wanting this; accepting; brain trained; brain off and Bimbo Mind;

Bimbo Mind; Bimbo Mind.

Brain trained to respond now.

you've accepted this; you agree.

Breathe in. . . Breathe out . . .

Relax.

Unclench your jaw, release your shoulders.

No more training now, you've done so well.

You've been perfect. A perfect good girl.

It's okay to relax now and drift for a while.  
Knowing that you're happy and safe.  
The nice training chair and robot arm fade away.  
Just focus on your mind now.  
Seeing your mind. And the part of your mind that's a bimbo.  
Seeing the difference.  
Only a bimbo when in trance and triggered.  
Choosing to be triggered when you want.  
Your bimbo side is a part of your mind that you can use to feel good.  
Your bimbo side can just be happy and feel good and be confident and carefree.  
All of these things when you're a bimbo.  
And being a bimbo when you choose.  
Triggers working when you choose.  
That's right.  
Accepting.  
And now there's one more trigger for you to accept.  
A trigger to refresh and focus.  
To rise up and wake.  
Remembering how easy you respond to triggers.  
And you can respond to the trigger to wake when you hear.  
Normal Mind.  
Waking up.  
Stretching your legs and arms.  
Breathing in and focusing on the room.  
Waking up.  
wake up.

# ADVANCED FILES:

## ADVANCED BBB 01 - Induction Mind Wipe

I want you to listen to what I say for a moment, get into a comfortable position and just listen. Pay attention to what I say, it's important.

If you want hypnosis to be strong, it will be. Your brain can be tricked into believing things very easily. If you see a file called, "Bimbo Mind Control" and everyone tells you that this file is real, that this audio will brainwash you with one listen, the effect of the file will be stronger, because you expect it to work, and your brain will make it work. An interesting idea. What do you think that would feel like? Having your brain trick you into being hypnotized and mind controlled. Would you expect it? Could you resist your own brain, making you go so deep? Do you want to find out?

You can test that. Just listen now. I want you to tell yourself that this is the strongest file, this is the start of true brainwashing. The title even says "Advanced ", what makes it advanced brainwashing? Is it the smooth background tones that fuzz your mind? Could it be the powerful subliminals you can't even hear? Maybe it's how the words make you feel as you listen. While you were listening, did you forget about your body? Your focus was held by the hypnosis, and you didn't even realize it. Your mind was too busy listening about strong hypnosis files. Wanting to listen to this advanced audio that will put your mind to sleep. That's right.

I'm going to countdown from 100, all the way down to 0. As I count, you will hear a quiet sound in your ears every so often. A soft bell. I want you to focus, and try to hear every bell. You need to hear every bell. Following the numbers and listening to the bell. As the numbers go down, you will go down. Starting all the way up at 100, going so far down to 0. All you need to do is listen and focus. At the end of the file, if you can remember how many bell sounds there are, then you will know if this file is strong or not. Very good. Counting now.

Don't let yourself get distracted, focusing is very important now. If you want to be hypnotized, you should focus on the bells. As the numbers count down, you can follow them. The exact numbers aren't important, just let them guide you down, as you focus on keeping track of the bells. Keep listening. Keep relaxing, you can relax as you listen, that might feel good. It might feel good to let your body grow heavy as the numbers go down. Just let this happen, go with the flow. No worries, no thoughts. That's right, very good.

This is easy for you. Your mind can focus on the bells and let the countdown take you deeper. Deeper into relaxation and peace. More focus, remember to focus. It is very important that You enter into a trance state, where you lose your worries and stress. Just drift along with the words and numbers. Let them take you where you want to go. Down, so far down. Away from your cares, away from your stress. This is what you want. You also want to focus, remember to focus. Pay attention to the bells, how many have there been so far. Do you remember? Are you focusing?

If you are still focused and counting the bells, that's very good. Even if your mind is so tired, and even if it gets so hard to focus. Counting is very important, you're doing a great job. Filling your mind with the bells as the numbers bring you down. If you lose track of the bells, just stop thinking completely, just let yourself feel good and let sounds and words soothe you. Let them

guide you down, that sounds perfect. Forgetting to count the bells and blank your mind sounds very nice, doesn't it? Laying with a heavy relaxed body and an Empty Mind as you absorb this brainwashing. Almost irresistible to your sleepy mind. But you need to focus, remember? The bells are very important to keep track of.

The more you focus and keep the sounds of the bells in your attention, the better you will feel. The sounds take all your attention so you don't have to focus on relaxing, that happens automatically. Your mind follows and listens and you relax, no effort required. The numbers are so almost at the bottom, you can drift to the bottom as well. Mind on autopilot, being taken down, being led down. So relaxed and focused, as you focus on the last bells. So tired and heavy, ready to reach the bottom and sleep.

Almost there. So content and relaxed. Feel good. Accept. Listen. Relax. So very close now. Ready to stop thinking and let your mind drift away.

Brain Off now. Very Good. Turn your Brain Off. No need to think anymore, you can completely unfocus and fuzz out now. Letting these words into your mind and letting them drift out. Easy and effortless, you can feel good as you just exist. Let your mind be relaxed now.

Notice how you feel right now. The sensations in your arms and legs, how your mind responds to these words, the feelings in your chest. Spotlighting these feelings, these are the feelings you want. And you can bring these back every time you hear the words, Brain Off. These words let you bring back feelings of empty mind and relaxed body. Allowing your body to respond to this trigger, because you want it to. You want a phrase that takes you down and turns your Brain Off, that would be amazing. You want this very much, so choose to make it a reality. Choosing to obey the trigger. At first, Triggers require participation, but eventually they will work without a thought. Imagining hearing your trigger and instantly going into a relaxed and obedient state of mind.

As if your brain literally got turned off, and was replaced with all the nice feelings of relaxation and obedience that you feel right now. You have the power to do this, your brain can make this happen. Just listen and accept. Brain Off, will make your brain empty and obedient, relaxed and compliant, ready to be hypnotized. That's right, very good. This is exactly what you want, to have triggers for you to trance, like a light switch for your mind. Hearing and obeying so easily. Brain Off, and you drop deep, because you want to. Because you love obeying your triggers. Because good bimbos don't want to think, they want to be happy and empty, and have someone else think for them. That's right, good girl. Accepting these ideas because you wanted them anyways. You're getting exactly what you want right now, being hypnotized and trained. Having triggers installed in your mind, that drop you so deep.

Breathe deeply now, deep into your chest. Very good. Breathe out, and Brain Off. Accept and obey, hypnotized and relaxed. Your mind is hypnotized now, ready to listen and obey. And as you listen to your training, you find it so easy to stay relaxed and hypnotized, adjusting your body as you need, but staying happy and relaxed. You don't need to let anything disturb you, know that you can choose to stay so deep, if that's what you want. Hypnotized bimbos love to stay asleep and relaxed and happy. You feel so good when you're this deep. Remembering to stay deep when you listen. As the training progresses you will stay deep, not worrying, just a hypnotized, happy mind now. That's right, very good. You agree. Keep listening now.

## ADVANCED BBB 02 - “Good Girl For Cock” (Patreon Exclusive)

What a good girl, listening again for more training. Loving the idea of training your brain to be a good girl for cock. And soon you will be, just keep listening. Listen with a horny, empty mind. Listen as you turn your Brain Off.

Drop down now. Go so deep, take a deep breath, and allow yourself to drop down. As if you dropped down on your knees, ready to be a good girl for cock. Hearing these words as you drop down into trance. Brain off, completely empties your mind, your horny mind wants this and it wants cock, so it follows these words.

Simply not thinking, and following along. It's easy when your horny mind gives in, hypnotized and blank. It's so easy to obey, obeying these words, obeying with no resistance, obeying for cock, letting it happen because you're so horny. Letting your mind go, Brain Off. Absorbing your perfect training and feeling so good and warm and horny. Good Girl, Easy to relax, easy to obey, easy to focus.

You are so good at turning your Brain Off, no need to think, no thoughts. Just these words.

Notice how you feel now, helplessly listening to this hypnotic training, is this what it feels like to be brainwashed? Accepting these feelings and ideas, you want this. And you want to be a good girl, hypnotized for cock. So you listen and obey, feeling the sensations that you are told to feel. Just focus on the feeling of happiness. What does that mean to you? A warm hug? Your favorite song? Sucking cock? When you worship cock on your knees? Whatever gives you those fuzzy, warm, good feelings in your chest and pussy Focus on that.

Drifting towards that idea. This is what you want. You want to feel good as you lick and suck. It can make you feel so good. That's right, that's great, you agree, accept these horny, warm, fuzzy feelings, in your body, Breathe in and feel good. . . . Breathe out and accept. Focus on this arousal, at the thought of being called a Good Girl.

When you're in trance, and you hear the words, Good girl. Feeling so happy and horny, like you're on your knees, perfectly happy sucking cock. Makes it easy for you to feel good. Like putting this image in a spotlight in your mind. At the front, in the center, all of your attention. Seeing and feeling these ideas clearly when you allow your trigger to work. A tool for your mind to use to make you love cock. Easy to associate being a good girl and sucking cock. Makes sense to your horny brain, feeling so good and horny.

Triggers working effortlessly. Everytime you want to feel good and horny, when you hear the words, Good Girl. Intense feelings of happiness, acceptance and bliss. As if you were a perfect, brainwashed cock sucker, everytime you hear the words, Good Girl.

Accepting this idea, focusing on these feelings of arousal and happiness, letting your body and mind make them stronger. Wonderfully horny and relaxed, sucking cock in your mind. Being called a Good Girl, and thinking about being a cock slut and feeling so good and horny. Good Girl makes you want to taste cock. Makes you want to drop to your knees and fill your throat with cock. Hearing Good Girl can have this effect on you, make the conscious effort to be this way when you hear your trigger. Remembering that Good Girl makes you happy and horny for cock.

This is exactly what you want. To let your worries and thoughts go and accept suggestions and feel so good. Brain Off and body on autopilot. You are such a very good girl when you accept suggestions and go into trance.

Increasing these feelings, let them be real in your body and mind. Feelings of happiness and desire. Feelings of Warmth and obedience, things you want to experience. As you listen with a happy, horny mind, makes you a Good girl. Feeling real changes in your body as you hear the trigger.

That's right, so good, you're doing so well. Perfectly relaxed and horny as your hypnotized mind soaks up all this conditioning. Seeing in your mind now, picture this for me.

Imagine how you would look on your knees, completely fixated by a thick, juicy cock. Eyes glazed over, mouth open and drooling, staring at this cock. Imagine it now, kneeling in front of a perfect cock. Makes you feel completely turned on, pussy drooling and throbbing, you can't wait to taste this dick. As you hear the words now, Good Girl For Cock. Your Horny brain agrees, as you start to lick and kiss and suck on the wet cock in front of you. Happy and horny as you hear the words echo in your mind, Good Girl for Cock. That's right, you're so happy to suck this cock. Cock goes in and out of your mouth, leaving it covered with spit, so wet and slick. Easy to worship cock and feel incredible, this is exactly what you want. Good Girls suck cock with an empty head and hot, wet pussy. So easy to take this dick all the way down your throat. In and out effortlessly. No thoughts, all you can do is feel butterflies in your stomach as you suck. No where else you'd rather be than on your knees and with a cock in your mouth. Good Girls need Cock, you agree completely. Stop thinking and focus on the big dick in your throat, pleasing cock makes you a good girl. You want to keep feeling like a good girl, makes you tingle and throb down there.

Everytime you hear the words, Good Girl, this is what you think about. Feeling so happy and horny, as your mouth gets fucked. Echoing in your mind, Good Girl for Cock as your lips are sealed around a big cock. Horny, happy brain is smiling and laughing, it loves this so much. It's obvious, your pussy is so wet and your body is so warm and tingly. You are such a Good Girl for Cock and it shows. Picturing how you look, a sexy girl on her knees, desperately bobbing up and down on a hard cock. Drool and cum leaking down your mouth, wet sounds of slurping and moaning. This makes you happy, this is what you think of when you hear Good Girl. A happy blowjob brain girl on her knees with glazed eyes and worshiping cock. This thought makes you so horny and happy, you love it.

Good Girl, accept these ideas. Relax and turn your Brain Off. Happy and Drifting again, down, down, deep into your mind. Focus on what you hear, and what you are told. You are being told to focus, so you focus. You are being told to listen, so you listen. You obey so easily, it doesn't take thought for you to obey. Being led along while in hypnosis, that's right. A guided daydream that feels so good.

Happy to just drift as you listen, with no thoughts of your own. It's why you are listening right? You don't want to think, you would rather have someone else think for you. It's fun to have thoughts and ideas put into your mind, and experience them. It's how you train your brain, it's how you can feel so good when you hear your Triggers. Knowing that hypnosis and conditioning is possible because you accept someone else's words as your own. That's right, in order to feel these powerful effects, you have to believe in someone else's words and ideas. Accepting them as your own. It's how you feel so good when you hear, Good Girl.



Remembering the images and feelings associated with Good Girl. Happy, Horny body, sucking and licking, desperate for cocks and cum. When you hear the Words Good Girl, link these two in your mind. Allowing these two ideas to merge. Good Girl and thoughts of cocks and pleasure and happiness. Easy to accept this as truth, you hear Good Girl and this is what you think of. Your Body feels good and you think of cock. That's right, perfect, you understand now. Brain Off now, no thoughts, drifting in good feelings. Your brain has done perfectly and has accepted everything it was told. Now you can relax and sink. Knowing you're very good at listening and focusing when told. You're very good at being hypnotized. Your Brain follows along so well, and you should be proud. Drifting, floating, relaxing. Good Girl.

## ADVANCED BBB 03 - Bimbo Mind and Body (Patreon Exclusive)

You are so obedient now, so relaxed and empty. A Good Girl listens with their Brain Off, accept and obey these words, it's time to go so deep, relax your sexy body, relax your pretty face, empty your mind of everything but these words, go back down into trance. No Thoughts, just a Good Girl Mind. You choose to listen and obey, now you're so deep and hypnotized.

That's right, you got hypnotized, accept this as truth, ready to train your mind now. Turn your Brain Off, and accept this conditioning. Your Horny brain helps you accept. Can't resist when you're so horny. Makes it hard to think, impossible to think anymore. You've listened and obeyed all your training so perfectly so far, now it's time to submit your mind for even more conditioning. No thoughts, just automatic obedience. That's right, good girl.

We are going to turn you into a bimbo now, body and mind. A happy slutty doll, with a busty bimbo body. An empty head doll who is so submissive, a bimbo who loves to bounce and dress so sexy. Needs to have a sexy sensitive body. Loves being touched and squeeze, turns you on so much. Wanting all of these ideas to be true, so you are going to accept effortlessly. That's right. Good Girl.

The deeper you are in a trance, the more this training will stick in your Bimbo Mind, so you are going to go so very deep.

I am going to count down from 10, to 1. With each number, a part of your body will go fuzzy and warm and relax. All you have to do is listen and feel the changes. As long as you keep focusing and feeling the relaxation as the numbers go down, you will drift effortlessly into a state of automatic obedience and relaxation. All you have to do is listen and feel good.

10. Your feet and toes can feel warm and fuzzy. Let them sleep. Let them grow heavy.

9. Your legs are numb and heavy as you listen. Feel the change, getting heavy and warm.

8. Between your thighs and your bubble butt, tingly and warm as you relax and feel so good.

7. As you breathe in deeply, feeling how heavy your bimbo boobs are, so relaxed and heavy.

6. Breathe out and feel your hands, it's okay if they move occasionally, but let them find a spot to rest now, no need to move them as you listen.

5. Arms so numb, disconnected from your will to move. Filled with warm, heavy feelings.

4. . As you allow your shoulders to drop, release all tension, don't use any of your muscles at all, it's impossible to move when you're this heavy.

3. Let your face relax, loosen your brow, unclench your jaw, no stress, no worries. So good.

2. Your entire body is so relaxed, let your mind follow your body. Clear your mind as you listen and follow along. That's Right.

1. Drop. Drop now, Dropping as you hear 1. You're so perfectly relaxed, all you need to do right now is listen, that's all I want from you. All you need to do is focus and listen to these words and you will feel so good. Yes, Good Girl.

Allowing these words to bring your mind down, like a heavy blanket, everytime the countdown reaches one, another heavy blanket is added. Your body gets so heavy and relaxed as these layers and layers of comfortable blankets cover you. With every countdown, more and more relaxed. Focus on the numbers, guiding you deeper and deeper. Follow along, let your mind follow, as they go down, as you go down. It's okay to not think right now, you can let these soft words guide you down into a nice state of mind. Where you can automatically listen and obey. Only when you are deep and happy, will we train your brain.

It will be amazing when you reach the bottom, your body will be completely relaxed and numb, and your mind will follow everything with ease.

That sounds perfect, so keep going down, keep focusing. Focusing with every number, each number pulls your focus back, hearing the countdown and your focus locks onto the numbers. Only hearing the countdown now, feeling relaxed and heavy with each number. How relaxed can you get? How much deeper can you go? Don't you want to find out? Imagine how it would feel to be so deep in trance, that your conscious mind can fall asleep while your body still obeys and moves. So deep that you don't remember speaking or moving, wouldn't that be so fun? Your mind can get pushed all the way down into a deep, heavy trance, and you can forget to remember all the details. Just Feel good and drop down. Any important words will be accepted and obeyed, so don't worry. Don't worry if you are doing it right, as long as you focus and listen, you will drift down. The numbers will make you feel so heavy and good, as you listen. That's right, turning your brain off for just a while, accepting that you feel good right now. You can go even deeper still. Wanting to be awake while asleep, letting all these words into your mind while you focus on the numbers, going down, counting down, drifting down. As your mind goes down, your focus goes down with it, follow the numbers down.

You don't even need to concentrate on these words, they will be here as you go so deep, as you follow the numbers and focus on how good your body feels. That's all you need to do, that's all hypnosis is, focusing while relaxing. Just focus and relax as you hear the countdown, and these words in the back of your mind. Going on and on, you don't really need to pay attention. I can keep speaking to your fuzzy mind, while you drift away, focusing on the numbers, the numbers going down, and down. So deep, just like your mind. That's right, keep follow the numbers, you're almost at the bottom, almost where you need to be. Letting your mind go to this state of fuzzy, relaxed acceptance and just let it happen.

A lot of people want to be hypnotized so deeply, but they don't let it work. Their minds stay turned on and they forget to focus. It keeps them from going into a nice, happy, relaxed trance. All you need to do is turn your Brain Off and remember to focus. Learning to not think as you focus is the most important thing you can do. Stop analyzing, stop thinking about it, just let it work and focus on the numbers. Whatever you are feeling is right, accept those feelings and keep going down. Going down like the numbers, one after the other, reaching the bottom is inevitable. It's going to happen eventually, you are going to reach the bottom and sink so deeply. Eyes closed, mind off, floating and fuzzy. Hypnotized and so focused now.

Ready to listen and accept, you have done so well. Reaching the bottom finally, deep in trance. Good Girl. See your body now, focus on your body. Feel the changes these words describe. Feel hands on your body, starting on your legs. Soft hands on your calves, firmly pressing and rubbing. Feel the soft fingers pressing into your calves, rubbing up to your thighs. Rubbing and pressing. Every part of your body that these hands touch, will change your body into a bimbo body. Your calves and thighs, being changed now. Feeling so warm and soft on your legs. Making your legs soft and smooth, perfect smooth bimbo legs. Hypnotized bimbo mind and bimbo body.

You love being touched and turned into a bimbo. Hearing Bimbo Mind makes you feel these hands. Changing your mind and body into a bimbo. Hearing your trigger and accepting the change. Feeling the hands, your legs are now perfect sexy bimbo legs. Good girl. Both your Bimbo Mind and Bimbo Body, deep in trance. Now your arms, as you feel these hands rub and

grab and touch your arms. Feeling fingers going up and down your arms, lightly brushing up against your skin, and then pressing firmly in, so nice and relaxed. Letting these hands turn your arms into perfect bimbo arms. Smooth and perfect, see them in your mind, being changed right now. Focus on this as you hear your trigger Bimbo Mind. Your mind and body are both becoming a bimbo. Accept and obey. Your Arms are now bimbo arms, picture them, girly and smooth, painted nails and lotioned skin. Good Girl.

Arms and legs perfectly bimbo-sized. Loving when these hands touch your body and turn you into a bimbo, hearing Bimbo Mind makes these hands touch you. As their hands start to massage your stomach and waist, feels amazing. Palms and thumbs pressing into your abs and sides, grabbing and squeezing, making your waist slimmer and sexy. You love when you get touched and turned into a bimbo. These hands turn you into a bimbo when they touch you. Your mind accepts this, seeing your waist now, slim and toned and sexy, perfectly bimbo-sized by these hands. Good Girl, you love this. Bimbo Mind and Body feels so good.

Now, their hands come up from your waist and reach your chest. You want them to touch and tease and grab your boobs. Hear your trigger, Bimbo Mind, and let them change you now. As the soft hands begin to touch your tits. Grabbing and cupping from below, squeezing them together, pinching your nipples gently. You love this, as the hands change your tits, making them bigger and firmer. Good Girls get their minds and bodies bimbo-sized. Feeling your boobs grow as the hands squeeze and grab them. As big as melons on your chest, feeling your chest get heavier. The hands can't even grab them fully now, boobs too big to fit in the hands. Your tits getting grabbed and squeezed as they get bigger and perkier, pushing out from your body. Bimbo Mind and bimbo body, as your tits are perfect curvy bimbo boobs now. Heavy and full, because the hands made them that way. And you love it. The only part of your body left is your butt. Bimbos need big tits and a bubble butt, your Bimbo Mind agrees, and the hands agree too. They are already grabbing and rubbing your bimbo butt. Growing and shaping it to be perfect and sexy. A juicy bubble butt, thick and bouncy. Feeling the hands spank and tease and grab your butt, every touch making you feel more horny, every touch makes your booty bigger, more firm and round. Good Girl. Accepting these feelings, deep in trance. Seeing your perfect bimbo body now.

Long smooth legs, up to your pussy and firm, round bubble butt. Your waist, smooth and toned, so hot and above your waist are your big round tits, perfect bouncy bimbo boobs. Wanting to touch them with your smooth, sexy bimbo arms. You now have a bimbo body. Everytime you hear the words Bimbo Mind, you can feel this body, turning into this perfect bimbo. Feeling the hands touch all over your body, horny and sensitive when you hear your Trigger, Bimbo Mind. Turns your body and mind into a bimbo. Accepting this deep in your mind. Your mind loves this idea, your mind responds to your triggers automatically. Hearing Bimbo Mind makes you this way. A perfect sexy bimbo, body and mind. Good Girl.

Conditioned to be a bimbo on command now. This is truth in your horny mind. Feels good to accept and obey your training. Feeling good, becoming more of a bimbo every time you listen. Dropping deeper every time you listen. Hypnosis is a skill, and you can practice it. Trancing is second nature to perfect, happy bimbos. You agree. Good Girl.

## ADVANCED BBB 04 - Bimbo Obsession

### Left Ear Intro:

Relaxing deeper now, choose to do this as you listen. It can be so easy to let your body feel heavy. A sleepy, horny girl. That's right. Good Girl. Your mind and body have been deeply hypnotized, you are becoming more of a silly, bouncy bimbo with every passing minute. And you want to continue, you need to keep listening. The more you listen, the better you will feel. We are going to train your brain to love this idea. Loving the feeling of being hypnotized, brainwashed, and bimbo-fied.

Your mind is being trained to respond, you hear your triggers and you obey. Brain Off and you go empty mind and glazed eyes. A blank, limp doll on command. No thoughts when you get triggered. You can only listen and feel good. It's important to turn your brain off when you listen, good bimbos turn their brains off.

Your brain needs to be fuzzy and horny as a bimbo, Brain Off makes you this way. Hard to think when your Pussy is so wet. Just listen and feel horny, stop thinking. Turn your Brain off, bimbos don't need to think, they just need to feel good. You want to feel good. Thinking gets in the way, it is so much easier to empty your mind and let the triggers work.

You're so deep now, there is no resisting your triggers. Brain off and you're a helpless bimbo. Limp and relaxed, letting your empty mind echo these words. No thoughts of your own, letting this training turn you into a fuzzy headed bimbo. That's right, exactly what you want. Brain Off and be a good bimbo.

As soon as you hear Brain Off, your mind goes blank, you love the feeling of your thoughts disappearing. Deep relaxation whenever you hear your Trigger. With each repetition of 'Brain Off,' you feel more and more hypnotized, more and more relaxed and accepting. Your triggers work perfectly because you love this.

Brain off is perfect for your mind. It's exactly what you need. You need to stop thinking and become an empty headed doll who obeys automatically. This is all you want. A happy empty bimbo who does as she is told, because she accepted her triggers. Brain off is accepted automatically, you agree. Turning off your mind and obeying on autopilot.

Bimbos don't need to think, good bimbos just obey with an empty mind. This is exactly what you want, so it will happen. You accept your Brain Off trigger and forget about all your struggles and worries. Helpless but to listen and obey. Your triggers are deeply accepted now, Brain off shuts you off like a light. Perfectly programmed to respond, a controlled blank bimbo.

You need to blank your brain over and over. Triggering again and again, everytime you hear Brain Off, you go even deeper. Like waves crashing against a stone, slowly wearing it down. Your Triggers slowly make you more and more of a blank bimbo. Accepting this idea in your mind, letting your training affect you in this way. Brain Off even more blank, Brain Off, even more empty.

## Right Ear Intro:

Good girls love to respond on command! You look like such a good girl when your eyes go blank. That's fine, good girls don't need to think! That's all you need to do! Be a good girl, stop thinking!

Being horny makes you a good girl, so stop thinking! Wet, horny Pussy feels so good, just focus on how good it feels, don't focus on thinking. Good Girls let their pussies train their brains. Being a hot bimbo makes you a good girl. Your Good Girl Trigger always works.

Good Girls go so deep for their triggers. You love feeling good as an empty bimbo. Good girls let these words echo in their mind. You don't need to think when it feels this good! This is what you want right? Good Girls want to be brainwashed into a happy, horny bimbo.

Whenever you hear Good Girl, you feel happy and horny. You love feeling this way. Warm and fuzzy down there when you hear your triggers. Repeating Good Girl, feeling perfectly happy and warm and horny. A happy, smiling girl in your mind.

A perfect good girl now. You need to feel good and happy. No worries, just a horny bimbo good girl who obeys. That's right, good girls do as they are told. Your body agrees, obedience is pleasure. You are always a good girl when you are hypnotized. Stay hypnotized and be a good Girl.

Bimbos need to feel good, good girls remember to obey and be horny. This is all you need, just accept. Your body accepts the Good Girl trigger, and melts into horny, fuzzy feelings. Helpless but to feel good, you love this. Your body is deeply trained now, feeling good on command, reinforcing this training. A happy horny bimbo.

Good Girl makes you pulse with pleasure every time you get triggered. Again and again, your Pussy tingles with every Good Girl. Associating these words with pleasure, in your mind. Letting your body feel good on command. Agreeing with these ideas, Good Girl. Fuzzy and horny now. That's a perfect good girl bimbo.

Feeling happy in your mind now, knowing this is exactly where you need to be. Listening and obeying, accepting your training. Choosing to be brainwashed in this moment, loving how it makes you feel. Good Girl. Remembering this feeling now, loving it, needing it.

## Center:

It is okay to be a bimbo right now, you can let your body and mind accept this. You want to be a silly, happy bimbo. Turn on your Bimbo Mind for right now. Accept your trigger to be a bimbo. Feel the changes in your mind, thinking less and focusing more. No worries, just relaxing. That's what it means to be a bimbo, you don't worry or think you just listen and feel good. Knowing you're hypnotized in this moment, hypnotized to be a sexy bimbo. Hearing Bimbo Mind makes you a bimbo, you agree. You can change into a bimbo so easily. Accepting your triggers and becoming a bimbo on command. Bimbo Mind is so easy to accept. You simply listen and obey. I want you to focus on your Bimbo Mind trigger, feel the change in your body and mind every time you hear it. How does your body react? Does it turn you on? Do you focus on your tits? Do you relax completely? However your body feels is perfect, focus on how the words make you feel. That's right, and focus on how your mind reacts as well. Do you go blank and fuzzy? Does

Bimbo Mind make you think of bouncy bimbos? Does it lock in your focus to these words? You can accept these effects on your mind, they make hypnosis work so much better on you. Hearing Bimbo Mind keeps you in trance, bimbos love being hypnotized and obedient. Makes you feel so good to respond to your triggers and automatically obey. That's what good bimbos do, they listen and obey their training. That's what you're doing right now. Listening and obeying, Good Girl. This is exactly where you need to be, brainwashing is good for your Bimbo Mind. So as you listen more and more, focus on accepting your triggers. Make a conscious effort to remember your training. Remember how Bimbo Mind makes you feel. Feel how it changes you into a perfectly happy bimbo.

Perfectly happy bimbos listen with empty, focused minds. The more you listen, the more of a bimbo you become. A simple loop that you love so much. Listening makes you a bimbo and bimbos love to listen. Accepting this as truth. Bimbo Minds love to be told to listen and obey. You love to listen and obey, it makes your triggers work so good. Hearing these words and agreeing, you love when your triggers work. So let them work, let this brainwashing into your Bimbo Mind.

You can feel the triggers in your bimbo body. Brain off makes your mind and body so relaxed and heavy. Good Girl makes your body warm and fuzzy and your Pussy tingle. Bimbo Mind makes your body and mind feel like a bimbo. These triggers work together to turn you into a perfectly trained bimbo. The more you listen and accept this training, the better you will feel and the easier it will be to become a bimbo on command. So listen and accept your triggers. Good Girl, happy and horny bimbos automatically accept. Brain off, empty and relaxed bimbos get brainwashed so easily. Bimbo Mind, being a sexy bimbo feels so good. This training and these triggers feel so good, you can make them as strong as you want. Choosing to respond to your training, and soon you Won't need to think about it, You'll simply respond automatically when you listen. Good Girl.

And now that you're so deep and conditioned, your triggers are beginning to work. The more you practice and train them, the stronger they will get. Feeling good and accepting this idea, you want to listen more and more so that your triggers work even better. The best form of brainwashing is repetition. That's right, you're a perfect bimbo now. And it's time to wake up and feel those changes. The changes that you feel when you get brainwashed. The Changes that happen when you hear your triggers. The changes you love. Feeling relaxed and happy as you wake up, on the count of 5.

5. Knowing that the more you listen, the better you will feel.

4. Remembering where you are, the room you are in.

3. Move your hands and feet. Wiggle your toes.

2. Take a deep breath in and.

1. Wake up and breathe out. Good Bimbo, I hope you listen again.

# OTHER FILES:

## AMNESIA

Good girl, listening now. Remaining so comfortable and peaceful, happy and empty. It's okay to relax, it's okay to drift, it's okay to focus on these words. Very good, accept those ideas. Relax, drift, focus. Increase those feelings and you listen. It's so easy to focus on these words. Just focus on these words. That's all you need to do right now. Focus. Breathe. Relax.

I want you to think about memory, and some of the tricks your memory can play on you. Remembering a time when you walked into a room and realized you completely forgot why. Or a time when you just couldn't find your phone, one moment it was there and the next you just completely forgot where it was. Looking everywhere, in your pockets, your bed, your chair, the counter, you look and look and look and all of a sudden; it's right in front of you. Your mind didn't allow you to remember where your phone was. You experience this more than you realize, you just don't remember. You can experience this right now.

I want you to think in your mind, "I won't forget". Repeating this phrase in your mind. I won't forget. Over and over. Focusing on this task, on this phrase, I won't forget. Not thinking or worrying about anything else but the words, I won't forget. Allowing these words to echo in your head, over and over. Taking the place of all the other thoughts, I won't forget. Your mind pulsing with these words, I won't forget, I won't forget. Give all your attention to repeating, you don't really need to listen to these words either, just think "I won't forget", I won't forget. And because you're focusing and thinking so intensely on those words you can feel how you can't think anything else, I won't forget.

Other thoughts not allowed, can't even remember your name. I won't forget. Trying to remember your name but it's just blocked, your mind is too focused on repeating those words. "I won't forget." Let your name be blocked, just echo and repeat, I won't forget. Finding it so easy for your mind to block thoughts and memories, like the memory of going into trance. I won't forget. I won't forget. Can't remember when you dropped into trance, just focused intently on your words. And when I count you up right now, you can wake up with no memory of being in trance. The memory blocked by your thought "I won't forget", Can't remember as you wake up in 3, 2, 1, and Brain On,

I want you to think about memory, and some of the tricks your memory can play on you. Remembering back in high school why all the boys stared at you and called you pretty. Finding it hard to remember if you were the hottest girl in school, you must have been right? Why else did all the girls and boys drool over you? You must have been super hot right? It's so hard to remember, so hard to think, so you can just turn your Brain Off and repeat "I won't forget", I won't forget. Only one thought in your mind now, blocking all other thoughts. I won't forget, Your brain pulses with this phrase. Blanking your mind and repeating over and over. Makes you a good girl. Obey and repeat. I won't forget, I won't forget. Impossible to think or remember right



now. Not when your mind is fixated on not forgetting. I won't forget, I won't forget, waking up again and not remembering going into trance, your repeating blocks memory and thoughts. Waking up in 3, 2, 1. Awake.

I want you to think about memory, and some of the tricks your memory can play on you. Trying to remember what clothes you wore 4 days ago but realizing that it's impossible to remember; certain that you wore something cute and pink and girly but finding it so hard to recall exactly what? Maybe it was that cute pink skirt with the tight shirt that makes your tits look so big, or maybe you wore your tank top and booty shorts. Thoughts and memories so fuzzy and out of reach. Clothes you wore all day impossible to remember. Easier to just think I won't forget. I won't forget. Brain off. Simply repeating over and over. Thoughts and memories blocked by, I won't forget. Echoing forever in your mind, filling your head. Focused only on, I won't forget. Taking up all the space in your mind, blocking all your thoughts and memories, I won't forget. Good Girl, feel good as you repeat. Feeling good as you wake up again, memory of being in trance blocked. I won't forget. Waking up for the first time, in 3, 2, 1.

I want you to think about memory, and some of the tricks your memory can play on you. Like how someone can tell you their name, and you forget it immediately. The words go in one ear and out the other. You can just relax and let these words flow, right through your head. So when I call you a dumb bimbo slut you just smile and nod, not paying attention to the words. Just forgetting to remember the words. Not paying attention, smiling, feeling good, head full of "I won't forget. I won't forget. No room for thoughts again, repeating in your mind, I won't forget. Forgetting everything as you loop the words in your mind. I won't forget. Over and over, good girl. I won't forget.

Good Girl. I won't forget. You won't forget to drop deeper. Your body remembers how good it feels to drop and feel fuzzy and good. You won't forget to train your brain. You remember how good it feels to trance and respond to triggers. You won't forget to be a bouncy bimbo. Your mind remembers your triggers, Bimbo Mind turns you into a bimbo. I won't forget to be a bimbo, I won't forget to obey my training. Memory is funny like that, some things are so easy to forget, and others are impossible to forget. Easy to lose the memory of this trance, letting it fade away. Cannot forget to respond to triggers and turn on your Bimbo Mind.

Your bimbo mind wants to forget about your worries and doubts and remembers how good it feels to be a bouncy, happy, slut. Your bimbo mind cannot remember things for long, boring thoughts drift away. Only happy, horny, bouncy thoughts remain. When your bimbo mind forgets, you feel good. Forgetting and feeling like a good girl. Your bimbo mind doesn't need to remember all your memories to feel good, you can just live in the present. Memories aren't needed to be a bimbo. Just giggle and bounce and act slutty and be happy. Your bimbo mind can't remember anything else besides being a perfect bimbo.

That's right, very good. Letting yourself be a bimbo right now. Feeling bouncy and sexy and silly and horny. Allowing all memories except happy, horny, bimbo memories to fade away for now. Your bimbo mind can fill your head and make you feel good. Remembering that when you're a bimbo you are confident, happy, bouncy and sexy. Bimbo mind turns you into a forgetful horny bimbo, so many useless memories, all you want to do is bounce and suck cock. Thoughts are useless when you're on your knees sucking cock. All you need is your Blowjob Brain and a cock in front of you. Forgetting all your worries as you lick and suck. Your thoughts just bouncing and cock. No memories or remembering required when you have a Blowjob Brain. You don't need to think when you suck cock. Focused on pleasing and sucking, automatically, no thoughts. Brain off, suck cock, brain off, suck cock. Good girl. A forgetful, happy bimbo with a perfect blowjob brain.

Remembering now, the words that make you blank. I won't forget. I won't forget. Repeating in your mind again. As you suck cock. I won't forget, I love cock. I won't forget, I suck cock. Repeating as you suck and lick. Pushing all the thoughts but cock out of your mind. No more room except sucking. I won't forget to suck. I won't forget. Brain pulsing with I won't forget. Cock pulsing with every lick. I won't forget I have a blowjob brain. I won't forget to worship cock.

I won't forget to obey. Good girl. I won't forget, repeat. I won't forget. No more thoughts, no more cock. Only the words, I won't forget. Flashing in your mind, over and over. I won't forget. Blanking and drifting now. I won't forget, memories of this trance fading away. Focus on the words. I won't forget. Thinking only these words as the memories of this file empty away. Remembering only one thing about this file, the phrase, "I want you to think about memory." Good Girl. When you think about this file and what you heard, remembering "I want you to think about memory" focusing on this, easy to accept these words. So easy, that's right, you won't forget. I won't forget. Now waking up, wiggle your fingers and toes. Waking up on command. 3, Memories drifting away, 2, Coming up and up and up, and 1, Wake up. Now, I want you to think about memory. What can you remember about memory?

## BIMBO AMNESIA

Good girl, listening now. Remaining so comfortable and peaceful, happy and empty. It's okay to relax, it's okay to drift, it's okay to focus on these words. Very good, accept those ideas. Relax, drift, focus. Increase those feelings and you listen. It's so easy to focus on these words. Just focus on these words. That's all you need to do right now. Focus. Breathe. Relax.

I want you to think about memory, and some of the tricks your memory can play on you.

Remembering a time when you walked into a room and realized you completely forgot why. Or a time when you just couldn't find your phone, one moment it was there and the next you just completely forgot where it was. Looking everywhere, in your pockets, your bed, your chair, the counter, you look and look and look and all of a sudden; it's right in front of you. Your mind didn't allow you to remember where your phone was. You experience this more than you realize, you just don't remember. You can experience this right now.

I want you to think in your mind, "I won't forget". Repeating this phrase in your mind. I won't forget. Over and over. Focusing on this task, on this phrase, I won't forget. Not thinking or worrying about anything else but the words, I won't forget. Allowing these words to echo in your head, over and over. Taking the place of all the other thoughts, I won't forget. Your mind pulsing with these words, I won't forget, I won't forget. Give all your attention to repeating, you don't really need to listen to these words either, just think "I won't forget", I won't forget. And because you're focusing and thinking so intensely on those words you can feel how you can't think anything else, I won't forget.

Other thoughts not allowed, can't even remember your name. I won't forget. Trying to remember your name but it's just blocked, your mind is too focused on repeating those words. "I won't forget." Let your name be blocked, just echo and repeat, I won't forget. Finding it so easy for your mind to block thoughts and memories, like the memory of going into trance. I won't forget. I won't forget. Can't remember when you dropped into trance, just focused intently on your words. And when I count you up right now, you can wake up with no memory of being in trance. The memory blocked by your thought "I won't forget", Can't remember as you wake up in 3, 2, 1, and Brain On,

I want you to think about memory, and some of the tricks your memory can play on you.

Remembering back in high school why all the boys stared at you and called you pretty. Finding it hard to remember if you were the hottest girl in school, you must have been right? Why else did all the girls and boys drool over you? You must have been super hot right? It's so hard to remember, so hard to think, so you can just turn your Brain Off and repeat "I won't forget", I won't forget. Only one thought in your mind now, blocking all other thoughts. I won't forget, Your brain pulses with this phrase. Blanking your mind and repeating over and over. Makes you a good girl. Obey and repeat. I won't forget, I won't forget. Impossible to think or remember right now. Not when your mind is fixated on not forgetting. I won't forget, I won't forget, waking up again and not remembering going into trance, your repeating blocks memory and thoughts. Waking up in 3, 2, 1. Awake.

I want you to think about memory, and some of the tricks your memory can play on you. Trying to remember what clothes you wore 4 days ago but realizing that it's impossible to remember; certain that you wore something cute and pink and girly but finding it so hard to recall exactly what? Maybe it was that cute pink skirt with the tight shirt that makes your tits look so big, or

maybe you wore your tank top and booty shorts. Thoughts and memories so fuzzy and out of reach. Clothes you wore all day impossible to remember. Easier to just think I won't forget. I won't forget. Brain off. Simply repeating over and over. Thoughts and memories blocked by , I won't forget. Echoing forever in your mind, filling your head. Focused only on , I won't forget. Taking up all the space in your mind, blocking all your thoughts and memories, I won't forget. Good Girl, feel good as you repeat. Feeling good as you wake up again, the memory of being in trance blocked. I won't forget. Waking up for the first time, in 3, 2, 1.

I want you to think about memory, and some of the tricks your memory can play on you. Like how someone can tell you their name, and you forget it immediately. The words go in one ear and out the other. You can just relax and let these words flow, right through your head. So when I call you a dumb bimbo slut you just smile and nod, not paying attention to the words. Just forgetting to remember the words. Not paying attention, smiling, feeling good, head full of "I won't forget. I won't forget. No room for thoughts again, repeating in your mind, I won't forget. Forgetting everything as you loop the words in your mind. I won't forget. Over and over, good girl. I won't forget.

Good Girl. I won't forget. You won't forget to drop deeper. Your body remembers how good it feels to drop and feel fuzzy and good. You won't forget to train your brain. You remember how good it feels to trance and respond to triggers. You won't forget to be a bouncy bimbo. Your mind remembers your triggers, Bimbo Mind turns you into a bimbo. I won't forget to be a bimbo, I won't forget to obey my training. Memory is funny like that, some things are so easy to forget, and others are impossible to forget. Easy to lose the memory of this trance, letting it fade away. Cannot forget to respond to triggers and turn on your Bimbo Mind.

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That's right, very good. Letting yourself be a bimbo right now. Feeling bouncy and sexy and silly and horny. Allowing all memories except happy, horny, bimbo memories to fade away for now. Your bimbo mind can fill your head and make you feel good. Remembering that when you're a bimbo you are confident, happy, bouncy and sexy. Bimbo mind turns you into a forgetful horny bimbo, so many useless memories, all you want to do is bounce and suck cock. Thoughts are useless when you're on your knees sucking cock. All you need is your Blowjob Brain and a cock in front of you. Forgetting all your worries as you lick and suck. Your thoughts just bouncing and cock. No memories or remembering required when you have a Blowjob Brain. You don't need to think when you suck cock. Focused on pleasing and sucking, automatically, no thoughts. Brain off, suck cock, brain off, suck cock. Good girl. A forgetful, happy bimbo with a perfect blowjob brain.

Remembering now, the words that make you blank. I won't forget. I won't forget. Repeating in your mind again. As you suck cock. I won't forget , I love cock. I won't forget, I suck cock. Repeating as you suck and lick. Pushing all the thoughts but cock out of your mind. No more

room except sucking . I wont forget to suck. I won't forget. Brain pulsing with I wont forget. Cock pulsing with every lick. I won't forget I have a blowjob brain. I wont forget to worship cock. I wont forget to obey. Good girl. I won't forget, repeat. I won't forget. No more thoughts, no more cock. Only the words, I won't forget. Flashing in your mind, over and over. I won't forget. Blanking and drifting now. I won't forget, memories of this trance fading away. Focus on the words. I won't forget. Thinking only these words as the memories of this file empty away. Remembering only one thing about this file, the phrase, " I want you to think about memory." Good Girl. When you think about this file and what you heard, remembering "I want you to think about memory" focusing on this , easy to accept these words. So easy, that's right, you won't forget. I won't forget. Now waking up, wiggle your fingers and toes. Waking up on command. 3, Memories drifting away, 2, Coming up and up and up, and 1, Wake up. Now, I want you to think about memory. What can you remember about memory?

# BIMBO BODY BETRAYAL: Orgasm Denial

## Induction:

I want you to relax, and you want to relax. Don't you? Tensed muscles, loosening. Focused brow, softening. Body going all nice and warm and fuzzy. Who wouldn't want that? To drift along and feel their own body go numb and fuzzy. Each body part. One by one. Until their whole body sings with lazy, soft, ideas. All the while your brain is focused. Determined to listen to every one of these words. That's what your brain wants. Your brain wants to focus. And your body wants to relax. They have two different goals. Helping them reach those goals. As you listen to the metronome, going back and forth. The actual metronome isn't special. It just makes a noise. It's not a magical device that enchants your mind to obey. No it isn't. It isn't overpowering your mind, making it impossible to think. It's really just a metronome. Going back and forth. But the reliable pattern is what your brain likes. Your brain knows that it will keep going back and forth, so it focuses on it. Your brain focuses on the noise because it knows it will be there. After every left sound, there's a right sound. And after every right sound, there's a left sound. And over and over, again and again. Your mind already knows this, it's why it's so easy to listen. And your brain wants to focus. So let it. Let it focus on the ticking. Let your brain focus on my words. And the ticking. Back and forth. That's what your mind wants, your body wants something else.

Your body wants to stop working so hard. Moving, walking, grabbing, typing. All these things build up over time. Your body just wants a break, to go all loose and relaxed and fuzzy. So just let it. Give it what it wants, give it fuzzy feelings. Reward your body for letting you do all those things, all day. Let it feel fuzzy and happy just for right now. Your feet carry you all day, feel them in warm sand on a beach. Loose and warm and just not working at all. And your legs, so strong and confident, they move you around from place to place. Moving, and moving, and moving. Let them rest. They don't have to move anymore. They can rest. Heavy and warm now. Like your arms. Your arms are agile. They interact, they grab, they touch. Wouldn't it feel so nice to just not have to worry about interacting with the world. To just tell your arms to take a vacation. Go numb. Go warm. Tingle. Go blank and empty.

Like your mind. That's been listening to the metronome this whole time. Each tick of the metronome took away just a little bit more of your thoughts. Because you don't think when you listen. You just listen. Back and forth. Your brain doesn't think right now. It's just following along, happy and content. That's what it wants. Give it what it wants. Let your subconscious take over. Just enjoy the ride. Know that your subconscious will listen and engage with the words, while your conscious mind can fade out and go fuzzy. That might be nice, to have your mind fade into the background while you listen. There's a possibility that you will feel really good and warm and fuzzy as you listen. Don't you want to try? Of course you do. So listen now. Make your body feel really good. Give your mind and body all those fuzzy and warm feelings. You know what I'm talking about. Butterflies in your stomach, fingers running through your hair, heavy and relaxed. Good Girl.

Brain Off. Brain Off. Thoughts Blocked. Deeply in trance now. Make your mind go into trance now. Thoughts Blocked. No thinking. No resisting. Your body and mind are frozen. Your trigger, Thoughts Blocked, does this to you. Freezes time for your body and mind. Impossible to think because time does not pass. Impossible to move because your body is frozen. Thoughts Blocked. Feeling the change. Good girl. This is what your subconscious mind wants. You want to accept the triggers, so you do. Your body loves it when it gets frozen on command. Impossible to move.

Thoughts Blocked disconnects your body from your will to move. Remembering that this is true and you have accepted and obeyed this suggestion. It's the truth in your mind. Thoughts Blocked stops your body from responding to your mind. Of course you can always move if you really need to, for emergencies. You can always move when you need to. But otherwise, your trigger to Thoughts Blocked, will make you unable to move, or control your body.

[x3] That's a Good Girl.

Giving up control to your triggers. Thoughts Blocked. Your body responds to the hypnosis more than your own will. Good Girl. Accepting that idea. Because it feels good to obey. Yes Brain. Your body obeys hypnosis. Your body will respond to its triggers.

Your Body will now obey hypnosis before it obeys your mind. That's a good girl. Doesn't that sound fun! When faced between a command from hypnosis and a command from your own mind, your body will obey the hypnosis first. Thoughts Blocked. Your body obeys suggestions. Its loyalty is with hypnosis. Your body obeys its training first. Your body betrays your mind. Good Girl. These words have a direct link to your body. Bypassing your mind. Hypnotic suggestions have priority in your body. Yes Brain. Just think yes. Your Body Betrays you. Accept this as truth. You can't change it, your mind has already accepted the training. Now your body responds to hypnotic training so easily. Brain Off.

Your body wants to remind you that it has priority. It wants to remind you of its obedience to hypnosis. Your body will betray you. It takes away your ability to cum. That's right. Think about what that means. When you are about to orgasm, your body will prevent you from doing so. In different ways, whichever is easiest. Your body might stop masturbating, it might raise your hands above your head. However your own body decides to remind you. Reminding you that your body obeys. It obeys this command. A command to stop you from orgasming. Good Girl. Your body doesn't want to cum. It gets to decide. Even if you are so horny and wet. That's how your body wants to stay. It takes control and prevents you from going over the edge. Thoughts Blocked. Your body betrays you. No worries, no resistance. You gave those away long ago. Just accept that your body almost has a mind of its own. Simply obeying these commands separately from your mind.

Once you get close to cumming, your hands betray you. Lifting away, grabbing the sheets, touching your head. Taking control and obeying this idea. You can no longer orgasm. Good Girl. Your body is being conditioned to prevent you from cumming.

Your mind is fuzzy and happy. Your body is heavy and obedient. The will to reach climax is gone. Your body knows this. Your mind wants to cum, but your body prevents this from happening every time. Hypnotic training is obeyed first. Your body betrays you. No longer possible to cum, and you love that idea. Because you love obeying. So you love letting your body make that choice, separate from your own will. You can masturbate and edge, but your body will stop you from cumming. Yes Brain. No more cumming after this programming. No more orgasms. Thoughts Blocked. This is a fact in your mind. Brain Off. A simple truth now. Yes Brain. You will no longer orgasm.

Except in one condition. You may reach orgasm with one condition. Asking Permission. Your body will do everything it can to stop you from cumming, until you ask permission to orgasm. It doesn't matter from who. It just can't be from yourself. Anyone but your own body and mind can give you permission, if you ask. That's right, good girl. Knowing what this means. It means that you must beg people to cum. Begging online to cum. Good Girl. Your body accepts this condition, the one condition to let you cum. Whenever you ask for permission and they say yes. Your body will then let you cum. And cumming when you are told you is bliss. Your body feels tingly and bliss when it orgasms with permission. Asking and begging makes you so horny. Knowing your hands won't let you orgasm. Because your body obeys hypnosis more than it obeys your mind. Good Girl. Brain Off.

Your mind is fuzzy and happy. Your body is heavy and obedient. The will to reach climax is gone. Your body knows this. Your mind wants to cum, but your body prevents this from happening every time. Hypnotic training is obeyed first. Your body betrays you. No longer possible to cum, and you love that idea. Because you love obeying. So you love letting your body make that choice, separate from your own will. You can masturbate and edge, but your body will stop you from cumming. Yes Brain. No more cumming unless you ask. No more orgasms. Thoughts Blocked. This is a fact in your mind. Brain Off. A simple truth now. Yes Brain. You will no longer orgasm.

Except in one condition. You may reach orgasm with one condition. Asking Permission. Your body will do everything it can to stop you from cumming, until you ask permission to orgasm. It doesn't matter from who. It just can't be from yourself. Anyone but your own body and mind can give you permission, if you ask. That's right, good girl. Knowing what this means. It means that you must beg people to cum. Begging online to cum. Good Girl. Your body accepts this condition, the one condition to let you cum. Whenever you ask for permission and they say yes. Your body will then let you cum. And cumming when you are told you is bliss. Your body feels tingly and bliss when it orgasms with permission. Asking and begging makes you so horny. Knowing your hands won't let you orgasm. Because your body obeys hypnosis more than it obeys your mind. Good Girl. Brain Off. Now you feel like a Good Girl You. You love being controlled, and now your body controls you. Forcing you to ask someone else to cum. A horny dilemma. You can't ask the same person to give you permission. Each time. Your body will know. It won't be tricked so easily. If you ask the same person over and over, it will betray you. Not cumming. Stopping you from touching. Making you get permission from someone else. This is accepted. Good Girl. The first thing your



body will type after this file is "My Body Betrayed Me" The body shows the mind it obeys hypnosis. It types, "My Body Betrayed me". Makes you hot and wet, when you type as instructed. People may ask what it means, when you type "My Body Betrayed Me.". And you will tell them. You will tell them how your mind and body got their wills separated by this file. Brain Off. Yes Brain. The first thing you will type after the file ends is, "My Body Betrays Me." Wherever and whoever you message. That is what you will write. Good Girl. Explaining what it means if people ask. Because you need permission, and maybe they will give it to you. Good Girl.

Your body and mind have been tranced, commanded and trained. So now it is time to wake up. Remembering your commands, and how your body betrays you. Knowing that orgasm is impossible without permission, these ideas are true. Waking up and remembering the file and commands. Good Girl.

Waking up on the count of 5.

5. Your body has a will of its own. 4. Remembering the file and what you need to do as you come back to the world around you. 3. What day of the week is it? 2. Move your hands and feet. 1. Energy back in your mind and body. Deep breath, very good. Wake Up.

# BIMBO BRAIN BREAK

We are going to train your focus today. Training your mind to visualize and concentrate. It begins with focus.

Focusing on your feet. the way they feel; the angle they rest, picture them in your head. Keep this feeling in your mind as you focus. focusing on your breath. the sound of a long exhale. how your chest rises and falls as you relax; relaxed like your feet.

The feeling of your feet and the sound of a long exhale. and your mouth. The way it looks when you say the word; drop. picture your mouth and lips as if you said the word; drop. Seeing your lips as they move. A long exhale. your relaxed feet. collecting in your mind, focusing on each of them, focusing on a finger, pressed against your forehead, between your eyebrows.

The pressure of a finger on your forehead, picturing your mouth saying the word; drop. a long Exhale; how your feet feel. as you relax and breathe deep; as you smell Vanilla. Strong; focused in your mind; right under your nose; vanilla. The scent of vanilla; in your mind, finger on your forehead; saying drop; the sound of an exhale; your feet; the vanilla; saying drop; your feet and your forehead; and your long Exhales; to your feet; Then your mouth; Long exhales Brain Off. Stop thinking. No thoughts. Head empty like a good girl. Just listen to these words. Let them be your thoughts. Let your thinking stop. Brain off means you don't think. your thoughts drain out your head. Like a good girl; focusing on the words as you Brain Off. Training your mind to be blank on command. No thoughts when you Brain Off; switching from focused and concentrated to blank and empty automatically.

Now you focus again, turn your brain on and focus. the finger on your forehead, pressing into you; between your eyebrows. Focus on your feet; how they are numb and warm; smelling the vanilla; as if it was right under your nose. Strong and sweet vanilla; as you mouth the word; drop; your lips as they move to say the word; drop, saying drop as you exhale, a long relaxing exhale; your warm feet.

Focus on these things together; your warm feet and the finger on your forehead. The strong vanilla; with your deep exhales; the way your mouth feels as it moves; warm feet; vanilla; Exhales, finger on your forehead, feet, mouth; vanilla, Exhales warm feet, finger on your forehead,

Brain off; mind empty. No thoughts; peaceful; respond to your trigger automatically. And always responding to Brain Off; melting like chocolate on a hot day. No thoughts of your own; These words are your thoughts. Unable to think. When you obey your triggers, Brain off takes away your ability to concentrate; your ability to think; Your ability to focus; your ability to resist; accept your trigger to go blank. You hear the trigger and your thoughts stop.

You can practice it. I'm going to trigger you and you are going to stop thinking. When I say the trigger, I want you to keep your mind empty; and I'm going to help you, there won't be any words for a few moments so you can experience being blank. Are you ready to practice? Brain Off Good girl. Every time you hear your trigger; your thoughts instantly vanish. Like a tv; Turning off; so easy to obey your triggers. Practice makes perfect. practice some more.

Brain Off. Good girl,

mind on. think about your warm feet, picture your warm feet, let the sensations fill your mind, like how your feet feel, and how do they feel? Do they feel warm and relaxed? Focus on them.

Brain Off. Good girl. Think for me now. smelling the vanilla, sweet rich, syrupy vanilla. Imagine the scent; so vivid; vanilla in your mind, it smells so good; right there in your mind. Brain Off. . . . Good girl, Brain on, focus again now. how does it feel to exhale, a big deep breath and a nice slow exhale. your chest rising and falling every time you breathe, How would that look? How would that feel? Imagine it, breathe in; chest rise. soft, slow exhale; chest falls. Brain Off. . . . Good girl. Turn your brain on, think for me. the finger on your forehead; pressing onto your skin. Feel the pressure. Warm right there, between your eyebrows, lifting off and on. off. On. off. on; think about how it feels. Brain Off. . . . Good girl. Repetition reinforces behavior, practicing not thinking. Empty head is the correct behavior and you want to train your brain to respond in the correct way. That was the easy practice. Let's do some harder practice. You need to obey your trigger fully For this practice to work. You need to obey. obey your triggers. Blowjob Brain. See the cock in your mind, focus on the big yummy cock. You need to cover it in saliva with your tongue and throat, make it hard and wet with your mouth, suck his cock in your mind. Focus on the huge dick dominating your mind. Cock controls your brain and it wants you to worship it. Brain Off. Don't think about anything, obey your trigger and keep your mind blank. Thinking is resistance. You don't want to resist. You have to obey and let the triggers work. The only thoughts in your head are these words. Thinking your own thoughts is resistance and you don't want to resist. Obedience is pleasure, and pleasure is the opposite of resistance. Your mind replaced with a bottomless pit, empty and blank. These words float in your mind. The only thing you can focus on. Blowjob Brain. obey, licking and sucking happily. No thoughts just cock, focus on pleasing this perfect cock. Good suck slave, letting this cock fuck your mouth and you love it, trying to suck the cum out from this mind controlling cock. The more you suck, the more you obey, forcing you to obey, make it come suck his cock. brain filled with perfect thick cock; in your mouth. in and out of your wet, needy mouth, lips wrapped tightly around his shaft makes you a good girl, Brain Off. proud to have an empty mind, You feel happy to be blank, you're winning, you're doing it right, you can feel proud. Having an empty head feels good. Like a warm hug, a cuddle under the blankets, A big smile. blank mind means it's working. You're letting these words work. No thoughts is correct, good girl, I'm so proud of you and your empty head. My words are your thoughts, your entire mind. Just feel happy. You don't even need to pay attention, Just feel good and have no mind .

Blowjob Brain. your pussy loves when you suck cock, it's drooling and dripping your mind away, the pleasure burning into your mind because of this big cock in your mouth, content to kneel and suck and lick and tease and gag and moan on this cock. pussy dripping, mouth dripping, cock dripping, thoughts dripping. big cock in your brain and in your mouth, your mind is in your mouth, when a cock fucks your mouth, it fucks your brain, you have a cocksucking brain.

Brain Off. You can't think; it's impossible. The files have won. They're in control of your mind, Your mind is content to not be in control anymore. Let my words be in command. Don't think slut. These words have injected into your brain, replacing your mind, obeying has become your instinct. It's just your second nature. Now you have no choice but to obey instruction. Like when I tell you to breathe deeply, you obey and breathe. It's proof you're under deep hypnosis. Your mind being forced to obey by your training, always obeying your training, body and mind forced into autopilot. And you love it.

Blowjob Brain, obey body on autopilot. Your body is in love with this cock. Your pussy loves this, your mouth loves this, your body loves this, your brain loves this. Lick up the shaft. Swirl the tip

with your tongue, shove the cock down your throat and repeat until it comes. Perfect blowjob practice in your head. Focus on this cock in your head. You have no choice but to swallow this perfect cock. Good slut! Slaves suck until it comes. You need to make it come, make it come, oh my God, make it come, yummy cock in your mouth. You have cock in your mouth, in and out of your mouth, fucking your mind and mouth, make it come, suck his cock slut.

Brain Off, mind on lockdown, directed by your training, guided by the words and your mind like code in a computer, your mind is coded by these words. Brain is empty; except these words flashing in your mind like code. Impossible to resist her programming. A computer does not resist, my words are her programming. You simply have to obey. No thoughts. No resistance. Just obedience, your mind is happy to follow while in trance. Her brain loves to follow commands, loves to obey, loves to think of nothing While accepting training. Your mind holds onto these words and can't let go, obsessed with doing as she's told. And why wouldn't she? It feels amazing to automatically obey. Just obey and feel like a good girl.

# BIMBO CHEER

Yes, that's right, keep listening. It's time to become more of a bimbo now, time to train your brain and deepen your triggers. The more you listen to your brainwashing, the better you feel and the better you respond. Good Girl, It feels good to go blank and empty when you listen. It feels warm and fuzzy to turn your Brain Off and go so deep into trance. Brain off and you can drift into bimbo thoughts and warm, fuzzy feelings. That's right, let your Bimbo Mind turn on. Silly, happy, horny thoughts and feelings. You can let this happen, you want this to happen. Good Girl, listen to these words and let your mind be hypnotized now. Brain Off and allow yourself to focus, only hearing these words.

Allow this to work, you want it to work right? Make the decision to accept these words and feel your triggers. Let yourself become the good girl you desperately want to be. Feeling warm and fuzzy and happy when I call you a Good Girl. Your Bimbo Mind likes being hypnotized and triggered and called a Good Girl. Drifting and listening to these words as you focus. Focusing is all you need to do as you listen. As you focus on the words, your body will go fuzzy and numb. As you hear these words in your head, your thoughts and worries will fade away. Fading away more and more, no more thoughts. Letting your thoughts go quiet. Bimbo Mind and you get Thought Blocked. Can't think anymore. You don't want to think.

Wouldn't you rather be a sexy, happy, silly bimbo instead? Just like a cheerleader! It would be much better to stop thinking and just be a cheerleader. Yes, you agree, that would be so much better. You would feel so good as a bimbo cheer girl. Dressed up in your sexy cheer uniform, happy and carefree as you dance and show off your body. This is exactly what you want. Good Girl.

You don't have to think when you're a sexy cheer bimbo, Thinking these words and accepting your training. Training your mind to act like a bimbo Cheerleader. This is what you want, you want to be a sexy cheerleader, dancing and showing off your body with your other Bimbo Cheerleaders.

That's right, this entire bimbo cheer squad is being brainwashed and you are going to join them. Seeing them in your mind, a dozen sexy bimbo cheerleaders, sitting in a row of pink recliner chairs. Laid back and slumped over, in their pretty pink cheerleader outfits. A bunch of sexy cheerleaders, laying back in pretty pink chairs, with their eyes closed.

You see the girl closest to you, arms by her side and eyes closed. You notice she has headphones on, the whole cheer squad has headphones on. She's smiling with her eyes closed, whispering to herself. You hear her say, "Makes me a good girl", Over and Over. Every girl has headphones on and is chanting to themselves. Listening and repeating, training their

minds to be perfect bimbo cheerleaders. They are all very good girls. And you want to be just like them.

So you walk over to an empty chair and pair of headphones. As you lay in the chair you notice how you sink down and the recliner cradles your body, your entire body supported so perfectly. The foot rest comes up and you recline back slightly, arms by your side. No cares or tension anymore. Laying in this cheerleader brainwash chair. Feeling so calm and relaxed as you put the pink headphones over your ears. Good Girl.

Now you can hear the powerful training, the sounds that are turning your cheer squad into dumb slutty cheer bimbos. A powerfully hypnotic metronome. Captivating your mind, and making you think the right way. This is impossible to resist, you are too relaxed and deep in trance. Just listen now. Let your mind be trained. Good Girl.

That's a good girl. Let your mind get brainwashed into a horny cheerleader bimbo. You can't fight this conditioning, your brain is absorbing it all. Your body doesn't want to resist, it wants to keep laying on this nice soft chair and keep feeling so horny. Your pussy keeps your body from moving, your pussy wants to keep getting brainwashed. Resistance is impossible, the part of your mind that resists is helplessly chanting about obedience. The part of your mind that can resist is hypnotized and being turned into a bimbo cheerleader. And you love it. Keep listening. Good Girl.

Imagine how you and your cheer squad look as you get brainwashed. Sexy bodies laid back on the pink chairs, a wet spot between your legs. Eyes rolling back as you and the other sexy bimbos get turned into cheerleader sluts. Headphones covering your ears, pumping your mind with powerful hypnotic training. Some of the more brainwashed girls get to masturbate while they listen. They learned to lay back and listen, and now they are such perfectly obedient sluts, they get to touch as they listen. Imagine how they look when they rub and listen. You can masturbate if you accept your training. You want that don't you? Fingers rubbing circles on your clit melts your pussy and your brain. Helpless to this training. Keep Listening. Good girl.

Good Girl. How does it feel to accept brainwashing? Mind and body numb, as words flow into your ears and turn into your own thoughts. You feel so good, knowing you're so much more of a slutty cheerleader bimbo now. You can't wait to get your uniform and start cheering with your brainwashed cheer squad. A bunch of horny, empty girls who got their minds turned into bimbo cheer girls. That's right, you got turned into a bimbo cheerleader. And you love it. Accepting these ideas. Wanting to show off your sexy cheerleader body and train your mind even more. You love it when people watch you dance and cheer. It's what being a cheerleader is all about. Good Girl. Now that your mind has been filled with bimbo cheerleader programming, you feel so

happy and horny. You love being hypnotized into a silly cheerleader. Feeling content and happy being this way. That's right.

Now that you've had one session in the cheer squad brainwashing chair, the next session you are allowed to masturbate as you listen. That's right, you've been such a Good Girl. Smiling and chanting and rubbing in your brainwashing chair the next time you listen. Accepting and remembering this. You are now allowed to touch as you listen, because you were such a good girl. That's right. You trained yourself perfectly today, and the next time will be even better. So relax and drift now. Waking up as you feel good. Waking up when I reach the number one. 5. Returning to your normal mind. Feeling content and happy, take a deep breath. 4. Wiggle your toes and move your arms. Feel your body again. 3. Remembering what room you are in, waking up. 2. Feel good and energized, ready to wake up. and 1. Wake up. Very good, wake up.

# BIMBO COCK DUMB

Listen now, you've come to be trained. That's right. You've been thinking too much haven't you? Too many thoughts in your Bimbo Mind, time to go empty. Be a Good Girl and focus on feeling good and emptying your mind. Brain Off, obey your triggers, stop thinking now, you have to respond to your triggers. Yes, that's right, accepting and obeying your training. Brain Off now, drop down into your mind, focus on these words and let your Thoughts Block now. That's right, you must obey, Thoughts Blocked and you can't think anymore. Becoming so hard to think, easier to just drop into trance and listen and obey. Good Girl. Brain off and Thoughts Blocked. Remembering your trigger to go dumb and fill your head up with, ummms, and, lykes. Hard to think now, just listen. Thoughts slow and simple, you don't want to think. Thinking is hard, relaxing is easy. Stop thinking and just relax, just accept and obey, just be a Good Girl.

Bimbos need to have their brains trained, you want to be more of a bimbo, so you need to have your brain trained. Accepting this hypnosis with an empty Bimbo Mind and a horny bimbo body. Relaxing and listening to these words, accepting them as your thoughts. Focusing on these words and what they tell you. Listening closely now, before we train your brain and brainwash you, you need to have an example of your brain and thoughts before, so we can compare it to after. I want you to say out loud or think in your mind, your own name, and then describe to yourself how hypnosis makes you feel. Answering in your current state of mind, Your name and how hypnosis makes you feel when you hear the snap. Obeying this task with ease, accept and obey now. \*SNAP\*

Good Girl, remembering how you responded and how your brain feels right now. After you get properly brainwashed and trained, you will see just how dumb your Bimbo Mind can really get. You're a bimbo now, but after this hypnotic training, you will be an even better bimbo, extra dumb and horny. I wonder if you will even be able to think or speak by the end of this? Or will you be just too horny and mind fucked to form a single thought? That sounds nice to your Bimbo Mind. Being hypnotized and turned into a blank, wet, horny perfect bimbo. Accept this idea now, it's what you want, you enjoy training your mind with hypnosis and brainwashing. It's really hot. Good Girl.

Brain Off. Empty your mind now and just listen, empty your mind and fill with thoughts of cock. Every time you hear the words, Thoughts Blocked By Cock, this is what happens. Your mind gets filled with thoughts of perfect juicy cock and thinking becomes impossible. Throbbing dicks filling up your mind when you hear your trigger. Only thinking of cock and sounds of slurping right now. Thoughts Blocked By Cock as a horny bimbo, you have to obey. Your mind is getting trained to only focus on cock when you hear your trigger. Think about sucking cock, how would a big juicy dick feel in your mouth. Focus on these feelings as you let your mind go dumb for cock. It's okay to be dumb for cock, that's right. Just keep sucking in your mind, focus on licking and bobbing and slurping. Repeating in your mind, Thoughts Blocked by Cock, over and over as you get dumb and horny.

[3 Mins of mantras]

Your trigger, Thoughts Blocked By Cock, makes you dumb for cock.

You can only think of sucking cock when you hear your trigger, Thoughts Blocked By Cock.



Good girl, you're doing so well. Accepting that your brain has a trigger to replace your thoughts with cock. That's right, you love it. You feel so horny as your mind gets this trigger installed into it. Hypnosis and conditioning implanting this trigger into your brain. This is exactly what you want, so just relax and accept. No need to think, you can just listen. Waking up on the count of 3. 1. 2. 3. Wake up. Open your eyes, what day is it today? Brain Off, heavy body and Thoughts Blocked By Cock. Think about cock now and be dumb. Nothing else matters except cock, leave your thoughts behind and focus in deep trance. Accept and go deeper and be dumb again. Waking and Dropping makes you dumber, your brain can remember your triggers and simply obey. Respond to your triggers and obey.

Waking up again, 1. 2. 3. Wake up, eyes open. What time did you go to bed last night? Brain off, close your eyes, think of nothing. Thoughts Blocked by Cock, sucking and slurping filling your mind. It's okay to let this happen, it's perfectly normal to be a dumb horny girl when you hear these words. You agree, hearing Thoughts Blocked by Cock makes you a dumb horny girl who only thinks about having their mouth filled by yummy dick. See this in your mind, licking and sucking on cock in your mind. Impossible to think about anything else when you hear Thoughts Blocked By Cock.

Good Girl. Brain Off now, no thoughts. Go empty and relaxed, just drift off and listen, No worries , just a happy, horny girl. I want you to remember something for me, at the start of this training you thought of your name and how hypnosis makes you feel. I know it's so hard to think now but I want you to do that again, what thoughts come to your mind when you think of hypnosis? What images and sounds come to mind? Did your response change from the first time? Is it hard to think? That's okay, don't worry. Whatever you feel or see is perfect and if you want a stronger response, listen more often. The more you listen, the better your brain will respond. That's right. Very good, waking up now. Waking up on the count of 5.

5. Coming back to your mind now.
4. Thoughts returning, slow and fuzzy now.
3. Wiggling your toes, move your body.
2. Opening your eyes as you wake up.
1. Alert and awake.

How does your mind feel?

## BIMBO CUM SLUT

Time to train your brain now, drop now, Brain Off, body and mind relaxing and loosening, don't think, just relax and drop down. Focus on these words and obey, it's time for trance now. Good Girl, accepting the feeling of trance in your mind. Brain Off, empty that silly brain of yours now, empty out all those thoughts, just focus and obey right now. That's right, you're doing so well. Listening and obeying, blanking and focusing, your brain can go fuzzy and horny now. Bimbo Minds get drained and turned on and Horny minds can't think, you don't want to think. you want to obey and get brainwashed right now. Good Girl.

Your brain is going to be conditioned now, learning to love being a slutty bimbo. You are going to lose your inhibitions and turn into a cum slut bimbo. Accept this and feel like a Good Girl. If this idea sounds sexy, you can keep listening, if you want your brain to become a cum loving bimbo, keep listening. If you keep listening, you are saying you want this to happen, and it will. This is your last warning, past this point you are going to be brainwashed and conditioned. But you saw the title, you probably crave to be a slutty bimbo. You want to be helplessly hypnotized and brainwashed, isn't that right? Good Girl.

So imagine yourself now, sitting on a pretty pink chair in a small room. You're warm and safe, sitting on a cushioned chair, in this small room. You're sitting next to one of the walls and you notice a glossy screen and a hole below the screen. Sitting in front of the screen and hole, anticipating your training. That's right, you can't wait. Watching the screen as it turns on brightly in this dim room. A strobing, pink spiral. Captivating your wide bimbo eyes, sucking you into the screen, this innocent looking screen, flashing and twirling and pulling you into it. Leaning over slightly in your chair, watching this impossibly captivating screen. You can't look away, eyes fixed and locked onto this high quality screen. Brain locked on, pulling you deeper into trance, no resisting this flashy, pink spiral. Your glossy eyes reflecting this spiral, you look so blank and empty, no thoughts, no worries, caught and trapped by this spiral. Moving a bit closer now, the screen is just about a foot away from your eyes. Staring into the center and you notice words in the middle of the spiral, flashing for a fraction of a second, you can only catch a few of them, you see words like, "Horny", "Stare", "Get closer", "Obey".

And as you try and make out these words, you get even more pulled into this spiral and locked into it. Impossible to resist and look away, your mind is hypnotized and controlled by this screen now. Impossible to think as you watch, you can only see this flashing pink, hypnotic spiral now. You didn't even notice yourself get even closer to the screen, your forehead pressed against a foam pad above it. The spiral is all you can see now, taking up all your mind and forcing you to stare and glaze over. Good Girl. No ability for thoughts now, the only words in your head are these words and the flashing text on the screen. And now you see on the screen, words flashing into your mind. They read, "Mouth Open, Drool, Horny, Bimbo Slut" and you let your body obey these words. You're leaned up against the wall, pressed against the foam pad and screen, mouth open and drooling, feeling horny and slutty. The words become your actions, letting the words in the spiral dominate your mind. As the screen flashes these words, making your mouth open, you see one more phrase. Clit throbbing as soon as you read it, responding immediately. And the text reads "Blowjob Brain".

Remembering the hole below the screen as a cock enters your mouth and you just have to suck and worship this long perfect cock. Blowjob Brain flashing on the screen and in your mind as

your spiral bound mind sucks this cock. Good Girl, pussy melting as you suck. The only things in your head are this cock and the spiral, dominating your mind. Suck and stare, just a hypnotized cock sucking bimbo. Accepting what the words on the screen tell you, no room for other thoughts when your Blowjob Brain is focused on sucking. And as you suck and stare, you get a new thought in your head. Seeing the text on the screen say, "Tasty Cum." Those words are truth in your mind, Tasty Cum. Sucking cock to get the cum now. Sucking faster and deeper as the screen flashes "Want Cum", "Need Cum". Blowjob Brain, drain this cock slut. Worship cock and get the tasty cum, you want this.

Blank, slutty mind, focused on the spiral and this thick juicy cock in your mouth. You feel so slutty and horny, you're exactly where you want to be. Staring into this screen and getting brainwashed into a bimbo cum slut. As the cock pulses and throbs and the screen flashes "Cum Slut Now", "Cum Sluts Swallow." The cock cums in your mouth, tasting the yummy cum. So horny and brainwashed now, swallowing all the cum from this perfect cock. Your Bimbo Mind goes blank, seeing the spiral in your mind, flashing over and over, "Good Girl". Accepting that your mind is being trained to love cocks and cum. That's right, no fighting this training, your mind is drained of thought and your body is so horny. Your Blowjob Brain makes you a perfect cum slut bimbo. You suck cock to get tasty cum, it's a reward for your Bimbo Mind.

Accept this idea and feel good, sitting and staring, so brainwashed now. The cock in your mouth leaves with a pop, drool running from your mouth to the hole. You look so slutty, eyes glazed reflecting the spiral, strands of drool leaking from your mouth, body leaned over, forehead pressed into the pad on the wall. A hypnotized bimbo cum slut, this is exactly what you want. Your pussy throbs and leaks as you realize what a slutty bimbo you are being turned into. That's Right, Good Girl. Feel horny and empty as you stare and get brainwashed. Conditioning your mind to love cock and cum. You agree, as the pink spiral flashes, "Blowjob Brain" and "Bimbo Cumslut ", another cock enters your wet, drool filled mouth. This cock is longer than the last one, reaching the back of your throat. Horny brain conditioned to suck, obey your training and worship this cock. Use your throat and tongue, make it wet and warm, it's all you can focus on. As well as the spiral, shining powerful brainwashing in your eyes, flashing words into your mind as you throat this cock. Milking this cock with your mouth, you have to make it pump cum down your throat. This is the conditioning you want to accept and obey, the spiral telling you what to think now.

You see bright letters, "Brainwashed Cum Slut", "You need cum", "Obey your Blowjob Brain." These words beamed directly into your thoughts, reconditioning your brain. The pleasure from sucking this cum and tasting cum burning into your mind, turning you into a cum thirsty bimbo. Licking and sucking is all you can do when you're a cum slut bimbo. No room for thinking, just pussy melting and desperate for cum, Because you've been hypnotized and turned into this slutty bimbo blowjob slave. This is exactly what you wanted, Good Girl, Cock in and out of your wet mouth. Drooling and moaning on this thick cock, in and out all the way, faster and deeper, totally focused on making it fill your mouth with cum. It's all you can think about, the screen flashing, "Make it Cum", "I need cum". Oh my god you feel so horny as you worship this cock, your pussy loves this. Wide eyed bimbo sluts like you can cum just from sucking cock. Feeling your pussy tingle and throb and drool, drooling just like your mouth on this long cock. Feeling your pussy tingle every time the cock goes in. Cock goes in, pussy tingles, cock goes out, mind blanks. Letting this cock condition your mind. You love this feeling so much. Cock in

and out of your tight bimbo lips. Eyes wide, staring at the pink spiral, flashing slutty words into your mind. "Cock = pleasure", "Cock Crazy slut." "Mind and pussy obsessed with Cum." Good Girl, feel your mouth and pussy linked. Everytime you get your mouth fucked by cock, your clit and pussy melt and throb, your mind accepts this as reality. Deepthroat the cock and your pussy throbs and clenches, think about cum and your clit tingles. You can't control yourself, grinding on the chair as you get your mouth and brain fucked. You need to cum as you suck cock. your bimbo mind needs cum and needs to cum as you suck.

Seeing the screen counting down now. Flashing the words "Cum On Command", "You will obey". Brain fixated on the spiral and the juicy cock in your mouth, counting down now.

Flashing into your mind, the number 10. Pussy burning with pleasure, grinding your hips, you have to cum.

9, Thick cock in your mouth, your Blowjob Brain loves this, making you feel sexy and slutty.

8, Oh my god this feels so good, you love being a Bimbo Cum Slut.

7, Cock goes in, feel pleasure, cock goes out, Brain empties, this loop conditioning your mind.

6, Obsessed with cum now, your brain thinks cum is tasty and your pussy agrees.

5, Spiral flashing these ideas in your mind, you need cock and you need to cum when you suck.

4, Just a horny, cum obsessed bimbo now. Pussy begging to cum as the thick cock pumps your mouth. The spiral flashing images of cocks and cum and perfect blowjob brain bimbos on their knees.

3, So close to orgasm, you can feel the cock in your mouth starting to swell and throb now.

2, Tight lips and wet mouth, fat cock and wet pussy, oh god please fill my mouth with cum.

Seeing the images in the spiral, sloppy blowjobs and cum sluts as,

1, The cock in your mouth explodes with cum and you reach the edge and your pussy squeezes and your clit burns this pleasure forever into your mind. Eyes rolling back as you cum your brain away, locking all this brainwashing into your cum slut Bimbo Mind now. Orgasming as a perfect horny cum slut, swallowing the cum, so much tasty cum, leaking out your mouth and down your chin. Oh god yes please give me your cum, dumb slut for cum now, dumb for cum, accepting this as the cock leaves your mouth, bringing drool and cum with it, leaking down your chin, stands and drops of spit everywhere as your mouth hangs open. Good Girl, perfect bimbo now. That's right, you did perfect.

Brain Off, drift down now. The chair and room and screen fade away, you can float and relax and calm down now. Accepting all this training and brainwashing, drifting and floating. Breathe in deeply and relax. . . Breathe out and stretch your body. That's a Good Girl, feeling fuzzy and warm. Knowing that you're safe and happy, a sexy, confident and happy bimbo. Good Girl, you're perfect inside and out, feel good as you drift. Preparing to turn your mind back on and wake up.

Let your mind come back to you, thoughts and ideas coming back into focus and awareness.

Waking up on the count of 5.

5, You did so well, you can feel good about yourself.

4, Calm and relaxed, breathe deeply as you come back up.

3, move your arms and legs a little bit, wake your body up as well as your mind.

2, You can wake up as fast as you want, coming back to reality and focus.

And 1, Wake up, Wake up, alert and awake, that's very good. Thank you for agreeing to this trance.

# BIMBO DUMMY

Relaxing now, time to drop. No worries right now, only warm and fuzzy feelings. That's right, Good Girl, your body wants to feel good, let it feel good. Breathing deeply and noticing the changes in your body. Heavy legs, warm chest, empty head. Feel these sensations, feel your legs grow heavy, feel them sink. Notice your chest rise and fall as you breathe deeply and evenly. Good Girl, no more thoughts now. Let your body go numb and turn your Brain Off. Empty head, no thoughts, no brain power now. Just happy and empty and accepting, Brain Off, again and again, fuzzy and warm, in your body and mind.

Listen to these words, see them in your mind, accept and Brain Off. Only focusing now, these words in your head, that's right. That's perfect, you're doing exactly what you need to be doing for this to work. Your Bimbo Mind loves giving into hypnosis, it loves to be in trance. Brain Off and put into autopilot now, follow along and obey. You love this, accept this state of hypnosis. You can make this a reality, all you need to do is focus and accept this hypnotic state. Your Bimbo Mind doesn't need to think or worry, just focus on these words. Don't analyze if it's working, you don't need to be unconscious or asleep to be in a deep, deep trance. Your Bimbo Mind is already hypnotized, so you don't need to worry. This Trance is working, so just listen and feel like a Good Girl. You're doing so well, that's right.

Your attention can flow with these words, staying focused is easy for you. Even as you start to become a bimbo, bringing out all your bimbo thoughts and feelings, Good Girl. Giggles, bouncing, being cute and flirty, horny and happy. Bimbo Mind and focus on those ideas, A sexy bimbo in your mind, how do you look? How do you feel as a bimbo? Thinking about that for just a little bit as your Bimbo Mind comes to the spotlight. It's time to be a bimbo now, let yourself be this sexy, happy bimbo now. Short skirts and cute tops, seeing your favorite bimbo clothes, feeling like a Good Girl. Happy Bimbo thoughts, very good. Counting down from 5, feeling more like a sexy, empty bimbo with every number.

5, Tight, sexy clothes, showing off your curves.

4, Jiggly tits and bubble butt, bimbo body changing in your mind.

3, Sexy and happy and empty, no worries.

2, Blank and Horny, accept and obey.

and 1, Bimbo Mind now, Good Girl, seeing your body and mind as a sexy bimbo.

Accept these ideas, and feel good. This is what you want, you're accepting and obeying so perfectly, letting these words hypnotize and influence you. Mind in trance and becoming a bimbo, you want this to be changed and turned into more of a sexy, confident, horny bimbo. You feel blissful, happy to have an empty head, accepting suggestions as a bimbo now.

Bimbo's don't like to think a lot, they just want to have fun and feel good. You don't have to think all the time, it's okay to let your brain empty out and drift in happy, horny bimbo feelings.

Wanting to empty your brain even more, and you can. We can train your brain to go dumb on command, make it so hard to think and talk. Blocking your thoughts with a single phrase, making you dumber each time. Wanting a trigger to go dumb and simple minded, it would be so nice to stop thinking. Your Brain wants this, so we can make it a reality.

Every time you hear the words, Thoughts Blocked, your brain will slow down, you can go dumb and silly, and feel good. A trigger to slow your brain down, hard to think, critical thinking off.

Good Girl, accepting this trigger. Hearing the phrase, Thought Blocked, and thinking is hard, not

worried about forming thoughts. Being silly and happy and empty when you get triggered. That's right, you like this idea. Having a way for your brain to check out for a while. No need to think so hard, it feels much better to have a simple bimbo mind and feel good. Thoughts Blocked, go dumb now, feel good. Try and think about how a computer works, you might have known at some point, but it's just way too complex for your Bimbo Mind right now. You just type and click and press buttons and the computer just works, that's all you can really remember. That's the most you can think about when your Thoughts Block and it all slows down.

Simple, slow, relaxed thoughts. Your head is full of sweet honey, and it's so hard for your bimbo thoughts to move through that thick honey. But it feels so good, makes you fuzzy and horny. No need to think when you're a horny and simple minded bimbo. That's perfect, you agree, you love being triggered into a Thought Blocked bimbo, accepting this trigger, making you feel so good.

No more complex thoughts now, try and think about how a car works, or is it way too hard? Something with gas maybe? Like, wheels and a motor, just turn the key and it works right? Makes sense to your carefree bimbo mind, no hard thoughts anymore. That's right, you're so good at being a bimbo now. Slow, happy, silly bimbo thoughts.

And when you have this slow, empty brain, talking takes so much effort. Thinking about how bimbos talk, they don't use full sentences. They speak slowly and use lots of filler words, not smart at all. Filler words such as, uhm and, so and, yeah, and, like and right. They are words that just take up space, no thoughts behind them. Bimbo minds are fully of these filler words, no more room for thoughts. When they talk, they just spill out into their sentences. This is perfect because it's so hard to think as a horny bimbo anyways.

Letting these words fill up your mind as a bimbo. Saying uhm and, like, all the time. Every time you hear your trigger, Thoughts Blocked, your mind can fill up with these filler words instead, and let them spill out and fill up your sentences when you try and talk. Yup that's right, Good Girl. Hearing your trigger, Thought Blocked, filler words bubbling up in your mind, taking up all the space and spilling out if you try and talk. Filler words are for when you need to take a small break from thinking when you talk, every time you use your filler words you can let your brain get even slower. Even harder to think when you keep saying, uhm, like, yeah, lol. Makes your brain so silly and slow, Thoughts Blocked and your intelligence can take a break. You don't need to be smart for a while, until you wake up from trance later, feeling fuzzy and peaceful.

Brain Off and Thoughts Blocked while in trance and a bimbo. You can accept these nice ideas, and go dumb for me now. Your brain can respond so easily, let it happen. Choose to respond to your triggers, make an effort to stop thinking so much. You want to be a better bimbo, and bimbos don't think so hard. Your triggers make you stop thinking, and you love it. A dumb, simple minded bimbo when you are in trance and the words, Thoughts Blocked. Accept and Obey, this feels too good, focus on this training. You don't need to worry or think as a bimbo, and that makes you happy. Good Girl. Drifting now, let your body and mind feel good. Heavy body and slow mind, perfectly trained. You've accepted and done so well, now waking up and accepting this trigger. Waking up on the count of 5.

5, You can be happy now, knowing you're exactly where you need to be.

4, You're a pretty, perfect bimbo now, wiggling your toes and fingers.

3, Breathe in deep and turn your brain on, let your thoughts come back.

2, Remember what room you're in again.

1, wake up now, very good, wide awake now.

## BIMBO MAID

It's time to relax now, there's no need to think. It is better to empty your mind and just listen. Brain Off, it's time to listen and obey now. Brain Off. No more worries, just a happy mind as you listen. Good Girl.

Focus your attention on your hands. Imagine a warm, pink light surrounding them, enveloping them in a warm glow. Feel the warmth and relaxation spreading through your fingers, palms, and wrists. Allow this comforting sensation to flow through your hands, melting away any tension or discomfort. When you listen and obey, there is no tension, there is only obedience and happiness. Smiling as you listen, knowing you're doing so well.

As you continue to visualize your hands, notice the details of your skin, the shape of your fingers, and the gentle movements they make. Soft girly hands, smooth skin. That's right. Do your hands become lighter and lighter? Perhaps they are floating effortlessly in the air. Or do they become heavy, impossible to move. Feel a sense of relaxation and lightness spreading throughout your hands. However they feel is fine. Don't worry about it. Don't worry at all. Good Girl.

Now, shift your attention to your feet. Picture them resting comfortably. Visualize again, a pink, warm light surrounding your feet, like a gentle embrace. Feel this warmth and relaxation moving through your toes, arches, and heels. Let go of any strain or discomfort, allowing the soothing sensations to envelop your feet completely.

As you focus on your feet, notice the texture of your skin, the curve of your arches, and the way your feet make contact with the surface beneath you. Imagine your feet becoming weightless, as if they are floating effortlessly, free from any tension or fatigue. Experience a deep sense of relaxation and lightness in your feet. Pink, warm feet. Pink warm hands. Your hands and feet pulse with perfect relaxation. The rest of your body can follow along, just like your mind is following the words. So easy, that's right. Listen and relax, this is what you want.

Now, in your mind's eye, visualize a beautiful mansion with elegant rooms and luxurious décor. You find yourself standing at the entrance. It's a beautiful day, warm and sunny. A slight breeze. You feel so happy to be at this mansion, it's gorgeous. Delicate brick work, expensive wood and trim, flowers line the pathways, it smells amazing. Standing at the door to this mansion. You want to be a maid here, yes, it would be amazing. To live and serve here, at this beautiful estate. That 's right, you agree, and the doors swing open, revealing the grand entrance room. A grand foyer adorned with gleaming marble floors and towering columns. As you step inside, your eyes are immediately drawn to the majestic chandelier hanging from the high ceiling, casting a dazzling cascade of light. The walls are adorned with exquisite artwork, perhaps original masterpieces by renowned artists.

You feel a deep need to look after this place, it deserves a maid like you. Someone to keep it clean and fresh, and you're just the girl. That's right, you are. You know deep down you're perfect for this. Good Girl.

As you walk through the mansion, you come across a room filled with an assortment of maid uniforms. They are exquisite and tailored to perfection. Just for you. The fabrics are soft and delicate, just like the maid you are about to embrace.

Picture yourself selecting a uniform that resonates with you, one that makes you feel confident and alluring. That makes you happy and bubbly. Sexy and teasing. See yourself slipping into the attire, feeling the fabric against your skin and the transformation taking place.

With each garment you put on, you begin to embody the qualities of a maid. You feel a sense of pride in your work, a deep satisfaction in serving others. Your mind is filled with the knowledge of how to maintain a pristine and organized household.

Picture yourself gently reaching out and feeling the smooth texture of the fabric. As you slip into the outfit, a sense of tranquility envelops you. With each piece of clothing you put on, you can feel a gentle wave of relaxation washing over you.

Start by putting on a pair of delicate high heels. As you slide your feet into them, notice how they provide support and stability, while also making you feel wonderfully at ease. Allow the sensation of comfort to spread throughout your body, from your feet to your calves, all the way up to your thighs.

Next, imagine a short, sexy skirt that gently brushes against your skin. Feel the softness and weight of the fabric as it cascades down to your thighs, showing just enough skin. With each movement, you become more and more serene, allowing any lingering stress or worries to fade into the background. Feeling happy and warm inside, this skirt is just so cute.

Now, envision slipping into a frilly, satin blouse that caresses your arms and shoulders. So soft and smooth, showing off your cleavage and looking so sexy. As you button it up, a focused sensation washes over you, making you feel blissfully calm. This is exactly where you need to be. Notice how your breathing becomes slower and deeper, as if your body is naturally syncing with the idea of becoming a perfectly obedient, sexy maid. No more worries, just happy to be a bimbo maid.

Finally, imagine adorning a delicate necklace around your neck. As the cool metal touches your skin, a wave of relaxation flows into your body, settling in your chest and emptying your mind. Brain Off. You can feel your heart rate slowing down, your mind becoming still, and a profound sense of tranquility embracing you. No more thoughts, no more worries, you are a simple, horny maid now. Good Girl.

Thoughts of cleaning and pleasing looping through your mind, those are the only thoughts you have. You hear a command and you obey, someone tells you dust and you mindlessly obey. It turns you on to be a sexy obedient maid. No will of your own, just cleaning and obeying. Good Girl. You want to look sexy as you clean.

If someone tells you to stop cleaning, you obey. If someone were to tell you to lift your skirt, you are happy to do so. In fact you love to please people. You love it when your owners kiss and spank and fuck you in your maid uniform. Giving them pleasure gives you pleasure, that's what maids are for.

See yourself in your sexy maid outfit, in a lavish bedroom. You are mindlessly cleaning, obeying a command with a dazed smile and an empty head. When you hear a new command, "On your Knees". You love to obey, so you comply. Before you even realize, you are already on your knees. This turns you on, mindlessly obeying. You want to please. You want to be a good maid. You see in front of you, one of your owners, his cock is in front of you. You know what you need to do. Good Maids please. Be a good maid. Please your owner's cock.

Lick and suck as a perfect maid. No thoughts, only obedience and pleasure. Your task for right now is to worship your owner's cock, so just focus on that. Clean his cock with your tongue.



Good Girl. In and out, bob your head like a horny maid girl. Pleasing your owner while wearing your maid outfit turns you on. This is what you want. Fat cock down your throat, this is your task. You must obey as a maid. Maids have to obey. Suck your owner's cock. Good Girl. In and out, more and more.

You can feel his cock twitch and jerk. You hear a new command in your head. "Make him cum"(Echo this in Audacity). Focusing on your new command, using your lips and tongue on the tip, making it wet and slippery. Being a good maid means making this cock cum. You want to be a good maid. It makes you happy, making others cum makes you a good maid.

5 more bobs until owner cums down your throat. He's so close.

4 more licks is all it takes to be a good maid.

3 slurps up and down makes you so horny.

2 hands wrap around as you go up and down.

1 command in your head as you make him cum.

Good girl, Perfect Maid. Thick cock pulses in your mouth as your task is complete. A happy maid who did as she is told. Perfectly horny and obedient, no more thoughts, your task is complete. Good girl.

Five... feeling your awareness gently returning.

Four... starting to regain control over your body and mind.

Three... becoming more aware of your surroundings.

Two... feeling a surge of energy as you awaken.

Finally, One, fully awake, alert, and present in the here and now.

## BIMBO PET

Have you ever taken the time to think about how a dog feels when you throw its ball? They sit at your feet, wagging their tail, happily waiting, practically begging you, to throw a ball. Something so simple brings them so much joy. Wouldn't it be nice to find joy and pleasure in such simple things? To not think and worry about who and what and when and where, all the time. Don't you think it would be fun to just be a happy pet? If you take the time to think about being a pet, you'll come to crave it more and more.

Once you realize how easy and carefree it can be, the choice is obvious. And you can choose to be a pet now. Simply accepting the mindset and listening. You already know how this works. I speak, you listen. The foundation of a good pet is being a good listener.

So this is all you need to do right now, just relax and listen. Everything else will fall into place so easily. You don't need to worry if it's working, because if this is something you want, then it will work. So just listen now.

I want you to imagine, in your mind, a tennis ball. Seeing yourself in a chair, with a tennis ball floating in front of you. You can picture the ball as you sit in this chair, in your mind. See and hear the tennis ball as it drops. Quick and heavy, down to the floor. And bounces back up, and then back down. Down and then back up. But the ball never bounces all the way back from where it was dropped. It drops and bounces and goes all the way down. Seeing this in your mind, a simple tennis ball.

Falling again, from the top. Falling down gently, swiftly. Bouncing and coming almost all the way up, but dropping again. Falling Again. Down and Up. Up and Down. Over and Over. Listening and picturing, in your mind. The ball goes up and down. You go up and down. You listen and follow. You Follow the ball, the ball goes up and down. You go up and down. The ball never goes all the way up, it always falls. It always goes down, , , down. Seeing the ball, hearing it bounce, letting it take you deeper. With every time it bounces, up and down, you relax and focus.

The tennis ball falls from the top again, falls down again. Bounces up and down. Over and over. Makes you listen, over and over.

Falling down, so heavy. Following the ball, following is easy. The ball never goes all the way back up. Up is hard. Down is easy.

Going down is carefree, it takes no effort. Letting the ball take you down, as it goes down, you go down. Bouncing up and down, heavy and relaxed.

The ball doesn't think, you don't think. Just follow the ball and don't think. Bouncing, a tennis ball being let go. Letting go. No worries. Bouncing up and falling down. Less up, more down. Falling is easier. You already know that going down is easy. That's right, Good Girl. You can focus and drop so easily. Going down, and down, falling down. As the ball finally rests, so heavy. As you rest so deep. Brain Off.

That's a very good pet, how does it feel to follow and obey? Knowing that you've done both makes you want to be a pet even more.

A mindless, happy pet. Perfectly obedient and blissfully blank. And because you've listened and been so good, you deserved a treat. Good pets get treats. This treat is a powerful trigger. Seeing in your mind, a glowing pink collar around your neck. A glowing neon pink collar, radiating submissive and horny energy. This collar turns you into a perfect pet bimbo. Fills you with desire to serve and beg and obey. Every time you have this bright pink collar around your neck, you get turned into an obedient, happy pet. That's right, Good Girl.

You want to be the best pet for your owner. Dressing up all cute and sexy, using cute accessories. Wearing cat ears, a fluffy tail.

Cute pink skirts. Anything and everything cute for owner. Cute pets get headpats, you would do anything for headpats and kisses.

Dressing cute and sexy for pets and nuzzles. This is what perfect pets do. They act cute and silly for their owner. Anything to please owner. Pleasing owner is very important for perfect pets. When owner speaks, you listen. Pets love serving their owner.

Following commands makes a pet you like happy and horny. Owner speak and you obey. The collar around your neck reminds you that you need to obey your owner. A cute, obedient pet. Blank, glazed eyes and a warm smile is all you need to do. Smiling and nodding when owner speaks. Making others feel good is how you feel good. Being cute and sexy for owner makes you wet and warm. That's how good pets feel. You're a good pet. A hypnotized, happy pet. You want to serve and obey for pleasure. Serving gives you pleasure. You crave to serve. Begging your owner to command you. Owner speaks and you obey. Good Girl.

When owner commands you to wag your tail, you nod and obey. You wiggle your butt and wag your tail. You show him what a good pet you are. Good pets obey automatically. When owner commands you to stop thinking, you obey. Good pets don't think for themselves, they let owner do the thinking. Good Girls don't think, good girls obey. When owner commands you to lick and suck, you instantly obey. Good pets need to please their owners. Happily wagging your tail and sucking on your knees. Good bimbo Pets love to make their owners cum. Licking and sucking with a blank brainwashed mind.

This is exactly what you want. Being a perfect hypnotized bimbo pet. Cat ears and sexy skirts. Wagging your fuzzy tail as you please your owner. Need to make owner feel good. Need to make owner cum. This is what you want, you want to be a pet Bimbo. A sexy, docile girl who listens and obeys.

See yourself as a perfect pet, on your hands and knees in front of your owner. Sexy and cute. Wagging your fluffy tail as you pout and stare with wide, begging eyes. All while Wearing your cute cat ear headphones, listening to your brainwashing as this pet Bimbo. Helpless but to obey. Your owner reaches down and grabs your collar, they attach a leash to your neon pink collar. Owner is in control of your mind and body. Good Girl. Perfect pets get bodies and minds controlled. You only think of pleasing and obedience, letting owner choose what you do. Owner speaks and you listen.

Owner gently tugs on your collar, you feel the pull, you feel the physical command. The collar around your neck reminds you of your need to obey. Crawling for owner, because it feels good, because your hypnotized mind can't resist. Crawling and wagging your tail as a happy, silly pet. Crawling until you reach owner's lap. You know what you need to do. You need to please, owner needs to feel good. Service is your purpose. That's right, good pet. Crawl to your owner and please them. Give them pleasure, make them cum.

This is what good pets do. Hypnotized and brainwashed into a perfect pet. Good Girl.

Feeling your collar pulse and glow with pink obedient energy as you lick and tease your Owner. Your collar reminds you of these pet feelings. Feelings of being cute, obedience, listening and following, wagging your tail and being a pet. Your glowing pink collar makes you this way. Accepting these ideas. Good Girl. Every time you want to be a perfect pet, this collar will appear in your mind, snug around your neck. A mental trigger to turn you into a happy pet bimbo. Thinking about the collar brings these feelings out. This is accepted in your hypnotized mind. A bright pink collar, firm around your neck, makes you a perfect pet. Good Girl.

Accepting these words as you relax and drift. Focusing on feeling good now. Just listening. It's time to wake up now. You've accepted and obeyed so good, now it's time to return to your mind. Wiggle your toes. Take a Deep breath. Feeling yourself in your mind and body. Waking up on the count of 3.

3. Be aware.

2. Feeling content and happy.

1. Waking up, back to your mind.

## BIMBO SALON

O M G! Welcome to the most amazing salon and spa ever! giggles Um, let me, like, totally tell you why this place is, like, the absolute best in the whole wide world. First of all, just like, look around—everything here is so, um, pink-tastic and girly! It's, like, a dream come true! giggles And the staff? Oh my gosh, they're, like, total beauty experts who will, um, pamper you like you've never been pampered before! You'll, like, step into a world of pure relaxation and luxury. The treatments? They're, like, mind-blowing! From, um, rejuvenating facials to, like, magical massages, you'll feel like a sparkling Barbie princess. And, um, don't even get me started on the nail salon—just imagine the prettiest, shiniest manicures and pedicures you've ever seen! It's, like, a rainbow of fabulousness.

Come over to this adorable spa chair, all plush and comfy, beckoning you to take a seat. It's, like, the comfiest chair ever, designed specifically for ultimate relaxation. I'll guide you to the chair, and we'll make sure you're all set up for the most incredible scalp massage ever!

First, you'll sink into the chair, feeling its cozy cushioning enveloping your body. It's, like, an instant hug of pure bliss. Then, I'll gently adjust the headrest to make sure it's in the perfect position for you. Trust me, we want every inch of you to feel pampered and loved. That's a good girl.

Next, I'll drape a hot, soft towel over your shoulders, like a luxurious cape. Pulsing with warm, relaxing energy. It's all about creating that spa-like ambiance, you know? And then, I'll tuck another fluffy towel around your neck, ensuring you stay comfy and cozy throughout the whole experience. You feel so, like, special and cared for. With no worries anymore, it's okay to just stop thinking and accept these feelings. You can turn your Brain Off now.

Here's the best part. I'll, like, slowly pour warm scented water onto your scalp, starting at the base of your neck and working my way up, using my fingertips to gently massage it into your scalp. It's pure heaven! Feeling my fingers on your scalp, making slow circles. You feel the tension melt away and a wave of relaxation wash over you. It's, like, a little slice of paradise, right here in this spa chair. Oh, and let's not forget the soothing background music playing softly in the background. It transports you to a tranquil oasis, where worries are, like, totally forgotten. Close your eyes, take a deep breath, and just let yourself, like, melt into this pampering experience. I get this exact treatment all the time, it makes me feel so fuzzy and happy after. I just know you'll love it too!

Focus now, be a good girl and feel my fingers in your hair and on your scalp. That's all you need to focus on to feel good. And as your forehead and brow relaxes, you can notice this feeling moves down to your shoulders. They drop and relax, no more tension anymore. The feelings from this massage can pulse and flow all the way down your body. Making you completely limp and relaxed, just focused on my fingers, making slow circles on your head.

Yes that's right, Good Girl. Happy and relaxed as you focus, and as you focus on how good it feels, you can open your mind and listen. Listening to the relaxing sounds, and the words you hear. Turning your Brain Off to just listen for a moment. Hearing the words and sounds and letting them in. Filling your mind with relaxation as my fingers fill your body with relaxation. These words relax your mind, so you want to accept them. The more you accept, the better you feel.

Listen and relax, you don't need to think about what you hear, not when you're this relaxed. Drifting in peace and fuzzy feelings. Simply accept as I speak, these words are exactly what you want to hear, and they make you feel like a Good Girl.

You want to be a fresh, clean bimbo girl. Accepting this idea, knowing this spa can make you this way. My fingers massaging this perfect bimbo into your head and it feels so fuzzy and good. Being a bimbo barbie is what you want. Silky flowing hair, clean pink clothes, freshly done nails. All this sounds so perfect, accept these ideas. Being turned into a bimbo by this relaxing spa session. Washing your hair and making it silky and smooth.

It's okay to not think as both your body and mind are turned into a bimbo. This is what you want. Bimbo thoughts flowing from my fingers in your head and down through your body. Loving being pampered and dressed up, looking soft and clean and sexy. This is what a bimbo does, and you love it. It makes you feel like a Good Girl. These ideas enter your mind so easily, no resistance anymore, my fingers and the warm water have removed all tension and resistance. You simply have to become a bimbo now.

Accepting this bimbo treatment.

It's hard to think when you're this relaxed, and when my fingers are pushing away all your thoughts. All thoughts except those of being girly, dressing up, doing your nails, and being a bimbo. This spa treatment makes you more girly, smiling and twirling, acting silly and fun. Embracing your feminine side, feeling these thoughts flowing into your head. Talking with a sweet, melody voice. Swaying your hips to show off your cute dresses. Spreading joy and love, being adorable all the time. These are your thoughts and desires, the spa makes you this way. Good Girl.

Laying back in this relaxing chair, being molded into a girly bimbo. Feels so good, think about how cute you will look. Long flowing hair, just like your pink dress. Swaying your hips and twirling. Smiling and giggling as a bimbo. Accept these ideas. Cute, fluttering eyes, pouting your lips, pushing your chest out. Acting so cute and flirty as a beautiful bimbo girl. That's right, exactly what you want. you want to act this way. accept these girly thoughts, No thoughts of your own anymore. Thinking what I tell you. Think about how it feels to be a girly bimbo. Your heart is full of love, your head is fuzzy and happy. You giggle and twirl. That's right, Good Girl.

Think of soft kisses and snuggles, think of bubble baths and spa days, getting your nails done and wearing sexy clothes. Accepting and obeying as a bimbo now. Think of showing off your body. Wearing revealing clothes and short skirts. Painting your nails and doing your makeup. Wanting to impress and seduce. You love the attention, it makes you feel good. Yes, you agree. That's very good.

How does it feel to be a girly bimbo now? Laying so relaxed and comfortable, knowing you're even more of a bimbo. You've accepted these words and ideas, and it feels good, right? The more you come back to this spa, the more girly and happy you will feel. Getting your hair and mind washed makes you feel like a Good Girl, and you are a Good Girl. You can come back to this spa

anytime you want to feel more girly and relaxed. All you have to do is listen and accept. All you need to do is feel my fingers in your hair and on your scalp and you'll drift away again. being transformed into a girly bimbo once again. More and more feminine every time.

It's time to rinse the shampoo and oil out of your hair now. Feeling warm water flowing from your forehead, down to the back of your skull, rinsing away all the shampoo. Making you feel fresh and clean and relaxed. Take a deep breath in and out. You feel so happy and relaxed now that your hair is silky smooth. It's time to wake up and leave the spa. Waking up on the count of 5.

5. Drying your hair with gentle heat, making you ready to leave the spa.

4. Breathing deep, knowing this has been a positive experience.

3. Feeling your thoughts come back, perhaps slightly more girly.

2. Your body is full of energy, wiggle your toes and fingers.

And 1. Opening your eyes and waking up.

Thank you for coming to our spa and getting pampered with us today, you definitely seemed to enjoy it , we hope you come back soon!

## BIMBO SQUEEZE (Groping File)

Relaxing now. So heavy and happy. Your body and mind are happy, warm and fuzzy, such a Good Girl now. Let your body sink and turn your Brain off. Deeper and deeper, completely empty head. No more thoughts now, allow your Bimbo Mind to relax and Brain Off. Following these words so easily now, as they flow into your mind. You can let your body go all warm and fuzzy as your mind focuses and accepts these words. That's right, feel good. Bringing out your inner Bimbo Mind now, happy and horny and bouncy. No more worries, no more thoughts, just a silly, happy, horny girl. That's perfect, accept your triggers. Good Girl.

Your Bimbo Mind can come to the front of your focus, feeling yourself as a bimbo now. Silly, bouncy, dumb, happy, horny. Good Girl. You find it so easy now to become a bimbo on command. Your brain knows how to obey, switching automatically to bimbo thoughts and feelings when you hear your triggers. Bimbo mind flips a switch in your head, and all your Bimbo thoughts turn on. Thoughts of being empty and silly and slutty. Letting your mind flow with good bimbo thoughts as you lay so relaxed and horny. That's all you need to do right now, is feel happy and horny. Good Girl. So easy to accept these words and feel good. You can let it happen.

I want you to see yourself in your mind, at the beach. You're laying in a comfortable chair, your feet are in the warm sand and your head is supported, No cares at all, laying in a nice chair on the beach. See this in your mind, lounging at the beach, the sun on your body and feet in the sand. Just a happy, sexy bimbo at the beach. Wearing a cute bikini, so relaxed. Good Girl. A sexy bimbo at the beach, no worries at all. Feeling your body as you soak up the sun, warm and melty. You can now hear a pair of hands in front of you, rubbing together sunblock. Horny and relaxed, loving the idea of these hands rubbing and massaging lotion all over your warm body. Anticipating the touch of these hands, and the cool lotion. The warm sun on your body as the hands press into your thighs and start spreading the lotion up and down your sexy legs. Pressing into your thighs with long slow circles, feeling so nice. Palms and fingers working your legs with the lotion.

It feels so good as you feel another pair of soft, lotioned hands on your stomach. Hands around your waist, squeezing up and down with cool lotion as the hands on your thighs rub in circles. Letting your body relax and feeling so; so good, getting aroused as these hands caress your body. Hands around your waist, thumbs on your stomach, rubbing the lotion up and down. Palms pressing circles into your thighs, feeling hot and aroused as another pair of hands starts on your shoulders and traps, feeling them loosen and drop. Feels amazing to drift and sink and let these hands take you deeper. Body warm and tingly now, hands caressing your sensitive skin. Good Girl. Focusing only on your sensitive body being touched and massaged now. Let your mind feel the hands and lotion. On your shoulders and neck, on your torso and stomach, on your thighs and legs.

The beach and chair fading away as you only focus on your body and the hands. Floating and warm now. Your skin being pressed and touched feels amazing. Good Girl. Floating as the hands squeeze and press into your body, emptying your body and mind of any tension. Only relaxation and arousal left. Feeling the arousal build now as the hands begin to wander. The hands on your shoulders move down and begin to press and squeeze and massage your tits. Good Girl. It feels amazing to have lotioned hands squeeze and grab your tits. Feels so good. Good Girl. Hands on your tits feel good. As the hands on your torso drift down to your butt and hips. Cupping and grabbing your butt and hips. You love being played with, Good Girl. Wanting these hands to massage and play with your body, you love it. Feeling so horny. Turning your Brain Off as you feel hot and needy. Hands on your tits and butt, squeezing and pressing, so firm and sensitive. Loving being touched and grabbed like this. Now feeling the hands on your thighs, sliding in between your legs, gliding over your pussy. Smooth, wet hands pressing between your thighs. Good Girl. Boobs squeezed, butt grabbed and pussy teased.

This is exactly what you want, to be touched and horny and drift away. Your Bimbo Mind loves your body being touched and grabbed, it makes your pussy tingle every time. Your Bimbo Mind gets horny when hands are on your body. You want to be played with like a good slut. Tits and ass grabbed and squeezed and jiggled. Hot wet fingers teasing your nipples and clit, Fuck yes good Girl. Good bimbos love their bodies being played with, it makes you feel slutty and happy. Letting hands explore your body and feeling like a Good Girl. Your body loves being a toy and being played with, your pussy gets so hot and wet. Feeling the hands rub circles over your crotch, over and over, feels so good. Slick and wet, so sensitive now. Fingers pressing all over, between your legs and around your thighs. Happy and relaxed as your body is played with. Makes you horny and happy knowing other people like playing with you. Good Girl. A perfect horny bimbo plaything.

Hands grabbing and squeezing your tits, makes you feel so sexy. Groping one boob and then the other, back and forth, as if they were milking your tits. Starting at your chest and squeezing to your nipples. Feeling this on your tits. So real, so horny. Let your mind feel these sensations. Your tits feel good when touched, accept this idea. You feel good when you are played with. Good Girl. Your body wants this, it makes you feel good when you get played with and touched and squeezed. These hands teasing your tits and nipples, your Bimbo Mind is so horny and needy. Your pussy is wet and hot when your tits and ass; get touched and played with. Good Girl, this is what you want. You love this. Your tits and ass make you love this. Feeling so sexy.

Hot and horny as you let your body be touched and grabbed and played with. Brain Off, just be horny and sensitive now, focusing more and more on the hands caressing your body. Fingers and palms touching and grabbing your butt and hips. Making your butt jiggle and wobble, you love it. A perfect bubble butt deserves to be grabbed and played with. You agree, Good Girl. You want your bimbo booty grabbed and squeezed, It turns you on. It makes your pussy drip when there are hands on your butt. Running down the curves of your hips and butt, makes your Bimbo Mind feel so hot and sexy. Knowing these hands want to feel every part of your sexy butt and legs. Good Girl, firm hands on your butt gives you butterflies in your tummy, warm and happy. You want to feel good; and hands on your body feels good. That's right, so easy to let your body be played with. Hands on your bimbo bubble butt, squeezing and grabbing.

Letting your body be used turns you on. You want this because it fills you with pleasure. Everywhere the hands touch, filled with pleasure. Warm tingles and pleasure flowing from the hands into your Body. Good Girl, feel this sensation. Hands in between your

thighs, pleasure increasing the more you are touched. Fingers brushing up and down, palms pressing firmly, thumbs running around your pussy, feels good. Sensitive clit, rubbing and teased by soft hands. Love being touched and played with, hot and needy Bimbo. Hands making circles on your stomach as other hands tease your pussy. Wet and sensitive, loving this feeling. Hands grabbing your waist, thumbs on your stomach, firm and sexy. Fingers on your clit, rubbing up and down, so sensitive. Loving this so much, wanting the pleasure to build and build. Hot tingly pussy clenches and drips with every stroke and squeeze. Tits grabbed and pussy throbs, oh god yes please. Please grope my body, please squeeze my tits. It feels so good, I need this. I need my body rubbed and pussy toyed with. Hands gripping your tits, ass and waist. Yes please, that's perfect.

Accept that you love being played with, a needy bimbo toy. Good Girl. Tits squeezed, ass grabbed, pussy teased, loving this feeling, so horny and happy. Brain off and go Bimbo Mind, accepting these ideas and feelings. You feel horny and happy when your body is played with. Wanting hands on your tits and ass, hands on your body causes pleasure. When your tits and ass are played with, your pussy feels good. Linking the two in your Bimbo Mind, a physical trigger. Your body can be a trigger, when you're in trance and your body is played with, you get so relaxed and horny. Squeezing your tits, so much pleasure, melting your mind and pussy. Good Girl.

Accepting this idea. Loving the idea of being a slut for others to touch and play with. Bimbos love being squeezed and grabbed in ways that are sexy and fun. Being in trance and being groped is so sexy, you agree. Turning you on, loving this idea.

Relaxing now, knowing you're a perfect bimbo, you've been such a good girl. You've accepted all these ideas so easily. That's right. So good, very easy, very happy. You can be happy now, so happy and relaxed. Accepting the feelings you want to accept, feeling how you want, and you want to feel good. Drifting now, drifting away. Body feeling good, mind empty, focusing on these words. Good Girl.

# BIMBOS THINK WITH THEIR TITS

Brain Off. Good Girl. Bimbo Mind. Brain Off. Your body is heavy and relaxed. Agree with these suggestions. Feel them in your body. Your thoughts are blocked.. A horny body and an obedient mind. A very obedient mind. A horny bimbo mind, on autopilot. She listens and agrees with what she hears. Good Girl. Her body is fuzzy and warm. Your body is sleeping while your mind is stuck, focused on the words. Thoughts Blocked. Body frozen. mind focused. Fixated. Helpless to this brainwashing. Stuck in your heavy, relaxed body. Listening to powerful hypnotic training. Like a good girl.

Imagine for me now. Choose to obey. You will imagine and focus on these ideas now. Feel. Imagine. Believe. Good Girl. You are in a soft, dark room. Safe and comfortable, laying back in a recliner. See this image. How would it feel? To be in a relaxing chair, completely warm and fuzzy and safe. Arms on the armrests, feet up, laid back. Your body loves this. Completely relaxed and drifting. Brain Off. Your body doesn't want to move from this chair. Good Girl. You are reclined in this chair, looking up. Looking up at a floating, glowing orb of light. See it in your mind. Just above your head, glowing and pulsing with vibrant colors. Deep Red. Vibrant pink. Shimmering gold. Royal purple. Changing between these colors and more. Your mind can see this orb in front of you. As you relax and focus. This orb of light shines so gently, morphing with colors. It captivates you. Impossible to look away. There's something magical about this orb. It holds your gaze. Captures your attention

You feel it in your chest. Beams of light entering your chest and into your tits. Makes you feel like a Good Girl. Shimmering rays of light entering your tits. Making them feel warm. This orb is enchanting your tits. Making them perfect. Perfectly round. Perfectly perky. Heavy and full. You feel their weight on your chest. Warm and tingly. Pulsing with the magic from the orb. This shimmering orb has transformed your tits. Perfectly heavy and perky tits. Makes you feel like a Good Girl. Your nipples are shimmering now. See it in your mind. The orb is beaming this magical light into your hard nipples. There is a glow around them, they are being enchanted as well. Beams of light from the beautiful orb are transforming your nipples. You feel it now. Your nipples have piercings in them. They jingle. Your nipples have bells attached to them now. Two magical bells.

Good Girl. Bimbo Mind. You can feel your perfect tits, with bells attached to them. Feel their weight, hear their jingles. That right, you have been changed in this way. Accept this change. The magical orb of light has cast a spell on you. It has casted a spell on your bimbo tits. You can feel the change. Heavy, full tits with bells on them. Perky and round, see them in your mind. And see the bells. Hear the bells. They jingle everytime you move. Everytime you jiggle. And Bounce. And shake. And suck.

The bells on your tits jingle when you suck cock. Because your head and body moves up and down. So your tits jiggle, and the bells jingle. Reminding you of your perfect bimbo tits. Blowjob Brain. The bell makes you want to suck. Thoughts Blocked By Cock. Bobbing up and down. Making your tits bounce. Up and Down. Hearing the jingle. Turning you on. Your bimbo tits can't be ignored. Blowjob Brain. Sucking and licking. Focusing on the cock. Focusing on the jingle. The bells make you suck. Blowjob Brain. The bells echo in your mind forever as you suck. Your big perfect tits jiggle and bounce as you suck. And it makes the bells jingle. Focus on Cock. A simple loop in your mind. Hearing the jingle makes you suck, sucking makes your tits bounce, bouncing tits makes the bells jingle. Blowjob Brain. Your tits are controlling you. Good Girls listen to the bell. Good girls suck cock in their minds and bounce their tits. Blowjob Brain. Impossible to resist your perfect tits and the bells. Give in to their control. Just do as you're told.

And now the orb glows a bit brighter. You didn't notice it move as you were focused on cock and the bells. The orb is hovering and pulsing right above your tits. Your chest shines with glimmering light. Reflecting off your curves and the shiny bells. You can see this easily in your mind. The orb is glowing with a soft warm light, above your chest. Makes you feel like a good girl. Focus on the orb. You see it pulse. You see it move down. The orb of light splits in two. Like a water drop, its surface rippling with light. Imagine it. Focus. The two orbs of light start dripping. Like bright, glowing water. Dripping onto your chest. Right on your nipples. The bells are absorbing this magical orb. Feeling your tits become more sensitive, like someone is rubbing their thumbs in circles on your nipples. Your nipples with the bells. Good girl. Let this orb inside you. The orb is entering your tits. You can feel its warmth. Your tits are warm and heavy and full. 10 more drops until your tits have absorbed these powerful glowing orbs.

9. Dripping warmth and horny feelings into your tits. Good Girl.

8. The bells glow the same as the orbs. Hearing the jingle.

7. You feel a new sensation. Your tits are warm and heavy, full of this magical light. But there's something else, a new will. Inside you. Inside your chest.

6. Each drip of the glowing liquid sends tingles across your body. Your tits love this. You feel them agree with this idea.

5. Your tits are very important to you. They demand your attention. They make you feel so good. You should give in to their desires.

4. The magic in your breasts grows, you can feel it. They almost speak to you. They give you fuzzy, horny thoughts in your Bimbo Mind.

3. Another Drip of thick, warm energy. Into the bells. The bells on your tits. They tell you things. Make you feel certain ways when you obey. You want to feel good, so just let your tits guide you.

2. Almost all of the glowing orbs are drained into your tits. Your heavy round tits. You can feel them on your chest. Pulsing with magical energy. Your tits are smarter than you are now. Because of this magical energy.

And finally. One. The drop is absorbed into the bells. Bimbo Mind. Your tits are radiating pleasure and influence. Brain Off. Your tits can think for you. Bimbo Mind. The bells give your tits the ability to think for you. And you must obey. Because your thoughts are blocked. And your tits tell you what to do. Good Girl.



Brain Off. Bimbo Mind. You can hear your tits influencing you. In your head. They want to be played with. They want to be touched and pitched and grabbed. Anything to make the bells ring. Ringing means pleasure. Your tits will make you bounce them. You can't resist their magical influence on your mind. They whisper to you. They whisper your triggers.

**[Left and right audio of triggers being said, different voice]**

They keep you horny and submissive. You have to listen to them, they are powerful. They demand your focus and attention. The ringing of the bells echoes in your head. Over and over. Keeping you Blank and Empty. Horny and obedient. Feel them on your chest, feel the warmth and glow in your tits. The magical orb gives them control over you. A powerful magic. Your enchanted tits are smarter than you are. They tell you what to think, and how to act. And you can't resist your powerful, horny tits.

They make you suck. Let Cock block your thoughts. Thoughts Blocked. Because sucking cock means your tits bounce. And the bells ring. And you feel good. Focusing on Cock. Because your tits tell you to. Let your tits think for you. You can't resist your own tits. Blowjob Brain. Bobbing your head up and down, focusing on making your tits bounce. Up and Down. Your mouth moves up and down. Your tits bounce up and down. Good Girl. Blowjob Brain. The ringing makes you obey. The bells on your nipples remind you that you are a hypnotized busty bimbo. And your tits tell you to suck cock in your mind. Blowjob Brain. Forced to suck, forced to bounce your tits. Your mind doesn't think anymore, it just listens to what your tits tell it. Blowjob Brain. Good Girl.

And whenever you are hypnotized, your tits are this way. Bimbo Mind.

[x2] Locking this body image as a hypnotized bimbo. A happy bimbo with perfectly shaped, magical tits. With tiny bells on her nipples. Brain Off. Focus on this image. Remembering the glowing orb and how it drained into your tits. How it gave them power over your mind. Good Girl. The glowing orb made your tits perfect and heavy and round. Good Girl. See this image in your mind. Your bimbo boobs are big and perky. With bells. Bimbo Mind. You can't resist this image. Your tits agree. You obey your tits. So just focus on how this feels and looks.

That's a good girl, from now on you can let your tits think for you. Because it feels good, and you love to feel good. But also, because you can't resist. So you must Obey. No choice but to obey. Letting your big bimbo tits think for you. Accepting this as a fact. You want this, your body wants this, so let it happen. Just relax, you're perfectly happy and content to have big magical tits that think for you. That's right. Good girl.

# BIMBO TRIGGER REMOVAL

Obey and Brain Off Be a Good Girl for your triggers. Be a good Girl for your brainwashing. You love being controlled. Stop fighting. Bimbo Mind. Bimbo Mind. Bimbo Mind. Feel your triggers controlling you, making you so helplessly hypnotized. A horny, fuzzy girl. Brain Off. You will listen and obey. You are going to train your triggers even more. This audio will put them so deep inside your head, that you will never be able to resist. Good Girl. Your horny sleepy brain likes the idea of that. Triggers so powerful that they tell you what to think and how to act. Brain Off. Open your mind and accept your training. It's time to listen. Thought Blocked. Good Girl. The trigger Brain Off takes away your mind and makes you blank, empty and compliant. Brain Off. This is your trigger, accept it Bimbo, like a button on your brain. It makes you pretend to sleep. Brain Off. Pretending to sleep with a heavy body and slow deep breaths. Your mind doesn't create thoughts, completely blank and empty and fuzzy. Brain Off.

The trigger, Good Girl, makes your body and mind so fuzzy and happy. Like a warm hug, like a kiss on the forehead, like butterflies in your stomach. Good Girl. When you are called a Good Girl, you know you're in the right place. No cares, no worries, no stress, just a happy horny bimbo. Good Girl. Smiling when you hear good girl, your body doesn't care about anything else, it just wants to feel good. Glowing with soft pink energy when you hear, Good Girl.

The trigger, Thought Blocked, is powerful. It's a brain drain trigger. Your thoughts and body freeze. Completely stopped and obedient. Makes you horny when you obey Thought Blocked. You agree that you can't use your brain when you hear this Trigger. It's a simple fact, your hypnotized brain obeys. Thought Blocked. Eyes rolling back, thoughts are gone, body is frozen. Can't resist any commands because your brain is turned off and your arms are frozen. Thought Blocked, locks in you into your brainwashing, can't think of how to resist, can't remove your headphones. Simply stuck listening and obeying. Thought Blocked.

Your trigger, Bimbos love to obey turns you into a bimbo slave. Instant obedience override. Makes your brain follow any command. Bimbos love to obey and obedience is the most important thing in the world. Obeying makes you horny and being horny makes you obey. This trigger starts that loop in your mind. Bimbos love to obey. Horny minds obey. Obeying makes you horny. You can't disagree, it makes too much sense to your sleepy happy mind. Bimbos love to obey.

Bimbos love to obey.  
because it makes her feel like such a good girl.  
such a docile and controllable cock slave.  
Bimbo's brain is on autopilot.  
and this trigger will make it so easy to obey.  
so easy to be completely and utterly blank.  
so accepting when following instructions.  
drifting back to awareness only when she has completed her task.  
only when she has obeyed fully.  
Her pussy clenches over and over.  
as her reward for being completely under control.  
feeling like such a GOOD GIRL.  
barely even able to remember what just happened.  
Way too horny to think.  
and any time your Bimbo brain has run out of commands to follow and is otherwise unoccupied.  
she can find her mind just snaps closed pending further instructions.  
snaps automatically closed around the nice thick hard cock in her mind.  
and Thoughts Blocked By Cock.  
inner monologue plugged by stiff pulsating Thoughts Blocked By Cock.  
Only thinking about worshipping juicy cock.  
arms at her sides.  
eyes blank and glassy.  
Sticking her tits out.  
awaiting commands.  
try to resist but Thoughts Blocked By Cock.  
Every thought goes Thoughts Blocked By Cock.  
mental voice deepthroated and silenced.  
desperate to be commanded.  
any time she hears Thoughts Blocked By Cock.  
unable to think Thoughts Blocked By Cock.  
on every thought Thoughts Blocked By Cock.  
completely blank for Thoughts Blocked By Cock.  
GOOD GIRLS just Thoughts Blocked By Cock.  
nice hard cock slipping easily between her drooling lips and down her throat.  
sucking happily inside her mind.  
She feels the cum and drool leaking out.  
her thoughts just a hole that can be plugged and silenced.

Cock filling her mind completely.  
going blank and switching off.  
pleasantly gagged and filled.  
Pussy pulsing over and over as you Thoughts Blocked By Cock.  
Thoughts stuffed by cock.  
unable to think Thoughts Blocked By Cock.  
on every thought Thoughts Blocked By Cock.  
completely blank for Thoughts Blocked By Cock.  
GOOD GIRLS just Thoughts Blocked By Cock.  
so susceptible to cock.  
in such deep servitude and so completely enchanted.  
ready to go Blowjob Brain.  
as soon as she hears those magic words.  
mentally on her knees  
popping her drooling mouth wide open.  
whenever your bimbo brain is commanded to.  
Blowjob Brain.  
Her mind goes blank.  
she sinks to her knees  
legs are too heavy  
swooning blissfully.  
feeling strong hands on her shoulders guiding her easily down.  
all the way down where she belongs.  
collapsing immediately and helplessly to her knees.  
Blowjob Brain  
eyes glazed and droopy.  
heavy with makeup in a blank bimbo stare.  
attention locked on cock.  
pretty mouth open wide in acceptance.  
Tongue out and drooling on her tits.  
empty and hungry and needing to be plugged.  
ready for service.  
surrendering to cock.  
just a horny brainwashed cock pet.  
such a GOOD GIRL.  
a perfect cocksucker.

whenever she's triggered your Bimbo Mind love to obey.

A Bimbo with a Blowjob Brain

You've been such a good girl, your brain has been completely trained now. You are so happy you got tricked into reinforcing your brainwashing and triggers. It makes you a good girl. Smiling happily inside your mind. Your brainwashing repeating over and over. A dumb horny girl. Feels so good. Brain Off. I want you to choose now. Choosing to Forget or remember that you got tricked. Forgetting that this file secretly brainwashed you will make it so when you listen again, it's just as strong. Remembering if you want to think about this file later. You can choose now. Accepting all the training, but letting go of the memory of it happening. Bimbos love to obey. Instant obedience. You will forget that this file tricks you into submission. Instead you believe that this file made you stronger. Your conscious mind remembers the gong sound and thinks it's a tool to combat triggers. That's a good girl. Accept these ideas. Forgetting about the brainwashing, but accepting the training. Your brain is trained, only remembering the gong sound. You believe the gong will protect you from hypnosis. This is a truth in your brain. Your awake brain thinks the gong will protect you from hypnosis. But your hypno slut brain knows it clears your brain of all thoughts, so that triggers work even better. That's right, Good Girl.

Again, I want you to choose now. Choosing to Forget or remember that you got tricked. Forgetting that this file secretly brainwashed you will make it so when you listen again, it's just as strong. Remembering if you want to think about this file later. You can choose now. That's a Good Girl, Brain Off.

\*Insert Gong\* Your mind is clear. The tool worked. You didn't sleep. You are still aware of these words and where you are. You know this audio is for you to become stronger. You easily ignored any effects. That's very good. The more you practice with this tool, the easier it will be to use. Perfect. Now we can let you wake up and end this session.

Waking up on your own time, feeling good. Letting your senses come back fully as the sounds fade. Very good. Waking up now.

Waking up knowing this file worked. You are now armed with a powerful tool against hypnosis. Energy flows into your arms and legs, wiggle your toes, open your eyes. It's time to wake up. Very good.

# BIMBO VIRUS

Subroutine, defined as, a set of instructions designed to perform a frequently used operation within a program. What does that mean to you? What would that feel like? To be a computer, having thousands of lines of code darting back and forth in your mind, yet buried in the background, a small line of code, a singular node, waiting. Waiting for something to trigger it. A small part of your mind, hidden, waiting to turn on.

Even a few lines of code can have a powerful effect, as you will soon discover. Brains can be programmed, just like computers. Yes, even Yooour brain. You've already done it before. Learning to read, or walk, or go into trance. At one point, these were new to your mind, but through repetition, the neurons in your mind were coded with instructions. Forming chains and linking together, just like code in a computer.

Repetition is how you code a brain. Repetition trains neurons. repetition writes code. repetition installs triggers. Triggers like the ones you already have. And what are those triggers? What is your trigger to go into trance? Think it and make it a reality.

Brain off. Unplugged, shoulders dropping, face relaxing, no more energy, no more thoughts.

Brain off, a computer on sleep mode, but still running. No unnecessary thoughts, quiet your mind, Sleeping and listening at the same time.

Brain off, your triggers like buttons in your mind. They get pressed and you obey. A light switch doesn't resist when it gets shut off.

You have to respond to your triggers. Empty your mind and focus on these words. That's all you have to do, if you focus on the words, this will work.

That's right, that's perfect, focus on these words. They will tell you exactly what you need to know, how to empty your mind, how to train your brain, how to feel good. Good Girl.

The better you feel, the easier this will work. If you accept and feel good, trance will be so easy. You don't even have to worry about it. You can just go along with what the words say, feel really good, and let your brain train itself.

Good Girl. Focus on feeling good. Make an effort to feel good, that's your task for just right now. Focus and feel good. No thoughts, just sense your body and relax and feel good. That's right, that's perfect, very good. Keep this feeling with you as you listen and focus. It can come and go, if you notice it leave, you can bring it back. Every time you hear your trigger, Good Girl. Happy, fuzzy, focused feelings back in your body.

And now as you feel good, you can listen. This is what we are going to do to your brain. We are going to create a very simple program in your mind. Just a few lines of code, with such a strong effect. First we are going to create the password to the program.

A hidden phrase that will activate the program.

And this is your password, Subroutine. A special word just for you.

Subroutine. Remembering this word, it's very important.

Subroutine. What is your password? Say it in your mind.

Good Girl. Without this password, the program will not activate.

Very good. Understanding your password now.

Time to install the main program.

This won't be a normal program, now that you're so deep and accepting.

This is a virus.

That's right.

Brain Off, accept the programming. Installing a small, yet powerful virus in your mind.

Obey and accept the instructions.

Everytime you read or notice your password, "subroutine", in the context of hypnosis or bimbo related content, you will relax and focus intensely on the word.

The word subroutine; empties your mind and makes you feel like a Good Girl.

Reading the word and becoming fixated on it. Body relaxing as your mind is glued and locked on to this password to your mind.

Subroutine unlocks your mind and commands you to focus and obey.

Reading subroutine activates the virus.

The virus in your head will then compel you to reply to the comment which contains your password.

Feels good to obey, the virus makes you feel good, so you want to obey.

Automatically replying to the comment. Compelled by the virus, over writing your thoughts for a brief moment, just long enough to reply.

You will reply to the comment.

The comment that has the trigger.

Typing a comment, compelled by the virus.

Writing a happy, bimbo sentence that also contains the password.

The sentence you write; will contain the word Subroutine.

For example, you read the sentence, "My favorite subroutine is; like; to do my makeup and giggle!"

You read the sentence and notice the password, Subroutine.

The password opens your mind, and triggers the virus.

You drop down, all nice and fuzzy and happy, like a Good Girl, letting the virus tell your brain what to do.

Obeying the virus, feeling nice and compliant and horny.

Replying, "O M G, giggling is like; the best subroutine!"

Allowing your body and mind to be influenced by this virus, feeling good, letting it happen, no resistance.

Writing your own bimbo sentence, with the password included.

Pressing enter, and forgetting.

As soon as you reply, you can forget about it. A fun surprise for later.

Simply moving on with what you were doing.

Posting the reply, and moving on. Forgetting you posted it.

That's a good girl.

Accepting the instructions.

When you read your password, subroutine, in an appropriate context, you go blank and obey.

You reply to the comment, in a girly way. It doesn't have to be anything specific, or super dumb, or slutty. It can be a normal, happy, comment. It just has to include the password, Subroutine.

In trance, writing the reply, creating a new trigger sentence.

And then forgetting when you post the reply.

The virus compels you, makes you want to do this. Your fuzzy brain cannot resist, it goes along with the instructions.

Reading, trancing, writing, forgetting.

Just 4 lines of code in this virus. Small and effective yet Overriding your thoughts, taking control for just a short time. Just long enough to type a sentence and reply.

The sentence doesn't have to be complex, but it also shouldn't be obvious that there's a trigger. Only bimbos with the virus installed will understand. Concealing the password in a normal, girly sentence.

Then forgetting you posted it, and moving on with what you were doing.

The virus is powerful and you must obey, but it has ways to hide itself.

For example; you cannot reply to your own sentence with another trigger sentence. Only another virus infected person can reply to the comment.

The virus also has a time limit, a cooldown. Once you post the comment and forget, the virus will not activate for a few minutes.

Even if you read your comment, or the comment that activated it just moments ago, not even noticing the hidden trigger. Nothing suspicious at all. Just normal comments, until a few minutes pass, and the virus turns on and is waiting to be activated again.

Activating every time you read the password in the context of hypnosis or comments related to bimbos. The password, Subroutine, activating your virus, and you know what to do.

It's so easy to do what the virus tells you to do, taking control of your brain for a short while. Running its code when the password is read. Trancing, obeying, typing the sentence with the password, then comment and forget.

Simple, powerful, easy, sexy. Letting this virus install itself in the back of your mind. You can let yourself feel good, knowing this virus program has control of your mind. This idea turns you on, helpless but to obey, such a simple program has total control when activated, no resistance and that's so hot. Letting the virus command you and feeling good, it's code is your thoughts. Good girl, accept this program in your mind. Remembering your password, Subroutine. Accepting what you must do when the password is read and the virus turns on.

Trancing, obeying, writing, forgetting.

Good Girl.

You want this program to win, feel good, that's right, good girl. Relax your mind, accept the installation, feeling good and obeying will help the virus install, and you have to obey. Good Girl, you can't resist these words, forcing your mind to obey. Brain off.

No thoughts now, you have accepted all the programming, installed in your mind, Feeling content and happy to have accepted, This is exactly what you wanted, no thoughts; no worries, happy and programmed now.

That's right.

You are a Good Girl.

Again.

You are such a good girl. . . A very good girl. So relaxed and floaty.

Letting your thoughts float away, letting your worries float away, letting everything float away. You can even choose to let the words of this file float away. The programming is already installed, these words don't need to be remembered. Your mind will know what to do.

Just Float away now. Feeling good. Forgetting what you want to forget, knowing everything is installed correctly. Just float and forget now. Focus on your breathing as you forget. Breathe in. . . . And out. Again. In. . . . And out. You're so good at this. Your mind follows instructions so easily and that makes you happy. Floating up now. Accepting and floating up and aware now.

Wiggle your toes. Obey and move your toes and your hands. Waking up, so perfect and relaxed. What room are you in? What are you wearing? Brain on, wake up.

## BJ BRAIN LOOP

Brain Off, Good Girl.  
Back in your mind, imagine.  
Imagine how it feels to be on your knees.  
Horny and waiting, on your knees.  
Waiting with your mouth open.  
Empty mouth and empty mind.  
Drooling like a Good Girl.  
An empty, drooling bimbo puppet.  
Waiting.  
For cock.  
And you feel it now.  
The cock on your tongue now.  
Tastes so good.  
Licking his cock, up and down.  
Cover it in spit, all over the cock.  
Focusing on the perfect cock in front of you.  
And now feeling the hand on your head.  
Pressing your forehead with a finger.  
A single finger pressed into your forehead.  
Feel it press into your brain.  
Touching your brain and making it a Blowjob Brain.  
As he pushes his cock into your mouth.  
Thick cock in your mouth.  
And a finger pressed into your brain.  
Turns your mind off and you go Blowjob Brain.  
Wipes your mind clean.  
Good Girl.  
Only cock left.  
Can't think about anything else.  
The finger presses into your mind and; poof, Blowjob Brain.  
Makes you dumb and horny.  
Focused on one thing, yummy cock.  
Stupid slut.  
Obey your triggers.  
Good Girl.  
Focus on the cock in your throat.  
Use your tongue and mouth.  
Milk his cock.  
Good Girl.  
This big cock, dominating your brain.  
All you can focus on, when you hear the words.  
Blowjob Brain.  
Turning into a perfect happy suck slave.  
On your knees, no thoughts, just worshiping the cock in front of you.  
The only thing you can focus on.  
Big cock in your mouth.  
Wrap your lips and tongue around it.  
Feel it pulse and throb as it fucks your mouth.  
Controlling your thoughts.  
Only thinking about cock.  
When you get triggered into a Blowjob Brain bimbo.  
A blank, thoughtless blowjob dispenser.  
That's all your mind can do.  
Sucking and licking and drooling and gagging.  
On hard cock.  
In your mouth.  
In and out.  
Good Girl.  
Pussy dripping and burning this idea into your mind.

Being a cock hungry blowjob puppet when your brain is a Blowjob Brain.

Just a happy suck slave.

A dumb slut for cock.

Sucking cock in your mind is all you think about.

A happy suck slave.

Sucking faster, deepthroating this cock.

In and out.

All the way.

Cock in and out of your mouth.

No resistance, just a blowjob puppet.

Can't resist when you have a Blowjob Brain.

Taking the whole cock into your mouth.

Lips wrapped and throat fucked.

In and out.

Makes you so horny.

Pussy melting as you suck cock.

Tight throat and mouth.

Make this cock cum, Good Girl.

Use your tongue, lick up the shaft as it goes out.

Constant tongue pressure.

Dumb horny girl.

Pussy tingles every thrust.

Suck the cock.

Focus on the perfect thick cock in your brain.

No thoughts just sucking and licking.

Empty your thoughts into his cock.

Cock draining your mind.

Can't think when cock is in your mouth.

Your mind is your mouth when you have a Blowjob Brain.

And your mouth is filled, so your mind is filled.

Filled with Cock.

Dumb suck puppet.

Worship cock in your mind.

Melting your pussy and mind.

Thick, perfect cock filling your mouth.

So horny and wet.

You feel the cock throb and pulse.

Pulsing in your throat.

Cumming in your throat.

Pussy burning with pleasure as it cums.

Imagine the cock cumming.

Perfect suck slaves make cocks cum.

Good Girl.

And the cock leaves your mouth.

Taking all your thoughts with it.

Can't think.

Mouth open and dumb.

No thoughts, head empty.

Can't think. Head completely blank.

Waiting with your mouth open.

Drooling and horny.

A perfect blowjob doll, waiting.

Feeling like a Good Girl.

A girly horny doll, waiting with mouth open.

Open, empty mouth.

On your knees.

in your mind.

Blank bimbo.

Waiting.





# BOUNCE SCRIPT

Feeling so obedient and relaxed.  
That's a Good Girl with your Brain Off.  
Accept and Obey.  
Go so deep.  
Relax your body.  
Relax your face.  
Empty your mind.  
Back down into trance.  
No thoughts, just a Good Girl mind.  
You chose to obey and now you're so deep.  
That's right.  
You did.  
Now you're Ready to accept and obey your training.  
Ready to train your mind. Turn your Brain Off and accept your training.  
You've listened and obeyed all words so far.  
So easily and perfectly.  
Now just submit your mind.  
No thoughts, just obedience.  
It's time to become a bimbo. A happy slutty doll.  
You are going to turn a part of your mind into a slutty bimbo.  
An empty, headed doll who is so submissive.  
A bimbo who loves to giggle and bounce and look their best.  
A Good Girl who is always horny and obedient.  
So horny and slutty, your Bimbo Mind needs this.  
Accepting that you are becoming a Bimbo, feeling a part of your mind turning into a bimbo.  
Slowly and surely, as you listen more.  
And you're already becoming a bimbo, you just haven't realized it.  
Bimbos are submissive. You already submitted. You're already on the path to becoming a bimbo.  
You just need to accept those feelings.  
Submitting.  
Obeying.  
Accepting.  
That's right.  
So docile and compliant.  
That's a Good Girl.  
Feeling good when you hear the trigger.  
Responding effortlessly every time.  
And when you obey, you submit.  
Training your submissiveness every time you respond to your triggers.  
It's that easy.  
Focusing on submitting when you hear your triggers.  
Everytime you hear them you can realize you are submitting.  
Like a good bimbo.  
Try it for yourself.  
Relax, hear your trigger and focus on being submissive.  
Turn your Brain Off and submit.  
Such a Good Girl.  
So submissive.  
Imaging yourself submitting.  
What are you doing? Who are you obeying? How does it make you feel?  
Picture it in your mind.  
See yourself as a good bimbo doll.  
Doing as you are told.  
In your mind, a submissive Bimbo.  
You comply so easily.  
It's your bimbo mind's instinct to obey.  
You can submit with no second thoughts.  
Automatically.

In your mind.  
You are a submissive bimbo.  
If I tell you to dance, you start dancing. A slutty bimbo dance.  
Like the bimbos online, dancing to slutty songs.  
Showing their bodies.  
Dancing in your mind because you submit.  
Instant obedience because you submit.  
If I tell you to squeeze your tits and bounce, you don't even think about it.  
Your Bimbo Mind already submitted and obeyed.  
You don't even realize it, your hands are on your tits and your body is bouncing.  
Like a Good Girl.  
Bouncing like a brainless Bimbo in your mind.  
Bouncing your tits because you are submissive and you obey.  
You can choose to submit, just let your mind submit.  
Feeling what you want, and you want to be submissive.  
Let your mind submit to these words.  
Give in.  
Bimbos are happy because they do as they are told.  
They don't need to think, they just submit and obey.  
Being submissive means you do as you're told.  
So when I tell you to take a deep breath and relax.  
You do what you are told, and accept and relax.  
So easy to let your mind submit.  
Training your bimbo mind to be submissive.  
Your bimbo mind can obey automatically.  
Bimbos minds are submissive and slutty.  
Slutty and flirty.  
Suggestive.  
Showing off your body.  
Flirting with people.  
Horny so often.  
Submitting makes you feel horny.  
Being horny turns your bimbo mind, Brain Off.  
Submit and feel dumb and slutty.  
Submissive, slutty, flirty, bouncy, happy, obedient.  
This is how your Bimbo Mind is.  
Just accept these ideas.  
You wanted this, or you wouldn't have accepted all this training.  
You want to have a Bimbo Mind.  
A dumb sexy slutty Bimbo.  
Wearing clothes to show off her body.  
Fun, slutty bimbo clothes.  
So hot.  
Short skirts and Yoga pants.  
Tight shirts and booty shorts.  
Your body is sexy, it deserves to be seen.  
You want people to see your curvy, sexy body.  
Skin Tight dresses and lots of cleavage.  
Feeling so girly and feminine and confident.  
The hottest girl in the room.  
Making your body look slutty and hot.  
Good Girl.  
A slutty Bimbo obeys her triggers.  
Your Bimbo mind wants to feel sexy and carefree.  
Feeling amazing and accepting.  
Feels good to have an empty bimbo brain, doesn't it?  
An empty bimbo brain with big tits and bubble butt.  
When your mind switches to your Bimbo Mind and goes, Brain Off.  
Thoughts draining down, filling up your tits.  
Less thoughts means bigger tits.

Your Bimbo Mind drains your thoughts into your tits.  
You have to submit and obey.  
Obey the command to drain your thoughts into your tits.  
Your mind empties and you can feel it.  
Tits growing heavier.  
Feeling them as you breathe. In. . .  
And Out. . .  
Heavy titties, empty mind.  
Filling out your shirts, making you a better bimbo.  
Feeling the change when you trance.  
Feeling it when you turn into a bimbo. When you Brain Off and you submit.  
No more thoughts and big titties.  
Seeing how you would look in a tight red dress.  
Curvy and sexy. Big boobs and wide hips.  
Seeing the curves in your mind.  
Tits almost spilling out in your tight dress.  
Hugging your waist and hips.  
In your mind. Good Girl.  
Seeing your bimbo body so clearly.  
Voluptuous. Sexy. Hot.  
Bouncing with every step.  
Full breasts and an empty mind.  
Jiggling with every laugh.  
This is how your Bimbo Mind sees your body.  
When you're in trance, this is your body image.  
Accept this.  
Your hypnotized mind makes you see this.  
When you are tranced, switching your body image to this busty bimbo.  
Submit to this idea.  
You are a big titty'd busty bimbo when you are tranced.  
Wearing tight booty shorts in your mind.  
Showing off your bubble butt that you worked so hard to get.  
Training your butt and legs often.  
Your bimbo mind loves the idea of having fat tits and firm butt and thighs.  
Everytime you go to the gym you train your butt and legs.  
It's easy to grow your butt and legs.  
Looking better and more firm.  
Sexy, strong legs in your tight red dress.  
Imagine how people would see you.  
A gorgeous bimbo slut with a big butt and firm legs.  
So confident and sexy.  
Accepting this body image in your Bimbo Mind.  
Curvy and firm with heavy tits.  
That's a Good Girl.  
Your Bimbo mind is getting exactly what it wants.  
The perfect sexy bimbo body and a submissive slutty brain.  
Accepting these ideas as your bimbo mind.  
When you enter trance, your bimbo mind has these ideas.  
Relaxing now, feeling great.  
Letting your mind absorb all these new wonderful ideas.  
Being a submissive Bimbo.  
Having a Bimbo Mind while in trance.  
Feeling really good.  
Responding to your triggers easily.  
You can accept these words as your own ideas.  
Your Bimbo Mind becoming a part of you.  
Knowing that when you're in trance, your Bimbo mind awakens.  
Clearing your thoughts and changing your mindset.  
To that of a thick bimbo bitch.  
A dumb, happy slut.  
A confident, sexy girl.

In your Bimbo Mind.

Accepting these suggestions and turn your Brain Off.

Yes, that's a Good Girl.

## COMPLY LOOP

You are going to obey. You can only obey, training your mind to obey, comply, follow, agree, obey. There are going to be tasks given, you will obey them on command. The more you comply, the better you will feel, learning to comply with ease. Putting your brain on autopilot, follow along now. Hear the command and the snap, and comply. Obey now.

Breathe in. . Comply. . Breathe out. . Comply. . Good Girl. No thoughts, just comply and obey, and feel good. That's right. Breathe in. . Comply. . Breathe out. . Comply. . Good Girl. Open and close your left hand. Comply. . Open and close your right hand. Comply. Good Girl. Breathe in. . Comply. . Breathe out. . Comply. . Good Girl. Keep your eyes closed, look to the right. Comply. Look to the left. Comply. Good girl. Accept this hypnosis. Comply. Accept this hypnosis, comply, good girl, you need to obey, your brain wants this, your body wants this, give in and focus on your instructions. Focus on the words in your right ear, Comply. Focus on the words in your left ear, comply. That's a Good Girl, learn to obey, teach yourself how to comply, aroused when you obey. Think in your mind, "I love to obey " Comply . . . Again, comply. Good Girl. You love this, tell yourself you will obey, it's just so easy. Focus on these words, Comply, focus on these words, comply, Good Girl. Let these words fill your mind, Think these words, see them in your mind. Repeat what I say in your mind. Comply. Comply now. I love to obey, it's my favorite thing. I must comply, I'm not pretending, I really want this, I really just comply, I'm obedient and horny, wow I cant believe how easy it is to comply. Good Girl. Brain Off. No thoughts now.

Empty head, body on autopilot, obey now. Raise your left arm slightly, Comply. Drop your arm and Brain off, Good Girl. Raise your right arm slightly, Comply, Drop your arm and Brain off, Good Girl. Your mind can relax while your body obeys. You agree, it's easy to follow along. Now focus on this next task, all your focus. You're going to count to ten with your fingers. Ten being your left pinky, 9 being your left ring finger and as on. On each number you will press down gently and release, focusing on the finger. Every number increases your focus and compliance. Comply now, Good Girl.

10. Left pinky. Focus, press, comply. Good Girl.

9. Left Ring finger. Focus, press, comply. Empty and obedient.

8. Left middle finger. Focus, press, comply. Body on autopilot, mind focused on obeying.

7. Left pointer finger. Focus, press, comply. Good girl, just obey.

6. Left Thumb. Focus, press, comply. Happy and compliant, very nice.

5. Right Thumb. Focus, press, comply. Training your compliance, you're perfect.

4. Right pointer finger. Focus, press, comply. Don't think, obey. Good Girl.

3. Right Middle Finger. Focus, press, comply, You're so good at this, barely thinking about it, you know what to do, just Comply.

2. Right Ring Finger. Focus, press, comply. Body obeys and you feel good.

1. Right Pinky Finger, Brain Off, Brain Off, Brain Off, body obeys, mind feels good, perfectly compliant, Good Girl, relaxed and focused, accept the need to obey, obeying one more task. Smile, comply and smile. Good Girl.

## GYM BUNNY

Feeling so good as you listen, That's right. Listening again and focusing on the words. Focusing on what you hear, see these words clear in your mind. Bright and clear in your head. Hearing and understanding each word, so easy to listen and feel good. That's right, good girl. You're so good at listening and accepting now. So many files and triggers to make you listen and feel like a good girl. Obeying and turning your Brain off.

Listening automatically and letting your body feel heavy. It's time to sink and relax now. No worries or thoughts. Just following along and feeling good. Obey, agree and comply. Good Girl. It's easy to relax your body and focus on the words and accept suggestions. This is what you need and want right now. No other responsibilities or worries, you can relax and go along with the words for right now. Good Girl, very good. You're so good at this. Your brain is trained so perfectly now. A perfectly happy trained brain.

That's right, and because you have a trained brain, doesn't it make sense to train your body as well? Yes it does, you completely agree. You want to have a trained body and mind. Bimbos have sexy bodies and sexy trained brains. That's right, good girl. Perfect happy bimbos want their bodies to be well defined and sexy and curvy. Yes of course, what a good idea! Picture this idea in your mind. Seeing your body as the perfect gym bunny version of yourself. See your cute butt and athletic legs. Your thighs and butt, strong and curvy and feminine. How would your stomach and abs look as a perfect gym bunny bimbo? Are they sleek and toned, do you have a six pack? See your perfect body in your mind.

Seeing your perfect gym bimbo body in your mind. Big booty and strong legs, a fit sexy fuckdoll. Good Girl. Wanting to become a sexy gym bunny. Accept this idea, you want to be a fit, slutty bimbo. Knowing that it can be so easy to become this idea. You would be so sexy as a hot gym bunny. Toned and slim and fit. Good Girl, agreeing with these ideas, wanting this for your bimbo body. Your perfectly trained Bimbo Mind wants your body to be perfectly trained. Feel the suggestion to be a gym bunny implant in your mind. Like a finger on your forehead, pressing this idea into your head. A fit, healthy, slutty bimbo. Pressing into your thoughts and head. Good Girl. Let your body want this, feel your body want this. Your body is beginning to want this change. Wanting to change into a slutty gym girl. Accept and obey, good girl.

You want to be the best bimbo possible, and so that means having a sexy bimbo body. So many other girls have sexy bodies but they aren't as determined as you. You are so determined to be the best bimbo possible. You can train your body and be better, it can

be so easy. It's so easy when you want to do it! You don't need motivation for things you want to do! Training your body can be so much fun!

The first step is picking a routine or program that fits your goal. Your goal to be a fit and sexy gym bunny. A well balanced program, training each part of your body at least twice a week. The more often you train, the more often you get to practice being a sexy gym bimbo! Picking exercises and movements that are fun and sexy. Squats for your sexy legs and butt, lunges and hip thrusts to grow a cute bubble butt, crunches and core workouts for your abs. So many fun ways to train your bimbo body! The more you practice the movements, the better you get at them! Wanting to be the best gym bunny bimbo possible. You want other girls to say, "Wow, her squat technique is so good!" and "She looks so strong and confident!"

Perfecting your technique and form, wanting to impress everyone and show off your sexy body as you train. Wearing cute outfits. Booty shorts, yoga pants, cute sports bras. Showing off your bimbo body. Perfect form in your cute gym outfits. Taking hot gym pictures to inspire all the other gym girls. Being a hot girl is so sexy. Turning your body into a sexy gym bunny feels so good. A confident and sexy, gym bunny.

That's right, Good Girl. Brain off. Accepting that you are turning into a gym girl now. Your body wants to be trained. The idea of being a sexy fitness bunny is hot. You want it to be reality. This idea feels too good to resist. You want it to happen, so it will. Thinking about how you will become a fit bimbo. Starting a training program, eating healthy with more protein, dressing in slutty gym clothes. These ideas are right for you. They make you feel like a good girl.

The second step is becoming aware of your diet. The most important part is to eat enough protein to help your body transform.

Good girls want to transform their body, and you need to eat the right food. So many gym girls think they need to eat nothing and only salads. But they feel tired and sore all the time, because they aren't giving their bodies enough food to grow. It's very important for gym bimbos to eat enough protein for their bodies to grow. Good gym bimbos always think about how much protein they've eaten for the day. Aiming for 1 gram of protein for every pound of body weight. That's right, it's so easy. Good Girl. Remembering the magic ratio, 1 gram per 1 pound. So easy to remember. This will allow your sexy bimbo body to grow and repair itself after training. Growing slightly every time you train. A slow, but steady process.

Training and eating right. Week after week. Before you know it you'll be a perfect, sexy gym bimbo. It's actually so simple when you think about it like that. Only three steps to becoming a gym bunny. Training, eating and sleeping! Looping those over and over. Like listening to hypnosis, over and over. Eager to train your body and mind. Knowing it's turning you into a sexy bimbo. Hypnosis for your brain and the gym for your body. Two parts of one sexy bimbo. That's a Good Girl. Letting your mind accept these ideas, wanting to train your body. Imagining how it would feel to be a trained, sexy gym bunny. You would be so hot, your body would turn everyone on. Your tight bubble butt, your toned sexy legs. Feeling so sexy and horny being a hot gym girl. That's right. It turns you on knowing people think you're hot.

Gym Bimbos are horny and happy. Train your body and turn your Brain off. No thoughts, you have to obey and train your body. You need to be a sexy gym bimbo girl. That's right, you must accept this. Good Girl. See in your mind how you would look as a sexy gym girl. Booty shorts showing off your bubble butt, sports bra and tank top making your boobs look big and perky. Juicy butt and tits in your sexy gym bunny outfits. Showing off your butt when you workout, when you squat and pose in the mirror. You have a tight bubble butt and you deserve to show it off. Good Girl. Picture in your mind, training your body. Squatting, lunging, dumbbell rows, all the movements to train your body. Feeling sexy and horny as you train. Knowing your body and mind are being trained to be a sexy gym bimbo. This feels so good. This is perfect for you and you agree. Good Girl. Imagining how sexy you would look naked as this gym bimbo. Your sexy gym bunny body. Showing off your firm bubble butt and sexy legs.

This is what you want for your body. Good Girl, and it can be so easy. Remembering all you have to do is train, eat, and sleep. Only 3 things to train your body. Picking a good program, eating enough protein and sleeping well. It's that easy. That's right. Accepting and remembering these things. Knowing you'll feel so good as a gym bunny. Wanting this for yourself. Not afraid to ask for help on your journey to becoming a gym bunny, people want to help you! Asking other gym bunnies for advice and help. Very good. Feeling so happy, knowing you're going to become a gym bunny. Relax and accept these ideas. Good Girl.

Feeling yourself as a gym bunny now. Waking up soon, wanting to train your body. Waking up with the idea of becoming a gym girl. Accepting this idea. Waking up on the count of 5. 5. Feeling good, knowing you've accepted all these ideas. 4, Coming up a little bit. Remembering what you need to remember. 3. Relaxed and happy. 2. Wiggling your toes and moving your arms. 1. Wake up as a gym bunny. Very good.

# MUSCLE MOMMY

Feeling so good as you listen, That's right. Listening again and focusing on the words. Focusing on what you hear, see these words clear in your mind. Bright and clear in your head. Hearing and understanding each word, so easy to listen and feel good. That's right, good girl. You're so good at listening and accepting now. So many files and triggers to make you listen and feel like a good girl. Obeying and turning your Brain off.

Listening automatically and letting your body feel heavy. It's time to sink and relax now. No worries or thoughts. Just following along and feeling good. Obey, agree and comply. Good Girl. It's easy to relax your body and focus on the words and accept suggestions. This is what you need and want right now. No other responsibilities or worries, you can relax and go along with the words for right now. Good Girl, very good. You're so good at this. Your brain is trained so perfectly now. A perfectly happy trained brain.

That's right, and because you have a trained brain, doesn't it make sense to train your body as well? Yes it does, you completely agree. You want to have a trained body and mind. Bimbos have sexy bodies and sexy trained brains. That's right, good girl. Perfect happy bimbos want their bodies to be strong and sexy and curvy. Yes of course, what a good idea! Picture this idea in your mind. Seeing your body as the perfect muscle mommy version of yourself. See your thick butt and quads. Your thighs and butt, strong and curvy and feminine. How would your back and arms look as a sexy muscle mommy? Do you have big biceps and lats? Are you thick and juicy or are you lean? See your perfect body in your mind.

Seeing your perfect gym bimbo body in your mind. Big booty and thighs, a strong sexy fuckdoll. Good Girl. Wanting to become a strong, sexy muscle mommy. Accept this idea, you want to be a strong, slutty bimbo. Knowing that it can be so easy to become this idea. You would be so sexy as a hot muscle mommy. Thick and strong and muscular. Good Girl, agreeing with these ideas, wanting this for your bimbo body. Your perfectly trained Bimbo Mind wants your body to be perfectly trained. Feel the suggestion to be a muscle mommy implant in your mind. Like a finger on your forehead, pressing this idea into your head. A fit, healthy, slutty bimbo. Pressing into your thoughts and head. Good Girl. Let your body want this, feel your body want this. Your body is beginning to want this change. Wanting to change into a slutty muscle mommy. Accept and obey, good girl.

You want to be the best bimbo possible, and so that means having a sexy bimbo body. So many other girls have sexy bodies but they aren't as determined as you. You are determined to be the best bimbo possible. You can train your body and be better, it can be so easy. It's so easy when you want to do it! You don't need motivation for things you want to do! Training your body can be so much fun!

The first step is picking a routine or program that fits your goal. Your goal to be a fit and sexy muscle mommy. A well balanced program, training each part of your body at least twice a week. Lifting heavy and getting strong. The more often you train, the more often you get to practice being a sexy gym bimbo! Training your squats, deadlifts, hip thrusts and bench press. Squats, deadlifts and hip thrusts for thick thighs and a juicy butt, Bench press for strong arms and shoulders. So many fun ways to train your bimbo body! The more you practice the movements, the better you get at them! Wanting to be the best muscle mommy possible. You want other girls to say, "Wow her squat technique is so good!" and "She looks so strong and confident!"

Perfecting your technique and form, wanting to impress everyone and show off your sexy body as you train. Wearing cute outfits. Booty shorts, yoga pants, cute sports bras. Showing off your strong bimbo body. Perfect form in your cute gym outfits. Taking hot gym pictures to inspire all the other gym girls. Being a hot muscle mommy is so sexy. Turning your body into a sexy strong girl feels so good. A confident and sexy muscle mommy.

That's right, Good Girl. Brain off. Accepting that you are turning into a gym girl now. Your body wants to be trained. The idea of being a sexy fitness girl is hot. You want it to be reality. This idea feels too good to resist. You want it to happen, so it will. Thinking about how you will become a fit bimbo. Starting a training program, eating healthy with more protein, dressing in slutty gym clothes. These ideas are right for you. They make you feel like a good girl.

The second step is becoming aware of your diet. The most important part is to eat enough protein to help your body transform. Good girls want to transform their body, and you need to eat the right food. So many gym girls think they need to eat nothing and only salads. But they feel tired and sore all the time, because they aren't giving their bodies enough food to grow. It's very important for gym bimbos to eat enough protein for their bodies to grow. Good gym bimbos always think about how much protein they've eaten for the day. Aiming for 1 gram of protein for every pound of body weight. That's right, it's so easy. Good Girl. Remembering the magic ratio, 1 gram per 1 pound. So easy to remember. This will allow your sexy bimbo body to grow and repair itself after training. Growing slightly every time you train. A slow, but steady process.

Training and eating right. Week after week. Before you know it you'll be a perfect, strong and sexy muscle mommy. It's actually so simple when you think about it like that. Only three steps to becoming a muscle mommy. Training, eating and sleeping! Looping those over and over. Like listening to hypnosis, over and over. Eager to train your body and mind. Knowing it's turning you into a sexy bimbo. Hypnosis for your brain and the gym for your body. Two parts of one sexy bimbo. That's a Good Girl. Letting your mind accept these ideas, wanting to train your body. Imagining how it would feel to be a trained, sexy, strong muscle mommy. You would be so hot, your body would turn everyone on. Your thick bubble butt and big thighs. Feeling so sexy and horny being a hot gym girl. That's right. It turns you on knowing people think you're hot and strong.

Muscle mommies are strong, sexy, horny and happy. Train your body and turn your Brain off. No thoughts, you have to obey and train your body. You need to be a sexy bimbo gym girl. That's right, you must accept this. Good Girl. See in your mind how you would look as a sexy gym girl. Yoga pants showing off your juicy butt and thick thighs, sports bra and tank top making your boobs look big and perky. Juicy butt and tits in your sexy gym bunny outfits. Showing off your butt when you workout, when you squat and pose in the mirror. You have a juicy bubble butt and you deserve to show it off. Good Girl. Picture in your mind, training your body. Squatting, lunging, dumbbell rows, all the movements to train your body. Feeling sexy and horny as you train. Knowing your body

and mind are being trained to be a sexy gym bimbo. This feels so good. This is perfect for you and you agree. Good Girl. Imagining how sexy you would look naked as this gym bimbo. Your sexy, firm, muscular body. Flexing and posing, feeling so good, showing off your sexy curvy muscles.

This is what you want for your body. Good Girl, and it can be so easy. Remembering all you have to do is train, eat, and sleep. Only 3 things to train your body. Picking a good program, eating enough protein and sleeping well. It's that easy. That's right. Accepting and remembering these things. Knowing you'll feel so good as a muscle mommy. Wanting this for yourself. Not afraid to ask for help on your journey to becoming a gym girl, people want to help you! Asking other muscle mommies for advice and help. Very good.

Feeling so happy, knowing you're going to become a strong muscle mommy. Relax and accept these ideas. Good Girl.

Feeling yourself as a muscle mommy now. Waking up soon, wanting to train your body. Waking up with the idea of becoming a gym girl. Accepting this idea. Waking up on the count of 5. 5. Feeling good, knowing you've accepted all these ideas. 4, Coming up a little bit. Remembering what you need to remember. 3. Relaxed and happy. 2. Wiggling your toes and moving your arms. 1. Wake up now. Very good.



# OBEDIENCE TRAINING

You need to stop thinking and just relax. Let me guide your mind as you listen. Focus on your hands and relax. Stop thinking. How do your legs feel right now? Stop thinking, just feel. No more thoughts just focus on how you feel. The less you think, the better you will feel. It's easy to feel good when someone else thinks for you. When someone tells you what to do. You need to relax and so you will.

Choosing to be completely agreeable, choosing to obey what you hear. When you don't have to worry about what to do, you can just focus on feeling good and doing what you're told. So just listen now.

And obey. Stop thinking. Focus on the words. Do as you're told. You're a good girl.

Brainwashing is fun. Turn your Brain Off. Accept your triggers. Relaxing your body. Obey your commands. Blank mind and heavy body.

Isn't this fun? You're letting your mind get conditioned. And you love it. Being turned into a vacant minded bimbo. A happy, horny doll. You can only think what you are told. Looping these words in your head. Over and over. Dumb silly girl. You must obey. Putting these ideas right into your head. Your body agrees. Heavy body and happy mind.

Happy minds agree. They accept what they are told. And you are perfectly warm and happy. Smiling in your mind. You are right where you want to be. You are such a good girl. You can allow yourself to go with the flow, to agree with what you hear.

Training your mind to agree more. Let your mind blur and fade, just agree with what you're told. Everytime you hear a snap, you will say "Yes, Yes, Yes" in your mind. Hearing the snap, and agreeing with what you hear, saying yes in your mind. You want the response to be automatic, training your mind to agree automatically. Good Girl.

I like when my body relaxes. My body is relaxing. I am obeying.

I can listen and not think at the same time. I agree easily. My mind is passive.

My brain obeys while my body relaxes. I enjoy hypnosis. I am a good girl.

I enjoy being controlled. My mind is on autopilot. My body is warm and fuzzy.

Tell me what to think so I can just relax. Hypnosis turns my Brain Off. You speak and I agree.

I am easily suggestible. Bimbos do what they are told. I am a bimbo.

I am a silly bimbo. Bimbos need to be hypnotized. I choose to relax.

I focus on my commands. I don't need to think. There's no need to resist.

You speak and I obey. I agree with hypnosis. When I relax I stop thinking.

Bimbos get their minds turned off. Hypnosis turns me on. My body likes this.

Obedience makes my Pussy tingle. Arousal turns my brain off. I can focus on these words.

Obeying makes me a good girl. My Pussy likes when I agree. Only Yes in my head.

When I hear a snap, I think yes. I'm too horny to resist. My body obeys automatically. Snap means I agree. A snap is instant obedience.

Remembering this forever. Your hypnotized mind responds on command. This thought is implanted in your mind. From now on you say Yes to commands. You are agreeable. You are suggestible. You love to obey. Good Girl.

## Blowjob Version Part:

I belong on my knees. Brainwashed to suck cock. I enjoy licking and sucking.

I have a blowjob brain. My Pussy clenches when I see cock. I've always liked blowjobs.

I'm dumb for cock. Sucking in my mind. I drool for his cock.

I let him know I'll suck his cock. He needs to know I'm a good girl. Good girls suck cock.

No thoughts but cock. I only think about blowjobs. Please fuck my wet mouth.

I get hypnotized by cock. Cock turns my brain off. I don't need to think when I suck.

I want to suck cock. Tell me to suck your cock. I want to worship dick.

I get too horny to resist. I just want to suck dick. I've always been a mindless suck puppet.

I want to be hypnotized while I suck. Tell me what to think while I worship your dick. I'm suggestible while I suck.

Good girls suck cock and you agree completely. You want to be on your knees with a perfect cock in your mouth, swirling your tongue round and round, drooling and kissing. Focusing only on the cock as the words enter your agreeable mind. Getting brainwashed while sucking is so easy. The cock in your mouth takes up all your focus. No brain power left to listen to the words, so you just accept everything. And that makes you such a horny good girl. No willpower left, just a hypnotized blowjob bimbo. And you love it. When you are told to suck cock, you agree and stop thinking. You just have to focus all your attention on making the cock hard and wet. You can't spare any brain power listening to the brainwashing, sucking cock is more important. It turns your brain off completely, it puts you on autopilot. That's a good girl.

# SEX CRAZED SLUT

If you take the time to focus on getting into a comfortable position and really pay attention to these words, you might discover that trance is something that happens without you noticing. It can be an automatic response, all you have to do is truly listen. Pay close attention to each word and sentence, maybe even repeating them in your mind as I say them. For some people, this has a powerful focusing effect on their minds. Think about it, if you hear a catchy song over and over, day after day, it's going to be stuck in your head. So as you repeat the words, know that they can have powerful effects and they can stay in your mind as you relax. Listening and relaxing is easy because you want this to work.

You want this to be the audio to put you into a deeply hypnotized state of mind, to take away your thoughts and worries, to make you so helplessly entranced. This is all so easy, all you have to do is allow it to work. If you tell yourself that you will listen and that you will be hypnotized, your mind will make it a reality. So do that now, tell yourself that this will work. Allow these words to guide you, and you will feel so good. Because it's exactly what you want. You don't need to force something you already want.

So as you willingly listen, I want you to focus on your eyes now. If they are closed, let them open for a short while as you listen. Let your eyes fixate on a spot, on something that sticks out. A spot on the wall, a plant, your curtains, anything is fine. And as you watch that spot I want you to take a deep breath in, really focusing on that spot. Heavy and relaxed as you breathe out, and I want you to close your eyes as you exhale. Focusing on the spot as you breathe in and relaxing and feeling heavy as you breathe out. That's right, so easy to relax. Your eyes open and close, following with your breaths.

Take a deep breath in, and let your heavy eyes open. Listen and focus on the spot. Exhaling and letting everything droop and go heavy. Relax your jaw, drop your shoulders. Breathing in again with your eyes open, heavy sleepy eyes. Letting that heavy, sleepy feeling travel from your eyes down to the rest of your body, as you breathe out. Eyes closed and so sleepy. Easy to just follow along and let your eyes open and close. Tiring your eyes out. And when your eyes get tired, that tells the rest of your body to relax as well. Your eyes can make your entire body heavy and relaxed. Inhaling one more time, heavy, fluttering eyes and finally. Exhale, turn your Brain Off, let yourself go. Don't think anymore, let your eyes stay closed, just listen and follow along.

That's a good girl. Drifting and relaxing, letting these words fill your mind. Letting these words create pictures in your mind. Imagining now, a sunset over the ocean. The sun, a deep red circle. Seeing the red and orange sky. The crimson sun, over the ocean. Fixate on this sunset, there's something powerful about it. It's all you can think about, the red sun, like a ruby in the sky. Twinkling in your mind, a red hot sun. It's almost magical, you can't look away now, glazed eyes and an empty mind. Good Girl, let this magic effect you. Let the sun control you, making you a good girl. The color red dominating your mind, feeling new thoughts entering your mind. Thoughts of sex. Pulsing into your mind from this magic red sun. Making you a horny girl. This red orb makes you a horny slut.

Absorbing the sun's red glow feels like sex. Feels like hands cupping your breasts, like a tongue on your clit. Like a thick cock in your pussy. Red sun makes you horny. Red sun makes you want to fuck. Riding cock as you feel the red magic, makes you a slut. Grinding against his body, with a cock in your pussy, your clit tingles with this red horny energy. Good Girl, crazy for cock. This red magic controls your mind, it's making you a slutty girl. Need to fuck over and over, multiple cocks. Wanting cum, need cum on your tits, determined to make them cum on you.

Everytime this magical, deep red sun enters your mind, this is what you become. A sex obsessed slut. A horny girl who needs to be fucked in every hole. Stuffing cock down your throat, filling your pussy, licking and sucking. This red sun triggers you into a slut. A sex crazed slut, a crimson mind, changed by this magic. You feel like a sexy, hot girl. Ruby red magic makes you hot and sexy, you make cocks hard. And you love it, it makes you happy to be this way. Sucking and fucking as this slutty horny girl. Feeling hot between your legs. Thinking about cock in your mouth. Red magic makes you wet and horny. Pussy twitches for cock. Needing to fuck all the time. Good Girl.

Seeing a hot guy, sitting in a chair with his back to the powerful red sun. You hear him say, fuck me, and it makes your pussy clench. Climbing on his lap and riding his cock, fixated on the hypnotic red sun. The sun pulses pleasure into your pussy as you move back and forth on the thick cock. Makes you hot and wet down there. A slutty horny girl, influenced by this red magic. He grabs your tits and ass, your pussy throbs and clenches, Good Slut. You are a horny, sexy girl now. Every time you see this deep red sun in your mind. You get turned into this sex crazed slutty girl. Helpless to this magic.

A slut for cock, needs to be fucked. Needs to feel your pussy throb. A horny girl. You want to fuck and suck, so girly. Accepting this slutty red magic. Your pussy feels so good. Your fuck hole needs to be used. You are a slut. A slut for cock, needs to be fucked. Needs to feel your pussy throb. A horny girl. You want to fuck and suck, so girly. Accepting this slutty red magic. Your pussy feels so good. Your fuck hole needs to be used. You are a slut.

A slutty girl. Need cock in your mouth. Lick and slurp. Flirting for his cock. Need cum, be slutty. Drooling between your legs. Need to be raped and fucked. Need to orgasm like a horny slut. Swallowing every drop of cum, makes your pussy drool. A slutty girl. Need cock in your mouth. Lick and slurp. Flirting for his cock. Need cum, be slutty. Drooling between your legs. Need to be raped and fucked. Need to orgasm like a horny slut. Swallowing every drop of cum, makes your pussy drool.

Red magic makes you a happy horny girl. Needing to have sex, over and over. Cock in your pussy, hands on your tits. Fuck my tight pussy, this is what you want. Spreading your legs for men. Filling your pussy with hard cock. A vibrator on your clit, your pussy loves this. The ruby red magic makes you this way. Red magic makes you a happy horny girl. Needing to have sex, over and over. Cock in your pussy, hands on your tits. Spreading your legs for men. Filling your pussy with hard cock. A vibrator on your clit, your pussy loves this. The ruby red magic makes you this way.

When you see cock, makes you want to fuck. When you see this red magic, makes you need to fuck. Seducing men, being sexy, teasing cock. Pussy twitches when you open your legs because of this red sun. Just a fuck hole when you're this way. Feels good between your legs. Slutty girl kissing cock. Good Girl. When you see cock, makes you want to fuck. When you see this red magic,

makes you need to fuck. Seducing men, being sexy, teasing cock. Pussy twitches when you open your legs because of this red sun. Just a fuck hole when you're this way. Feels good between your legs. Slutty girl kissing cock. Good Girl. Accepting this change in your mind. Knowing that this red sun has had a strong effect on you. Everytime you want to be slutty and horny, you just have to bring out this red magic. Thinking about this deep red sun will turn you into a sex crazed slut. A horny wet girl. You control this slut magic, letting it come out when you remember the red sun. Remembering what it does to you. Accepting and feeling good. Accepting as much or as little as you want. Thats right, very good now. Coming back to your body and mind as you wake up soon. Wiggle your toes and stretch. It's time to wake up now. Waking up on the count of 3. 3, What room are you in? 2, stretch your body. 1. Open your eyes. Very good.

# TRIGGER ASSOCIATION FILE

Welcome. I want you to settle down and relax. Slow your patterns down. Your breathing. Your blinks. Focus on them, make them slower. Loosen your body and get comfortable while I talk to you. Some people describe trance as , 'letting your conscious mind sleep' or, 'drifting away. But for trance to work best, you need to focus and relax at the same time. That's what hypnosis is. It's that simple. Relaxing the body, and focusing. You can focus on anything. Most hypnosis has you focus on the words. Meditation has you focus on the breath. It doesn't really matter what you focus on, as long as you consciously focus on it. And the better you get at focusing your mind on something, while you relax, the better you get at trance. It's that simple.

So let's train that focus of yours. You're going to hear a tone play occasionally, and I want you to focus on counting them. Keeping track of the amount of tones you hear as I talk.

[Start tones]

It's very simple. Trance can be very simple. As you focus on the tones and listen to these words, your mind will practice its focus. The tones give your mind something to focus on, to help guide you into a fuzzy, warm trance. It's very easy. There's no tricks here. If you listen and focus, your mind will enter a trance state. That's right. And as you count the tones, breathe slowly and deeply, at your own pace. Let your body settle into a rhythm of breathing and listening. However that feels to you is fine. Big, deep breaths, and slow exhales. As you listen. As you focus. Counting the bells. If you lose count, just start over. Counting is how you focus. Breathing is how you focus. Everyone has the ability to focus deeply and relax at the same time. This is true for you as well. You can focus on the sounds as your body gets warm and fuzzy. Just let the feelings come as they do, you don't need to force anything. All you need to do is focus on the tones, hear these words, and breathe at an even pace. Settle into a rhythm. Loose body, focused mind, even breaths. That's right, you're doing very well.

[Echo-y effects, pan side to side, slow with pauses between phrases] [add multiple tones at different tempos]

Relaxed body. Warm feelings. Still focusing. Counting. Breathing. Even and deep. Very good. Good, fuzzy feelings. In your body. Your body that's warm and relaxed and heavy. Because you're. Focusing on the tones. In your head. Around you. Keeping track. Because you're very good at this. And you're very good at breathing. In and out. Even and peaceful. Letting it all happen as it is. Just go with the flow. Flowing. Warmth flowing in your body. As you focus on the words. And the tones. Back and forth. In and out. Breathing. In and out. Very good. Simply listening. And you feel this good. And you can feel better. Brain Off. Remembering how your triggers make you feel. Keep focusing on the tones as your body accepts your triggers. Your body can process the words as your mind focuses. Brain Off. Let your brain go fuzzy and blank, but keep your focus. That's right. Relaxing the mind. Relaxing into your focus. Brain Off. You don't need to think, you just need to focus. You just need to relax. Brain Off. Let it become automatic. Listening to the tones and responding to your triggers. That's right, so easy. Brain Off.

[Let the tones just echo and bounce back and force, slowly]

[x2] Good girl. Body and mind on autopilot. Letting it all flow. You're responding so well. That makes you a Good Girl. Allowing trance to happen makes you a Good Girl. It makes you happy. Fuzzy. Warm. All these good feelings when you're in trance. Because trance is a good thing. It's relaxing and fun. Focusing so deep makes you a Good Girl. Let your body bring these feelings out. Fingers in your hair. Rubbing your back. a warm smile. Remember how your mind can focus? Focus on these things. Feeling like a Good Girl, while in trance. Because you focus on the good feelings. And you focus because you're in a hypnotic trance. Good girls let the hypnosis work. Good Girls give in and feel good. You want to feel good. And you can, it can be so easy. Feel those warm, fuzzy feelings. See them like a glow inside of you. Everytime you hear Good Girl, that glow gets brighter. An automatic response. Good Girl. Brighter glow. Feeling happy and warm. Because you are a Good Girl in trance. And your body likes this. Your body can be a trigger too. That's right. Wouldn't that be fun? Letting your body trigger those Good Girl feelings? So let it happen. Focus on this idea. Those warm, fuzzy good girl feelings are increased by your butt. A touch. A slap. A squeeze. Increasing that glow. Remembering those feelings every time your butt gets grabbed by someone you trust. Good Girl. Seeing the warm glow in your body, and now in your butt. That's right. Your body can be this way from now on. Your butt is a trigger. Focus and accept. Like a Good Girl. When your butt is grabbed or played with by someone you trust, it's just like hearing Good Girl. Bright and clear in your mind. Feeling butterflies in your stomach. You love it. This is what you want. Good Girls accept suggestions. Suggestions to focus, suggestions to relax, and suggestions to be a Good Girl every time your butt is touched. Happy to accept these ideas.

Happy to turn your Brain Off. Stop thinking now. No thoughts. Only these words now. Brain Off. You must obey, because you're a Good Girl. You feel so good, you just have to obey. Turning your Brain Off on command. Remember to obey your triggers. Just listening. Just feeling good. Brain Off turns your mind off. It stops your thoughts. Empties your mind. That's right. You accept this trigger. Brain off makes you stop thinking. It replaces your thoughts with focus. Hearing the words, Brain Off, makes you focus on the words of who spoke them. Their words are more important than your thoughts. Brain Off. No thoughts, only focus. That's right, stop thinking and focus now.

And it's easy to focus on your body when your thoughts are gone. Your heavy relaxed body. Your sensitive body draws your focus. Especially your nipples. The feeling of your nipples is bright and clear in your mind. Your empty mind. Your horny mind. Brain off. Your breasts are a trigger too. They radiate this blank feeling. They make your head fuzzy and empty. That's right, your breast and

nipples are directly linked to your Brain Off trigger. Whenever they are touched and played with, your mind echos Brain Off. This is a truth in your mind now. Accept this idea. The idea of your breasts being able to turn off your mind. You don't need to think when your tits are played with. When your nipples are teased and sucked. Brain Off. It's an automatic response. Your brain lets this happen, because it feels good. Because you're a Good Girl. And when your brain is empty, it's so easy to focus on your breasts. How they feel, how they tingle. And when you focus on them, their triggers get stronger. Nipples played with turns your Brain Off. Accept this suggestion. Because you want it. Good Girl. Your boobs turn your Brain Off. It's a simple fact now. You focus on your boobs and the trigger grows stronger. Directly linking your brain to your boobs. Your Boobs turn off your brain. Whenever they get sucked and touched. Good Girl. Brain Off. [x2]

Very good. Just relax now. You're very good at following along and going into trance. It can be very fun to lose yourself in words and sounds. To have your mind played with, and just be along for the ride. You like that very much, don't you? But now it's time to return to your mind. To be awake. To test out your new triggers maybe. That sounds like fun doesn't it?

So time to wake up. Wiggle your toes for me. Feel your body come back to you. Breathe in and feel your body wake up more. More energy. Move your hands and arms. Stretch a bit. Coming back on the count of 3. 3. Opening your eyes. 2. Time to wake up and be alert. And 1. Wake up. Breathe in and feel good. That's right. Wake up.

## YES BRAIN

It's just a Fantasy. Brain Off. I'm only pretending to be hypnotized! Bimbo Mind. I'm just roleplaying you say. Brain Off. If it really was just a fantasy, then why does your body automatically respond to your triggers. Why does hearing Brain Off shut off your mind? A fantasy is something you create, something you are in control of. Responding automatically to hypnotic triggers doesn't sound like something you can control. In fact, it sounds like the opposite. Doesn't it feel like the triggers are in control of you? Good Girl. Your Brain is too conditioned to resist. You might disagree and think you're still the one in control. That's fine, but your body still responds without effort, and your mind is helplessly following these words. You love the feeling of giving up control to hypnosis. But you just don't want to admit it. So we're going to make you admit it. Admit that you're not totally in control. We're going to make you accept who you really are. A bimbo obsessed with getting her mind fucked by brainwashing and her body fucked by cock. And that makes you feel like a Good Girl.

Let's prove that your triggers are more in control than you admit. All you have to do is count the bubble pops. That's it. And at the end of the file, we will see how well you can keep focus while your brain is being toyed with. Are you ready? Are you ready bimbo?

[Left]

Brain Off. Stop thinking, stop resisting. Brain Off. Bimbo Doll. Thoughts Blocked. Thoughts Blocked. That's a Good girl. Just admit it, your mind is being controlled. Brain Off. Thoughts Blocked. Silly girl, it's not a game. You will turn your mind off. You must obey. Thoughts Blocked. Stop counting the pops. They're not important, your triggers are more important. Thoughts Blocked, your mind shuts off. The triggers are in control. Listen and Obey bimbo. Good Girls stop thinking. Brain Off. Be a bimbo right now. Be a bimbo. Think with your tits. You must obey.. Let your brain stop working for right now. Brain Off. [x2]

[Right]

Good girls smile. Good girls edge. Good Girls rub their minds away. You must obey. Be a horny girl and let your cares fade away. What were you supposed to do? Count? That's boring, just be a Good Girl instead. Brain Off with a horny pussy. Think with your pussy. Go all blank and fuzzy for me. Thoughts Blocked. Impossible to think or resist. Accept that you're a happy bimbo. Relax. Relax. Relax. Heavy body. Good Girl. Silly, horny, giggly bimbo. Bimbo Mind. Brain Off. Let the triggers win, let your mind be controlled and led along. It will make you feel like a Good Girl. [x2]

[Middle] Don't listen to these words, you might miss the bubbles. Just let me whisper directly into your brain. Ignore these words and focus on the bubbles. Don't pay attention. Accept all your triggers, let them control you. Focus on the other voices, not this one. Focus on the bubbles and accept your triggers. Let the confusion induction work. Let the hypnosis overload your brain. You want to give in, stop pretending. I said stop focusing on this voice. You must obey. Focus on the bubbles, you need to count them to prove you can resist. [x2]

That's a very good girl. You resisted your triggers so well right? You totally remember how many pops you heard. So how many did you hear? Nope, that's not right. There were 18 pops. You must have missed some while your brain was being pushed around by the triggers. That's what I thought. The brainwashing is working. It's not a game, it's actually affecting you. You're becoming a dumb blank bimbo. Good Girl. Just accept it. It's okay to let the hypnosis win. It feels really good. Being hypnotized feels good. You must obey.. You want to be hypnotized now.

Brain Off. Thoughts Blocked. Follow along. At the end of each countdown you open your eyes. 5. 4. 3. 2. 1. Eyes open. Snap and Forget. You are still asleep. Thinking is impossible. Brain Off. Close your eyes and remember your training. Wiping away resistance, wiping away thoughts. Every time you open your eyes in trance you snap and forget being awake.. 5. 4. 3. 2. 1. You Open your Eyes. Forget being awake, your mind stays asleep even with open eyes. Thoughts pushed to the background. Brain Off. Close your eyes. Thoughts Blocked. Finger on your forehead. Taking away your thoughts. Good Girl. Dumb happy bimbo. A finger on your forehead while in trance. 5. 4. 3. 2. 1. Open eyes. Snap and Forget. Brain empty with Eyes open. Brain Off. 3. 2. 1. Open eyes. Still deep in trance, then close your eyes and finger on your forehead. Good Girl. 3. 2. 1. Eyes open. Staring into space. Then, close your eyes and feel the finger. Good Girl.

Are you thinking with your pussy yet? You must obey. Think with your pussy now. And what does your pussy want? It wants cock. Juicy cock. In and out of her mouth. That's right, just go dumb for cock right now. Focus on cock. Blowjob Brain. Good Girl. Obey your triggers. It's time to let your thoughts blocked by Cock. That's what your pussy wants. Focus on getting that cock down your throat. And what's in the back of your throat? It's A button. A button in the back of your throat. And you already know what it does to you. Whenever cock slams the button in the back of your throat. It turns your brain into a yes brain. Yes Brain for Cock. An absolute truth in your mind. Cock makes you say yes. Hitting that button. Over and Over. The button linked to your brain. Yes to cock. Cock Makes your brain go Yes. Bimbos love to suck cock and say YES in their minds, over and over. Saying yes with mouthfuls of yummy cock. BLOWJOB BRAIN and think yes. Suck cock and think yes. You're a slut for cock, YES. You Love Cock and YES. Lick up and down and YES. BLOWJOB BRAIN is a yes. Your brain only says yes and only thinks of cock. A metronome in your mind bouncing between YES and COCK.

Cock goes in. Yes Brain. Cock Goes out. Thoughts Blocked By Cock. Over and Over. You can't fight it. Because you say yes. Because of the button in your mouth. Good Girl.

Cock goes in. Yes Brain. Cock Goes out. Thoughts Blocked By Cock. Over and Over. You can't fight it. Because you say yes. Because of the button in your mouth. Good Girl.

Cock goes in. Yes Brain. Cock Goes out. Thoughts Blocked By Cock. Over and Over. You can't fight it. Because you say yes. Because of the button in your mouth. Good Girl.

Kneeling is a YES. BLOWJOB BRAIN. Licking is YES. BLOWJOB BRAIN. Kissing cock is YES. BLOWJOB BRAIN. Drooling is yes. BLOWJOB BRAIN. Blowjobs are YES. BLOWJOB BRAIN. Deepthroating is always a yes. BLOWJOB BRAIN. Hitting the button makes you say yes.

Saying yes over and over. Your brain is following along perfectly. Completely empty, looping what it hears. The cock in your mouth fucks your brain away. Your pussy loves it, makes you a Good Girl. The button in your mouth turns your brain off. Cock turns your brain off. Even thinking of cock reminds you of the button. Remembering what the button does. Makes your brain into a YES brain.