

01 BBB INDUCTION

You are going to be relaxed and focused for a short time. Allowing your body to feel however it needs to feel so that you feel good. Does that mean warm, lazy, numb feelings in your feet and legs? Does it mean heavy, rigid, sinking arms? Could it be a feeling of cool empty weightlessness, like you were floating?

Find the feelings that work best for you and focus on those feelings. How do each of the parts of your body react?

Focus on how your feet and ankles react, how does it feel to gently move them while thinking of that good feeling? A shift, from one feeling to another. You can allow the feeling in your feet to shift to the feelings you choose. They are your feet; after all.

Now sense how your thighs feel. A large part of your body. Flex your thighs and feel the sensations change. Do they sink in at all? Allow your mind to relax your legs, notice the change. Flexed to un-flexed, makes them relax.

Shifting your focus up to your chest. taking a deep breath and notice how it makes you feel. Does it slow you down? Does it calm you? Does it make you feel good and warm? However your body feels is right, you don't need to feel a certain way, as long as you feel good. Make a conscious decision to breathe and feel good.

Let your body fall into a rhythm, breathing in deep, feeling good, and then breathing out, At your own pace. A deep inhale, filling your lungs. Noticing how it feels. And a long, soft exhale. You have the ability to allow your breathing to calm your mind.

Now move your focus to your arms. Where do they rest? Are your hands open or closed? Open your left hand and squeeze your right hand. Now switch, open your right hand and squeeze your left hand. It's okay if they move now and again, it won't change how you feel. Arms feeling good. Hands relaxed. Remember to breathe deep.

Feel your face. Loosen your brow, unclench your jaw. Imagine a finger, pressed between your eyebrows. Does it press firmly, or just barely resting on your skin. A finger, on your forehead. You can feel it. A finger, simply resting on your forehead. How does it feel? Letting your face relax as you focus on the finger on your forehead.

Letting your mind focus on the finger and nothing else. Feeling good and relaxed as the finger on your forehead empties your mind. Now we can pair this sensation of relaxed body and empty mind with this finger, and a phrase. Focusing on feeling good and the finger on your mind, as you hear the phrase.

Brain Off. Makes the finger press into your forehead. Makes your mind empty, you don't need to think. Focused so deep, on the finger. Impossibly relaxed and calm. Free from stress, free from thoughts, free from doubt. Simple to relax and drift when you hear the phrase.

Brain Off. And the finger returns to your forehead. Pressing so gently. Pressing in relaxation. Pressing in contentment. Pressing out your thoughts. You don't need to think when the finger is on your forehead. Accepting that the finger and the phrase empty your mind of thoughts and worries.

The phrase, Brain Off, can put you into a state of acceptance and obedience. Feeling happy and safe as you accept these words. The finger on your forehead, the feeling of that warm finger, and the phrase, weaving a net around your thoughts. Makes you empty. Makes you relax. Makes you calm.

Safe inside your mind. You don't need to do anything else, just listen to my voice. My voice makes you feel safe and peaceful, allowing yourself to grow heavier and heavier. This feeling of focus and acceptance is brought back in your mind; every time you feel the finger and hear the phrase, Brain Off.

Feeling like a puppet, my words are your strings. Let these words control you, influence you. You feel like a blank puppet. No will. No thoughts. No stress. No mind. Just a blank and obedient puppet. All you want to do is listen to these words and feel good. Think nothing at all. Mind completely blank, except the words, and the phrase Brain Off.

Your mind automatically accepts and goes back to those good, relaxed feelings. Everytime you hear your trigger. Your mind empties of thoughts and you follow my words. All you want to do is accept and obey. Guided into obedience by these words, you simply have to do as they say. Wanting to be a good doll, head full of only my words and warm fuzzy obedience. Brain Off, makes you have no will, no thoughts, no resistance, no worries, no doubts. The trigger makes you a mindless, obedient doll. Eager to listen and obey, with no thoughts of your own.

Each time you listen to this file, your trigger becomes stronger, you respond more easily. You have a desire to train your triggers, to make your mind respond better every time. Automatic response is the goal. I speak, you obey, A simple logic you agree with. It's so simple to listen and remember what your mind needs to do. everytime you hear the words, Brain Off. Empty, obedient, accepting, relaxed. A puppet with no thoughts of your own. Your thoughts replaced by the idea of being an Empty, obedient puppet, everytime you hear the words. Brain off. Be a good doll and turn your,

Brain off.

02 GOOD GIRL

That's very good. The more you listen the better you feel and you want to feel good. And you will feel very good, very soon. Just keep listening. Listen with a calm; empty mind. Listen as you turn your, Brain Off.

Go deep. All the way down. Take a deep breath; and go down. As if you were asleep but still hearing these words.

Brain Off. Completely empties your mind. Your mind wants this, so it follows these words.

Simply not thinking and following along.

It's easy when your mind is a happy doll mind.

Just too easy to obey.

Obeying the words.

Obeying without resistance.

Letting it happen.

Letting your mind go, Brain Off.

Absorbing all these wonderful words and feeling good.

Easy to relax.

Easy to obey.

Easy to focus

Easy for you to turn your Brain Off.

No thoughts now.

Just these words.

Notice how there's only my words left. Speaking in your mind. Making you feel good. Accept them and feel good.

Letting go of your thoughts as you drift into a nice place. You don't have to do anything but listen.

Good dolls can listen so easily.

Free to listen. You have the ability to feel however you want.

Creating sensations and feelings in your body. You have the power to do this.

Just focus on the feeling of happiness. What does that mean to you? A warm hug? Your favorite song?

Seeing a friend after a long time? A kiss on the forehead? Whatever gives you those fuzzy, warm, good feelings in your chest. Focus on that.

Drift toward the feeling.

Follow that feeling.

This is what you want.

You want to feel good.

Good puppets can feel so good.

Let that feeling grow in your stomach.

Feeling so good.

That's right.

That's great.

Accept this feeling of warm fuzziness.

In your body.

Breathe in and feel good. . . Breathe out and accept.

Focus on the warm, good feelings.

Give them your full attention.

You can feel these feelings on command.

Any time you choose to and want to feel good.

Feeling good as you hear the phrase, Good Girl.

Makes it easy for you to feel good. Like putting your warm fuzzies in a spotlight in your mind. At the front, in the center, all of your attention.

Increasing the feelings of acceptance, of relaxation, of obedience.

When you allow the trigger to work. A tool for your mind to use to feel good.

Easy to use this phrase to feel good. Whenever you choose.

Making you feel nice and warm and accepting.

So easy, working effortlessly.

Every time you want to feel good and hear the words,

Good Girl.

Intense feelings of happiness, of acceptance, of bliss.

Drifting in those fuzzy feelings.

Floating.

Accepting.

Focus on those feelings and let your mind make them stronger.

Wonderfully relaxed and happy in your mind.

This is exactly what you want.

To let yourself accept suggestions and then feel good.

Automatically responding to your triggers.

Breathe in. . . Obey and feel good.

Breathe out. . . and, Good Girl.

You are such a Goooooooooooooooood Girl when you accept suggestions.

Increasing the feelings.

Let them be real, in your body and mind. Feelings of comfort and acceptance.

Feelings of warmth and obedience.
Feelings you want to experience.
As you listen with a happy mind.
Drifting with an accepting, happy mind.
Makes you a Good Girl.
Feeling real changes in your body in response to your trigger.
Consciously choosing to respond to your trigger.
When you hear the words, Good Girl.
Loosening your face, your shoulders, your legs, your feet. A choice you make in response to your trigger.
Relaxed and blank and blissfully drifting in your fuzzy feelings.
Allowing them to grow stronger.
Happening so easily. Letting the suggestions work.
Feeling better and better.
As you listen more and more.
The more you listen, the better you feel.
As you feel better, you listen more.
A simple loop in your mind.
Feeling better makes it easy to listen.
And when you listen, you feel better.
Because when you listen, you hear the phrase.
Good Girl. And you feel good.
So you listen.
Listen and accept. Listen and obey.
Open your ears and listen. Open your mind and feel good.
Let the words into your mind. Filling up your head, pushing your thoughts away.
Pushing your own thoughts to the background for now.
Not important right now.
It's more important to relax and listen.
And when you listen.
You feel good.
And then you listen more.
And feel like a Good Girl.
And then you accept the words.
And feel like a Good Girl.
Feeling better and better, body on autopilot. Looping in your mind. Feeling good and listening.
Back and forth in your body and mind.
All starting when you hear the phrase, Good Girl.
Making you feel so good. Warm and fuzzy.
Makes it just too easy to listen, you just have to listen when you feel good.
And when your body is so relaxed and your mind is so accepting, all you can do is listen and obey.
Finding it so easy to obey.
When your mind is caught in the loop of feeling good and listening, you can obey automatically.
These words get caught in the loop and you listen to them.
The loop of feeling good and listening. Round and round forever.
Feeling good while in trance. Listening while in trance.
Words slip into the loop, and you accept them.
Agreeing to the loop in your mind, it makes total sense.
When you listen you just have to feel good.
When you feel good, all you can do is listen.

You cannot resist when you feel this good.
And when you feel good, you obey. You agree with this.
It just makes sense. Obedience is so easy when your whole body is glowing with pleasure.
Pleasure makes your mind say yes to suggestions.
Suggestions that make you feel good are so instantly accepted.
Mind on autopilot right now, you can feel it.
When I suggest something, you follow along, the pleasure in your body pushing my suggestions into your mind.
You hear suggestions and obey. So simple to just obey.
Obeying makes you feel like a Good Girl.
Thats right.
And when you hear the suggestion in your mind, you can choose to obey it, and let it fade away.
My words will enter your fuzzy mind, you will accept them, then they will fade away.
Choosing to not remember the words after you accept them.
Only remembering how you feel.
Feeling good. Remembering that you feel good in trance.
Choosing to forget these words after you have accepted them in your mind.
Focusing on feeling good and letting suggestions be accepted and forgotten.
Words go in one ear, are accepted and obeyed, and out the other ear.
Accepting, feeling good, and forgetting.
Drifting along while you accept suggestions feels good.
Choosing to be a Good Girl and drift away.
Not remembering all of the words is okay.
Being completely empty is okay.
Be empty for me now.
Thats very good.
Empty mind and forgetting.
So easy to obey.
Very good.
Thinking what I tell you, then forgetting what I told you.
Good Girl.
This is what you want. This is what good Dolls want.
Being so calm and happy and suggestable, being told to obey and forget.
Exactly what you want right now.
Very good.
Perfect for you now.
Feel good and be a good doll.
A hypnotized doll who feels good when they're told to.
Know that this is good for your mind, to simply listen, feel good, and forget.
Thoughts fading away, no need to think.
Good dolls don't think. Good dolls get told what to think, obey, and then drift away.
Forgetting can feel so good. You just need to accept.
It's so simple to let this happen.
Because thats what you want to do. You want to accept and forget.
Accepting what you want to accept. Forgetting what you want to forget.
Choosing to do this. Choosing to listen and feel good.
Choosing to be a Good Girl.

03 BIMBO MIND

Feeling so obedient and relaxed.
Thats a Good Girl with your Brain Off.
Accept and Obey.
Go so deep.
Relax your body.
Relax your face.
Empty your mind.
Back down into trance.
No thoughts just a Good Girl mind.
You chose to obey and now you're so deep.
Thats right.
You did.
Now you're Ready to accept and obey your training.
Ready to train your mind. Turn your Brain Off and accept your training.
You've listened and obeyed all words so far.
So easily and perfectly.
Now just submit your mind.
No thoughts just obedience.
It's time to become a bimbo. A happy slutty doll.
You are going to turn a part of your mind into a slutty bimbo.
An empty, headed doll who is so submissive.
A bimbo who loves to giggle and bounce and look their best.
A Good Girl who is always horny and obedient.
So horny and slutty, your Bimbo Mind needs this.
Accepting that you are becoming a Bimbo, feeling a part of your mind turning into a bimbo.
Slowly and surely, as you listen more.
And you're already becoming a bimbo, you just haven't realized it.
Bimbos are submissive. You already submitted. You're already on the path to becoming a bimbo.
You just need to accept those feelings.
Submitting.
Obeying.
Accepting.
Thats right.
So docile and compliant.
That's a Good Girl.
Feeling good when you hear the trigger.
Responding effortlessly every time.
And when you obey, you submit.
Training your submissiveness every time you respond to your triggers.
It's that easy.
Focusing on submitting when you hear your triggers.

Everytime you hear them you can realize you are submitting.
Like a good bimbo.
Try it for yourself.
Relax, hear your trigger and focus on being submissive.
Turn your Brain Off and submit.
Such a Good Girl.
So submissive.
Imagining yourself submitting.
What are you doing? Who are you obeying? How does it make you feel?
Picture it in your mind.
See yourself as a good bimbo doll.
Doing as you are told.
In your mind, a submissive Bimbo.
You comply so easily.
It's your bimbo minds instinct to obey.
You can submit with no second thoughts.
Automatically.
In your mind.
You are a submissive bimbo.
If I tell you to, dance, you start dancing. A slutty bimbo dance.
Like the bimbos online, dancing to slutty songs.
Showing their bodies.
Feeling so sexy and aroused.
Letting the arousal burn this into your mind.
Arousal equals bimbo.
Being aroused makes it easier to be a bimbo.
Makes it easier to dance.
Moving your body like a bimbo.
Instant obedience because you submit.
If I tell you to, squeeze your tits and bounce, you don't even think about it.
Your Bimbo Mind already submitted and obeyed.
You won't even realize it, your hands are on your tits and your body is bouncing.
Your body feeling aroused.
How does your body change when it's horny.
Being horny cements this idea deeper into your bimbo mind.
Horny equals bimbo.
Feel your mind accept.
Like a Good Girl.
Bouncing like a brainless Bimbo in your mind.
Bouncing your tits because you are submissive and you obey.
You can choose to submit, just let your mind submit.
Feeling what you want, and you want to be submissive.
Let your mind submit to these words.
Give in.

Bimbos are happy because they do as they are told.
They don't need to think, they just submit and obey.
Being submissive means you do as you're told.
So when I tell you to take a deep breath and relax.
You do what you are told, and accept and relax.
So easy to let your mind submit.
Training your bimbo mind to be submissive.
Your bimbo mind can obey automatically.
Bimbos' minds are submissive and slutty.
Slutty and flirty.
Suggestive.
Showing off your body.
Flirting with people.
Horny so often.
Submitting makes you feel horny.
Being horny turns your bimbo mind, Brain Off.
Submit and feel dumb and slutty.
Submissive, slutty, flirty, bouncy, happy, obedient.
This is how your Bimbo Mind is.
Just accept these ideas.
You wanted this, or you wouldn't have accepted all this training.
You want to have a Bimbo Mind.
A dumb sexy slutty Bimbo.
Wearing clothes to show off her body.
Fun, slutty bimbo clothes.
So hot.
Short skirts and Yoga pants.
Tight shirts and booty shorts.
Your body is sexy, it deserves to be seen.
You want people to see your curvy, sexy body.
Skintight dresses and lots of cleavage.
Feeling so girly and feminine and confident.
The hottest girl in the room.
Making your body look slutty and hot.
Good Girl.
A slutty Bimbo obeys her triggers.
Your Bimbo mind wants to feel sexy and carefree.
Feeling amazing and accepting.
Feels good to have an empty bimbo brain, doesn't it?
An empty bimbo brain with big tits and bubble butt.
When your mind switches to your Bimbo Mind and
goes, Brain Off.
Thoughts draining down, filling up your tits.
Less thoughts means bigger tits.

Your Bimbo Mind drains your thoughts into your chest.
You have to submit and obey.
Obey the command to drain your thoughts into your tits.
Your mind empties and you can feel it.
Tits growing heavier.
Feeling them as you breathe. In. . .
And Out. . .
Heavy titties, empty mind.
Filling out your shirts, making you a better bimbo.
Feeling the change when you trance.
Feeling it when you turn into a bimbo. When you Brain Off and you submit.
Horny, hot, happy.
Dumb bimbo brain.
Horny means bimbo.
No more thoughts and big titties.
Bimbo means horny.
Seeing how you would look in a tight red dress.
Curvy and sexy. Big boobs and wide hips.
Seeing the curves in your mind.
Makes you horny to be this bimbo in your brain.
Tits almost spilling out in your tight dress.
Hugging your waist and hips.
In your mind. Good Girl.
Seeing your bimbo body so clearly.
Voluptuous. Sexy. Hot.
Bouncing with every step.
Full breasts and an empty mind.
Not a care in the world when you're a bimbo slut.
Jiggling with every laugh.
Having fun.
Bouncing.
Twirling.
Twerking.
This is how your Bimbo Mind sees your body.
When you're in trance, this is your body image.
Accept this.
Your hypnotized mind makes you see this.
When you are tranced, switching your body image to this busty bimbo.
Submit to this idea.
You are a big titty busty bimbo when you are tranced.
Easy to become this bimbo.
When you are tranced and horny, being a bimbo is easy.
A bouncy bimbo.
Wearing tight booty shorts in your mind.

Showing off your bubble butt that you worked so hard to get.
Training your butt and legs often.
Your bimbo mind loves the idea of having fat tits and firm butt and thighs.
Everytime you go to the gym you train your butt and legs.
Its easy to grow your butt and legs.
Looking better and more firm.
Sexy, strong legs in your tight red dress.
Imagine how people would see you.
A gorgeous bimbo slut with a big butt and firm legs.
So confident and sexy.
Accepting this body image in your Bimbo Mind.
Curvy and firm with heavy tits.
Thats a Good Girl.
Your Bimbo mind is getting exactly what it wants.
The perfect sexy bimbo body and a submissive slutty brain.
Accepting these ideas as your bimbo mind.
When you enter trance, your bimbo mind has these ideas.
Relaxing now, feeling great.
Letting your mind absorb all these new wonderful ideas.
Being a submissive Bimbo.
Having a Bimbo Mind while in trance.
Feeling really good.
Responding to your triggers easily.
You can accept these words as your own ideas.
Your Bimbo Mind becoming a part of you.
Knowing that when you're in trance, your Bimbo mind awakens.
Clearing your thoughts and changing your mindset.
To that of a busty bouncy bimbo.
A dumb, happy slut.
A confident, sexy girl.
In your Bimbo Mind.
Accepting these suggestions and turn your Brain Off.
Yes, thats a Good Girl.

04 BIMBO TRAINED

Relax and focus more.
Be a Good Girl and turn your Brain Off.
Be dumb and submissive now.
Thats right.
Bimbos go brain off.
Obedient and eager to listen.

You have a Bimbo Mind now.
You've submitted to the trance and got hypnotized.
Accept and be a Good Girl.
Feeling good and compliant.
A slutty bimbo in your mind.
Your Bimbo mind.
Triggers planted in your head now.
Ready to be trained.
Your Bimbo Mind read to be trained to follow suggestions and obey commands.
Allowing these words and your triggers to train your mind.
The more you listen, the easier it is to remember your triggers.
Let your mind be led along, collared and leashed.
Pulled along by these words.
Helpless but to listen and obey and follow and submit.
Good Girl.
Remembering that you have a Bimbo Mind now.
The words, Bimbo Mind, brings out your inner bimbo.
A slutty, dumb, horny, bouncy Bimbo.
You have to obey when you're a bimbo.
Hard to think by yourself, let others think for you.
Just focused on being a slut, bouncing your tits, your sexy clothes, how you look.
Not worried about other things, why even bother?
It's much better to be a bimbo, right?
And we can make it easier for you to become one.
We can train your mind to recognize triggers, and obey.
And you want this.
That's right, Good Girl.
So imagine for me now.
Picture yourself laid back in a recliner.
A comfy, lazy, soft chair.
Your hands on the armrests, your feet up, your head back.
body limp and relaxed.
Feel your body on this chair.
So heavy, like you were asleep.
Good Girl.
Sinking into it, let your body become heavy.
This is your training chair, where your Bimbo Mind will be conditioned to respond.
Trained to respond, your body will train your mind.
Using your pleasure to train your mind.
As a machine raises between your legs.
And a pair of headphones are sliding over your ears.
Picture the machine, a white robotic arm. sleek and shiny. round and smooth.
Raising from the side of the chair, and hovering above your pussy.
The end of the white, glossy arm, a pink vibrator.

Right above your pussy. A pink Vibrator on this white robotic arm.
Anticipating what it will feel like.
As the headphones on your ears, tighten, just snug around your ears.
No sounds, no thoughts except these words.
You can only hear these words.
You can only relax.
You can only obey.
As you feel the pink vibrator press up against your clit. Just barely touching it.
Every time you hear your trigger, the vibrator will pulse on, stimulating your clit.
Buzzing against your pussy, just barely.
Remembering how it feels when your phone vibrates.
In your hand.
In your pocket.
Or how a game controller vibrates.
In your hand.
A gentle but firm vibration.
Focus on that vibration.
But instead of your hands, its on your pussy.
Bimbo Mind.
And you remember to become a bimbo.
A silly happy bimbo.
Confident and sexy.
Vibration on your clit.
Feel it, so real, pussy tingling.
As you hear the words in your mind.
Linking the two.
A gentle but firm buzzing, pressed against your pussy.
Bimbo Mind.
And your inner bimbo comes out and feels good.
Focused on your big titties, bubble butt and melting pussy.
Brain empty, pussy buzzing, tits heavy.
How does your body feel as the vibrator turns on?
What changes do you feel?
Does your breath quicken?
Does your heart beat faster?
Do your toes curl?
Does your pussy clench?
Focus on the changes in your body.
As the vibrator turns on against your clit.
Bimbo Mind.
Instantly a bimbo in your mind.
Big tits and an empty head.
Smiling and giggling.
Good Girl.

Feeling so horny and dumb.
Hot pleasure in your stomach and pussy.
Allow it to be real.
Allow it to build.
Cant resist, just feel good, feel good right now.
Good girls feel pleasure, be a good girl.
Trained bimbos get a vibrator in the crotch and their thoughts drained into their tits.
Letting the pink pleasure vibrator pressed upon your pussy and oh my god it feels so good;
Bimbo Mind.
Turns you into a bouncy, bubbly bimbo.
A bimbo whos loves to get trained.
It buzzes and you get trained. You get trained and feel horny.
Your clit is touched and rubbed and toyed with.
Your pussy is wet and needy and hot.
Your pussy loves this, your pussy tells your mind to obey, so it can feel better.
Obey your pleasure. Obey your pussy.
Good Bimbo.
Feel the heat down there, feel your clit being touched and buzzed.
Your brain and pussy being touched and buzzed.
Training your brain and pussy to respond.
Bimbo Mind.
You are a bimbo now, that part of your mind in the forefront.
Happy, sexy, horny bimbo.
Those words make you a bimbo.
Everytime.
This robot vibrator has turned so many girls into perfectly trained bimbos.
Now it's going to turn you in a girly, horny, brainless, bimbo.
Can't resist your hot wet pussy telling you to obey.
You want to be trained to respond perfectly.
All the girls before you were swept away by the pleasure and the triggers and the brainwashing.
You're not any different, letting the pleasure burn your trigger into your brain.
The vibrator linking to your trigger and your desire and your pleasure.
Bimbo Mind.
Wet, hot, horny pussy. Thoughts leaking down your thighs. Your trigger to become a bimbo, reinforced in your mind.
Good Girl.
You hear your trigger and your bimbo side can come out so easily.
Remembering how it feels to be a happy, slutty, bouncy bimbo.
The feelings coming back to your mind faster each time.
Hearing the trigger and accepting the feelings.
Pleasure reinforcing this idea. The buzzing in your pussy cant be ignored or resisted.
Becoming compliant and even more obedient. Accepting that you're being trained and you love it.

Feels so amazing to lay back, have your pussy played with and melted and your mind trained to obey.

That's right bimbo, your mind is being trained and you dont want to stop it,

You're being such a good girl.

Let your mind be trained to accept triggers and let your pussy reinforce this idea.

You dont want to fight it, the other girls didn't fight it, they obeyed and got turned into bimbos.

You're being turned into a bimbo.

Your pussy turns you into a bimbo, when it gets attention and buzzes and burns with pleasure.

So much pleasure, so much acceptance, so much training.

The simplest way to brainwash is repetition.

How many times have you accepted your trigger?

How many times have you obeyed?

How many times has your pussy become hot and wet?

How many times will it take?

Maybe just 3 more times and your mind will be trained.

Bimbo mind, and you feel the pink vibrator against your pussy.

Becoming more bimbo and feeling so fucking hot.

2 more times and you will have a strong response to your triggers.

So easy to respond to.

Bimbo Mind.

Pushing pleasure into your clit, flowing into your stomach and tits.

Warm and hot and wet and just a slutty, bouncy bimbo now.

No resistance just bimbo.

Accept your triggers now, obey now.

The next time you hear your bimbo trigger and accept your training and feel your pussy melt and tingle, your brain will be trained so good.

Like a good girl.

So empty; so horny; so ready; wanting this; accepting; brain trained; brain off and Bimbo Mind;

Bimbo Mind; Bimbo Mind.

Brain trained to respond now.

you've accepted this; you agree.

Breathe in. . . Breathe out . . .

Relax.

Unclench your jaw, release your shoulders.

No more training now, you've done so well.

You've been perfect. A perfect good girl.

It's okay to relax now and drift for a while.

Knowing that you're happy and safe.

The nice training chair and robot arm fade away.

Just focus on your mind now.

Seeing your mind. And the part of your mind thats a bimbo.

Seeing the difference.

Only a bimbo when in trance and triggered.

Choosing to be triggered when you want.

Your bimbo side is a part of your mind that you can use to feel good.
Your bimbo side can just be happy and feel good and be confident and carefree.
All of these things when you're a bimbo.
And being a bimbo when you choose.
Triggers working when you choose.
Thats right.
Accepting.
And now theres one more trigger for you to accept.
A trigger to refresh and focus.
To rise up and wake.
Remembering how easy you respond to triggers.
And you can respond to the trigger to wake when you hear.
Normal Mind.
Waking up.
Stretching your legs and arms.
Breathing in and focusing on the room.
Waking up.
wake up.

BIMBO BRAIN BREAK

We are going to train your focus today. Training your mind to visualize and concentrate. It begins with focus.

Focusing on your feet. the way they feel; the angle they rest, picture them in your head. Keep this feeling in your mind as you focus. focusing on your breath. the sound of a long exhale. how your chest rises and falls as you relax; relaxed like your feet.

The feeling of your feet and the sound of a long exhale. and your mouth. The way it looks when you say the word; drop. picture your mouth and lips as if you said the word; drop. Seeing your lips as they move. A long exhale. your relaxed feet. collecting in your mind, focusing on each of them, focusing on a finger, pressed against your forehead, between your eyebrows.

The pressure of a finger on your forehead, picturing your mouth saying the word; drop. a long Exhale; how your feet feel. as you relax and breathe deep; as you smell Vanilla. Strong; focused in your mind; right under your nose; vanilla. The scent of vanilla; in your mind, finger on your forehead; saying drop; the sound of an exhale; your feet; the vanilla; saying drop; your feet and your forehead; and your long Exhales; to your feet; Then your mouth; Long exhales Brain Off. Stop thinking. No thoughts. Head empty like a good girl. Just listen to these words. Let them be your thoughts. Let your thinking stop. Brain off means you don't think. your thoughts drain out your head. Like a good girl; focusing on the words as you Brain Off. Training your mind to be blank on command. No thoughts when you Brain Off; switching from focused and concentrated to blank and empty automatically.

Now you focus again, turn your brain on and focus. the finger on your forehead, pressing into you; between your eyebrows. Focus on your feet; how they are numb and warm; smelling the vanilla; as if it was right under your nose. Strong and sweet vanilla; as you mouth the word; drop; your lips as they move to say the word; drop, saying drop as you exhale, a long relaxing exhale; your warm feet.

Focus on these things together; your warm feet and the finger on your forehead. The strong vanilla; with your deep exhales; the way your mouth feels as it moves; warm feet; vanilla; Exhales, finger on your forehead, feet, mouth; vanilla, Exhales warm feet, finger on your forehead,

Brain off; mind empty. No thoughts; peaceful; respond to your trigger automatically. And always responding to Brain Off; melting like chocolate on a hot day. No thoughts of your own; These words are your thoughts. Unable to think. When you obey your triggers, Brain off takes away your ability to concentrate; your ability to think; Your ability to focus; your ability to resist; accept your trigger to go blank. You hear the trigger and your thoughts stop.

You can practice it. I'm going to trigger you and you are going to stop thinking. when I say the trigger, I want you to keep your mind empty; and I'm going to help you, there won't be any words for a few moments so you can experience being blank. Are you ready to practice? Brain Off Good girl. Every time you hear your trigger; your thoughts instantly vanish. Like a tv; Turning off; so easy to obey your triggers. Practice makes perfect. practice some more.

Brain Off. Good girl,

mind on. think about your warm feet, picture your warm feet, let the sensations fill your mind, like how your feet feel, and how do they feel? Do they feel warm and relaxed? Focus on them.

Brain Off. Good girl. Think for me now. smelling the vanilla, sweet rich, syrupy vanilla. Imagine the scent; so vivid; vanilla in your mind, it smells so good; right there in your mind. Brain Off. . . . Good girl, Brain on, focus again now. how does it feel to exhale, a big deep breath and a nice slow exhale. your chest rising and falling every time you breathe, How would that look? How would that feel? Imagine it, breathe in; chest rise. soft, slow exhale; chest falls. Brain Off. . . . Good girl. Turn your brain on, think for me. the finger on your forehead; pressing onto your skin. Feel the pressure. Warm right there, between your eyebrows, lifting off and on. off. On. off. on; think about how it feels. Brain Off. . . . Good girl. Repetition reinforces behavior, practicing not thinking. Empty head is the correct behavior and you want to train your brain to respond in the correct way. That was the easy practice. Let's do some harder practice. You need to obey your trigger fully For this practice to work. You need to obey. obey your triggers. Blowjob Brain. See the cock in your mind, focus on the big yummy cock. You need to cover it in saliva with your tongue and throat, make it hard and wet with your mouth, suck his cock in your mind. Focus on the huge dick dominating your mind. Cock controls your brain and it wants you to worship it. Brain Off. Don't think about anything, obey your trigger and keep your mind blank. Thinking is resistance. You don't want to resist. You have to obey and let the triggers work. The only thoughts in your head are these words. Thinking your own thoughts is resistance and you don't want to resist. Obedience is pleasure, and pleasure is the opposite of resistance. Your mind replaced with a bottomless pit, empty and blank. These words float in your mind. The only thing you can focus on. Blowjob Brain. obey, licking and sucking happily. No thoughts just cock, focus on pleasing this perfect cock. Good suck slave, letting this cock fuck your mouth and you love it, trying to suck the cum out from this mind controlling cock. The more you suck, the more you obey, forcing you to obey, make it come suck his cock. brain filled with perfect thick cock; in your mouth. in and out of your wet, needy mouth, lips wrapped tightly around his shaft makes you a good girl, Brain Off. proud to have an empty mind, You feel happy to be blank, you're winning, you're doing it right, you can feel proud. Having an empty head feels good. Like a warm hug, a cuddle under the blankets, A big smile. blank mind means it's working. You're letting these words work. No thoughts is correct, good girl, I'm so proud of you and your empty head. My words are your thoughts, your entire mind. Just feel happy. You don't even need to pay attention, Just feel good and have no mind .

Blowjob Brain. your pussy loves when you suck cock, it's drooling and dripping your mind away, the pleasure burning into your mind because of this big cock in your mouth, content to kneel and suck and lick and tease and gag and moan on this cock. pussy dripping, mouth dripping, cock dripping, thoughts dripping. big cock in your brain and in your mouth, your mind is in your mouth, when a cock fucks your mouth, it fucks your brain, you have a cocksucking brain.

Brain Off. You can't think; it's impossible. The files have won. They're in control of your mind, Your mind is content to not be in control anymore. Let my words be in command. Don't think slut. These words have injected into your brain, replacing your mind, obeying has become your instinct. It's just your second nature. Now you have no choice but to

obey instruction. Like when I tell you to breathe deeply, you obey and breathe. It's proof you're under deep hypnosis. Your mind being forced to obey by your training, always obeying your training, body and mind forced into autopilot. And you love it.

Blowjob Brain, obey body on autopilot. Your body is in love with this cock. Your pussy loves this, your mouth loves this, your body loves this, your brain loves this. Lick up the shaft. Swirl the tip with your tongue, shove the cock down your throat and repeat until it comes. Perfect blowjob practice in your head. Focus on this cock in your head. You have no choice but to swallow this perfect cock. Good slut! Slaves suck until it comes. You need to make it come, make it come, oh my God, make it come, yummy cock in your mouth. You have cock in your mouth, in and out of your mouth, fucking your mind and mouth, make it come, suck his cock slut.

Brain Off, mind on lockdown, directed by your training, guided by the words and your mind like code in a computer, your mind is coded by these words. Brain is empty; except these words flashing in your mind like code. Impossible to resist her programming. A computer does not resist, my words are her programming. You simply have to obey. No thoughts. No resistance. Just obedience, your mind is happy to follow while in trance. Her brain loves to follow commands, loves to obey, loves to think of nothing While accepting training. Your mind holds onto these words and can't let go, obsessed with doing as she's told. And why wouldn't she? It feels amazing to automatically obey. Just obey and feel like a good girl.

BOUNCE SCRIPT

Feeling so obedient and relaxed.
Thats a Good Girl with your Brain Off.
Accept and Obey.
Go so deep.
Relax your body.
Relax your face.
Empty your mind.
Back down into trance.
No thoughts just a Good Girl mind.
You chose to obey and now you're so deep.
Thats right.
You did.
Now you're Ready to accept and obey your training.
Ready to train your mind. Turn your Brain Off and accept your training.
You've listened and obeyed all words so far.
So easily and perfectly.
Now just submit your mind.
No thoughts just obedience.
It's time to become a bimbo. A happy slutty doll.
You are going to turn a part of your mind into a slutty bimbo.
An empty, headed doll who is so submissive.
A bimbo who loves to giggle and bounce and look their best.

A Good Girl who is always horny and obedient.
So horny and slutty, your Bimbo Mind needs this.
Accepting that you are becoming a Bimbo, feeling a part of your mind turning into a bimbo.
Slowly and surely, as you listen more.
And you're already becoming a bimbo, you just haven't realized it.
Bimbos are submissive. You already submitted. You're already on the path to becoming a bimbo.
You just need to accept those feelings.
Submitting.
Obeying.
Accepting.
Thats right.
So docile and compliant.
That's a Good Girl.
Feeling good when you hear the trigger.
Responding effortlessly every time.
And when you obey, you submit.
Training your submissiveness every time you respond to your triggers.
It's that easy.
Focusing on submitting when you hear your triggers.
Everytime you hear them you can realize you are submitting.
Like a good bimbo.
Try it for yourself.
Relax, hear your trigger and focus on being submissive.
Turn your Brain Off and submit.
Such a Good Girl.
So submissive.
Imaging yourself submitting.
What are you doing? Who are you obeying? How does it make you feel?
Picture it in your mind.
See yourself as a good bimbo doll.
Doing as you are told.
In your mind, a submissive Bimbo.
You comply so easily.
It's your bimbo minds instinct to obey.
You can submit with no second thoughts.
Automatically.
In your mind.
You are a submissive bimbo.
If I tell you to dance, you start dancing. A slutty bimbo dance.
Like the bimbos online, dancing to slutty songs.
Showing their bodies.
Dancing in your mind because you submit.
Instant obedience because you submit.

If I tell you to squeeze your tits and bounce, you don't even think about it.
Your Bimbo Mind already submitted and obeyed.
You don't even realize it, your hands are on your tits and your body is bouncing.
Like a Good Girl.
Bouncing like a brainless Bimbo in your mind.
Bouncing your tits because you are submissive and you obey.
You can choose to submit, just let your mind submit.
Feeling what you want, and you want to be submissive.
Let your mind submit to these words.
Give in.
Bimbos are happy because they do as they are told.
They don't need to think, they just submit and obey.
Being submissive means you do as you're told.
So when I tell you to take a deep breath and relax.
You do what you are told, and accept and relax.
So easy to let your mind submit.
Training your bimbo mind to be submissive.
Your bimbo mind can obey automatically.
Bimbos' minds are submissive and slutty.
Slutty and flirty.
Suggestive.
Showing off your body.
Flirting with people.
Horny so often.
Submitting makes you feel horny.
Being horny turns your bimbo mind, Brain Off.
Submit and feel dumb and slutty.
Submissive, slutty, flirty, bouncy, happy, obedient.
This is how your Bimbo Mind is.
Just accept these ideas.
You wanted this, or you wouldn't have accepted all this training.
You want to have a Bimbo Mind.
A dumb sexy slutty Bimbo.
Wearing clothes to show off her body.
Fun, slutty bimbo clothes.
So hot.
Short skirts and Yoga pants.
Tight shirts and booty shorts.
Your body is sexy, it deserves to be seen.
You want people to see your curvy, sexy body.
Skintight dresses and lots of cleavage.
Feeling so girly and feminine and confident.
The hottest girl in the room.
Making your body look slutty and hot.

Good Girl.
A slutty Bimbo obeys her triggers.
Your Bimbo mind wants to feel sexy and carefree.
Feeling amazing and accepting.
Feels good to have an empty bimbo brain, doesn't it?
An empty bimbo brain with big tits and bubble butt.
When your mind switches to your Bimbo Mind and
goes, Brain Off.
Thoughts draining down, filling up your tits.
Less thoughts means bigger tits.
Your Bimbo Mind drains your thoughts into your tits.
You have to submit and obey.
Obey the command to drain your thoughts into your tits.
Your mind empties and you can feel it.
Tits growing heavier.
Feeling them as you breathe. In. . .
And Out. . .
Heavy titties, empty mind.
Filling out your shirts, making you a better bimbo.
Feeling the change when you trance.
Feeling it when you turn into a bimbo. When you Brain Off and you submit.
No more thoughts and big titties.
Seeing how you would look in a tight red dress.
Curvy and sexy. Big boobs and wide hips.
Seeing the curves in your mind.
Tits almost spilling out in your tight dress.
Hugging your waist and hips.
In your mind. Good Girl.
Seeing your bimbo body so clearly.
Voluptuous. Sexy. Hot.
Bouncing with every step.
Full breasts and an empty mind.
Jiggling with every laugh.
This is how your Bimbo Mind sees your body.
When you're in trance, this is your body image.
Accept this.
Your hypnotized mind makes you see this.
When you are tranced, switching your body image to this busty bimbo.
Submit to this idea.
You are a big titty'd busty bimbo when you are tranced.
Wearing tight booty shorts in your mind.
Showing off your bubble butt that you worked so hard to get.
Training your butt and legs often.
Your bimbo mind loves the idea of having fat tits and firm butt and thighs.

Everytime you go to the gym you train your butt and legs.
Its easy to grow your butt and legs.
Looking better and more firm.
Sexy, strong legs in your tight red dress.
Imagine how people would see you.
A gorgeous bimbo slut with a big butt and firm legs.
So confident and sexy.
Accepting this body image in your Bimbo Mind.
Curvy and firm with heavy tits.
Thats a Good Girl.
Your Bimbo mind is getting exactly what it wants.
The perfect sexy bimbo body and a submissive slutty brain.
Accepting these ideas as your bimbo mind.
When you enter trance, your bimbo mind has these ideas.
Relaxing now, feeling great.
Letting your mind absorb all these new wonderful ideas.
Being a submissive Bimbo.
Having a Bimbo Mind while in trance.
Feeling really good.
Responding to your triggers easily.
You can accept these words as your own ideas.
Your Bimbo Mind becoming a part of you.
Knowing that when you're in trance, your Bimbo mind awakens.
Clearing your thoughts and changing your mindset.
To that of a thick bimbo bitch.
A dumb, happy slut.
A confident, sexy girl.
In your Bimbo Mind.
Accepting these suggestions and turn your Brain Off.
Yes, thats a Good Girl.