# **Forced** Feminization

In May of 2011 I posted up a survey for men who self-identified as being attracted to forced feminisation, and 105 people participated.

Feminization (also known as sissification) is the practice of a male temporarily switching gender roles and taking on an exaggerated, submissive female role. It is done in various ways that may include any of the following: cross-dressing, wearing makeup or wigs, adopting female mannerisms and postures, performing stereotypical female roles such as maid, secretary or schoolgirl, being made to obey or serve the dominant female partner, being addressed by a female name, being referred to by derogatory terms such as slut or whore, having the body parts referred to by a female counterpart (e.g penis becomes a boy clit), having penetrative sex with the female partner wearing on a strapon device or having the orgasm controlled through the wearing of a chastity device.

Forced feminization involves all the activities above, with the only difference being that the dominant person ((either male or female), 'forces' a male into assuming a submissive and overtly feminine role as described above. While the male appears reluctant and may beg for mercy or appear unwilling, it is a consensual form of roleplay, in which the male gives up power and allows the (usually female) partner to construct scenarios that allow him to temporarily enjoy acting and feeling submissive in a feminine way.

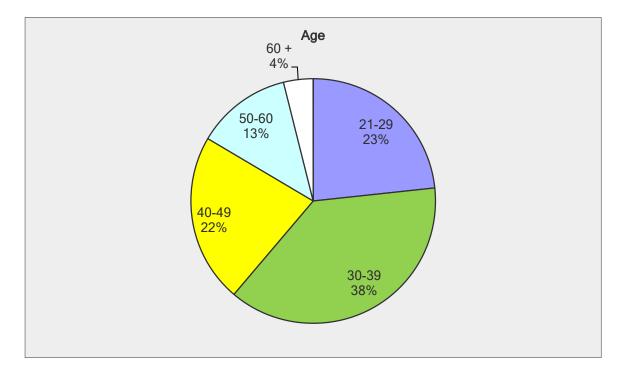
Going on the data collected in this survey, the man attracted to forced feminization (FF) is likely to be in his mid thirties, university educated, working in private industry and is in a long term relationship. He considers himself dominant in his day to life, but is drawn to enactment of submission and femininity. He is highly likely to have some interest in sexual activity with other men and is likely to recognise he has bisexual tendencies.

The FF activity which was rated as the most attractive by the majority of respondents was wearing a chastity device (20%) and the next most popular was being forced to give oral sex to another man (18.8%).

Culturally men are expected to be sexually dominant and being permitted a submissive role relationship is not that common, so for men who want to explore female tendencies or feelings, it can be difficult to frame that need. Forced feminization seems to takes that problem away or at least alleviate it for some men. The submissive male can let go and while having that fantasy 'forced' upon him it removes or at least lessens the conflicting feelings of guilt or shame he may feel if voluntarily acting out feelings of submission and femininity.

### AGE

The majority were in their mid thirties, with number steadily decreasing with age.



### NATIONALITY/ETHNICITY

Citizens of the United States were the highly represented. The remaining 5% were from a smattering of countries, including Ireland, Scotland, New Zealand and Italy, but the numbers were extremely low.

84.3% of respondents described themselves as being Caucasian.

American	64%
British	8%
French	7%
German	6%
Indian	4%
Australian	4%
Canadian	3%

### EDUCATION

The majority had completed some level of tertiary education with a large number, at 23.3% having completed post graduate studies.

Did not complete high school	I	1.9%
High School or equivalent	-	9.7%
Trade school		0.0%
Some college/university		29.1%
Complete college/university degree	_	35.9%
Post graduate studies, e.g. MBA, PHD		23.3%

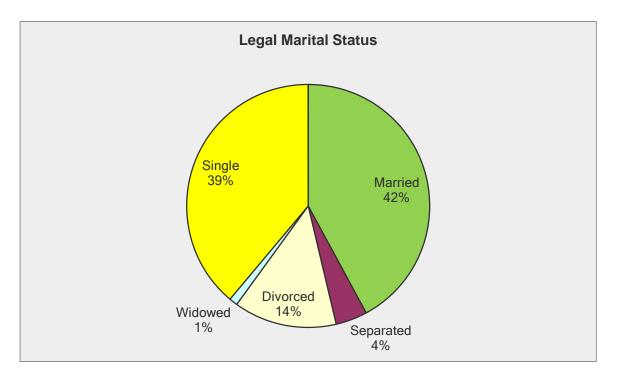
### **INDUSTRY SECTOR**

46.6% of the men were employed in the white collar (private or government) sector. The other sectors were all represented, but in much low numbers and the number of men who were retired, students or unemployed were extremely low.

White Collar (private industry)		37.9%
White Collar (government)		8.7%
Education /Academia	-	7.8%
Sales/Customer Service		5.8%
Health care		3.9%
Manufacturing	I.	1.9%
Blue Collar (trades, plumbing, building etc)	-	6.8%
Other	-	14.6%
Retired	I	1.0%
Student		5.8%
Unemployed		5.8%

### RELATIONSHIPS

56.8% of the men were in a long term, live-in relationship, and of that 42% were legally married.



	56.8%
	12.6%
-	8.4%
	22.1%

## Duration of the current relationship:

0-5 years		31.6%
6-10 years		17.9%
11 plus years	_	28.4%
Not applicable	_	22.1%

### FORCED FEMINIZATION

We asked the question, is FF currently practiced in the current relationship and only 26.3% said that it was, while 38.9% had been in previous relationships where they had enjoyed FF.

Not in a relationship	 34.7%
Yes	26.3%
No	38.9%

The majority of those interviewed at 61.3%, were working towards actively practising it:

Given the emphasis on submission that feminization (forced or otherwise) implies, it was perhaps not surprising that the majority of men has some type of tendency or desire to be sexually submissive with their partners. Some comments made were:

I just want someone else to take charge, it is like a mental time-out.

Giving myself permission to be submissive has actually resulted in my wife being quite deviant and dominant in a way she has never been before.

I wish she allowed it.

Sometimes if I'm lucky she doms me.

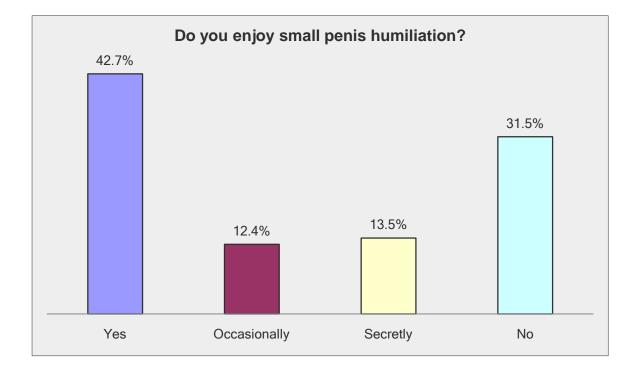
I try to engineer it that way, but she doesn't take the hint and I don't feel comfortable to ask her.

Question: when in a relationship, do you tend to be sexually submissive with your partner?

Always	_	44.2%
Occasionally	_	32.6%
No, but want to be	-	11.6%
No, but fantasise about it	-	7.0%
No, never		4.7%

#### The Forced Feminization Survey

We also asked if there was any interest in small penis humiliation and nearly 70% of the men in the survey enjoyed it to some degree. It is quite feasible that men who gravitate to a FF lifestyle enjoy this type of humiliation because it is part of the complimentary to the fantasy or practice of being feminised, so a man might have his penis mocked and derided and be forced into wearing frilly knickers as punishment for not being considered big enough. As one man explained it to me, "Wearing women's panties is like an acknowledgement that you have a 'boy clit' and not a man-sized penis, so yes, small penis humiliation is a part of surrendering your manhood". Having a woman openly mock a man's penis size is generally considered taboo, so it also breaks a lot of social sanctions and for some men this in itself makes it arousing.



We asked men to rate the state: I'm an alpha male and the idea of loss of control in a forced feminization relationship attracts me:

Strongly agree		27.9%
Agree	_	27.9%
Agree somewhat		20.9%
No opinion	-	12.8%
Disagree	1	2.3%
Disagree somewhat		3.5%
Strongly disagree		4.7%

Taking all forms of agreement, a majority at 76.7%, consider themselves dominant in their day to day lives, while being drawn to enactments of submission and femininity. Being in charge and being the go to guy, the guy who pays the mortgage, the guy who makes the decisions, the responsible, planner or decision maker all goes out the window when he becomes a sissy in a push-up bra forced to his knees to perform oral sex. The focus becomes doing what the dominant partner demands, in a specific and directed fashion. When the practice is 'forced' the person is freed from responsibility and the possible burden of guilt that comes with doing something—such as acting s a woman—which may cause them mental anguish if it were not done under 'duress'.

It gives me a chance to be sexy without any guilt feelings, cause she makes me do it...

Ted is in his forties and works in tertiary education. He has cross-dressed for most of his adult life, however he finds the practice the most fulfilling when his wife orders him to wear particular items of clothing and perform certain tasks, which can be a simple as giving her a pedicure:

Unless you've been there yourself, you could not understand how having feminine feelings and wishes can lead some men into experiencing shame or embarrassment about their desires. So letting someone else temporarily 'own' you and make you do things that turn you into their sissy bitch is enormously freeing.

As we spoke about in the Cuckolding report, there are arguments that masochistic behaviour is a way of achieving a loss of high-level self-awareness, and replacing it with a low-level sense of self as physical body. Baumeister (1988) who argues this theory says that masochism therefore can be classed with other normal ways of achieving a mental time-out, such as exercise, mediation or watching sports. He says masochism only differs from the

#### The Forced Feminization Survey

run of the mill activities in that it is linked to sexual pleasure. It would stand to reason that this theory of timeout from the normal, familiar self could also apply to men choosing to take a submissive, feminine role, because as Baumeister remarks, an important way of accomplishing an escape from self is to,"...create a new, fantasized identity that is fundamentally different from the self that is escaped."

The men were asked to select the one FF activity which they found most attractive in practice or in fantasy. Wearing a chastity device (20%) was number one and the next most popular was being forced to give oral sex to another man (18.8%). These could be considered two of the most submissive acts particularly wearing a chastity device which gives away not only a man's ability to orgasm but also his ability to have an erection, so he is effectively put his sex life completely into the hands of another person.

- Click goes the lock, click goes my head.
- We go out and she toys with the key which she wears around her neck, drives me mad.
- I get domm'd online. My Mistress made me go out and buy a CB device and I send her pics of me wearing it.

Being called sissy or female names	1	2.4%
Being used as servant by my partner		8.2%
Being treated as a sissy in front of my partner and her friends	-	11.8%
Dressing up fully in women's clothing	-	11.8%
Being made to wear women's underwear under my regular clothing	•	4.7%
Being milked	1 - Contract (1997)	3.5%
Wearing a chastity device		20.0%
Pegging/anal sex with a dildo		11.8%
Oral sex with a dildo		0.0%
Being forced to give oral sex to another man		18.8%
Being forced to give anal sex to another man		7.1%

Which one activity do you enjoy most in fantasy or reality?

We then asked the men to select all the activities that they enjoyed without specifically rating them. Wearing women's underwear under normal clothing by far the most common

at 71.1%. In second place was wearing a chastity device (63.9%) and in third place at 62.7% was having the partner perform anal sex with a dildo.

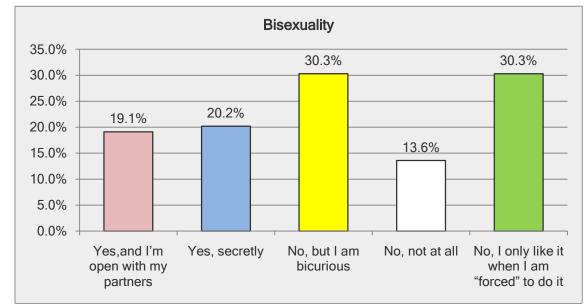
I'm a guy's guy and you wouldn't catch me trawling for other guys in a bar. However when my wife straps on that dildo, twists my nipples and tell me to open my man pussy, I am just seriously weak at the knees. At the same time it almost does my head in, because I am so aware I am being 'the woman'.

If you combine the responses to both questions asked in regard to being forced to have sexual contact with another man, a high percentage of 85.5% enjoy the act or fantasy of giving anal or oral sex to another man. The high number who enjoy it or find it attractive if it is 'forced' probably speaks a little to the fact that in society generally it is much more acceptable for a woman to be bisexual or lesbian or simply take the opportunity to explore alternate sexualities, than it is for a man to either own or explore bisexuality or homosexuality. We should, on reflection have asked a specific question on how the man enjoyed anal or oral sex with other men were able to engineer this situation and I acknowledge that in framing the question as being in reality or fantasy, it is unknown how many men actually physically partook of those activities.

Being called sissy or female names	61.4%
Being used as servant (e.g. maid) by my partner	62.7%
Being treated as a sissy in front of my partner and her friends	60.2%
Dressing up fully in women's clothing	62.7%
Being made to wear women's underwear under my regular clothing	 71.1%
Being milked	57.8%
Wearing a chastity device	63.9%
Pegging/anal sex with a dildo	67.5%
Oral sex with a dildo	63.9%
Being forced to give oral sex to another man	55.4%
Being forced to give anal sex to another man	 30.1%

Select all the activities you enjoy:

While submitting sexually to another man is an act of submission in this form of roleplay, it is also consensual bisexuality; so we asked a question in relation to how the men viewed their sexuality and only 13% said they definitely did not consider themselves bisexual, with the remaining 88% having various levels of interest. Given the taboo nature of homosexuality and male bisexuality—despite a relaxation of social mores in this regard—being forced to perform a homosexual act could be a way for some men to legitimise their desires in their own minds and take it away from the realm of being considered homosexual activity.



Using FF as a way of exploring sexuality aside, it appears to be an important outlet for men who want to experience submission or femininity and minimise the negativity or guilt or conflict these actions may cause. While for others some it appears tied in with arousal from the humiliation or embarrassment associated with practice, enjoyed as a form of masochism.

She makes me wear a hairband and a gstring and calls me by my girly name. It makes me squirm but also makes me super hot.

Having me go over her knee and getting whacked while she calls me a bad girl, tops.

We also cuckold. She gets to have sex with her bull and I get to sit in the corner in my frillies and short skirt and masturbate while she does it.

Being a girl, it is taboo - what's not to like?

### References

Baumeister, R.F. (1988). 'Masochism as escape from self', Journal of Sex Research, 25:1, pp;.28-59.