
Bondage for CBT

ties and applied techniques for
cock and ball bondage with
Tony Buff & Derek da Silva



© 2010 Tony Buff & Derek da Silva

Safety First!

Do not try this at home without the guidance of an experienced practitioner. Not only will it provide an opportunity for interactive understanding of risk mitigation and guided practical application but will help build strong community relationships and serve to sustain the tradition of mentoring within our community.

- Risk
 - Rope Burns
 - Loss of Circulation
 - Nerve Damage
 - Constriction
 - Dehydration
 - Falling Injuries
 - Medical Emergencies
 - Environmental Emergencies
 - Equipment Failure
 - Emotional/Psychological Issues



© 2010 Tony Buff & Derek da Silva

Risk Assessment & Risk Mitigation

- Considerations
 - Psychological State
 - Health History
 - Recent Injury | Illness
 - Rest & Nutritional Intake
 - Equipment Serviceability
 - Emergency Preparedness
 - Environmental Awareness
 - Experience
- Mitigations
 - Communication
 - PAR-Q
 - Ability to Adjust Activity
 - Food, Water & Rest
 - Maintenance
 - CPR / First Aid
 - EMT Sheers / Marlinspike
 - Practice

© 2010 Tony Buff & Derek da Silva

Bondage for Cock & Ball Torture



Why?

- Stimulation & Torture
- Holds the Blood In
- Aesthetics
- Keeps Everything Exposed
 - no run away balls*
- Exposure, Display & Vulnerability
- Predicament Bondage

Specific Safety Concerns

- Circulation Blockage
- Retrograde Ejaculation
- Skin Tears & Abrasions
 - Hematomas
- Unintentional Castration



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot



Form three loops ...

... place the Center Loop over the Left Turn and the Right Turn over the Center Loop.

We're using a 5-ft Length of 4-mm Hemp.

Then place the Left Turn over the Right Turn inside the Center Loop.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot



Grasp the Left Turn with your right hand coming over the Right Turn and under the Center Loop.

Grasp the Right Turn with your left hand coming under the Left Turn and over the Center Loop.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot



Pull the Left Turn through to the right and the Right Turn through to the left.

Then pull the Center Loop out and adjust to form the Jury Masthead Knot.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot for Cock & Balls Bondage



The structure of the Jury Masthead Knot lends itself well to Cock & Balls Bondage.

Pull the Cock and Balls through the center of the Knot.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot for Cock & Balls Bondage



Pull the Cock through the Top Loop ...

... and adjust the Top Loop along the base of the shaft of the Cock.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot for Cock & Balls Bondage



Pull the Left Testicle through the Left Loop ...

... and the Right Testicle through the Right Loop.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot for Cock & Balls Bondage



Adjust to tighten the fit as desired ...

... and secure with a Square Knot.



© 2010 Tony Buff & Derek da Silva

Jury Masthead Knot for Cock & Balls Bondage



Gratuitous images of the Cock & Balls in bondage using the Jury Masthead Knot.

Aren't they pretty?



© 2010 Tony Buff & Derek da Silva

Parker's Ball Separator



Find the Center Bite
of the Line.

*We're using a 5-ft Length of
4-mm Hemp.*

Create a Lark's Head
using the Center Bite.



© 2010 Tony Buff & Derek da Silva

Parker's Ball Separator



Slip the Lark's Head around the
Cock & Balls ...

... and tighten at the
Base of the Cock & Balls
in the center of the 'Taint.



© 2010 Tony Buff & Derek da Silva

Parker's Ball Separator



Create several Twists in the Line emanating from the Taint.

Lay the Twist between the Balls
...

... and separate the Lines at the Base of the Cock's Shaft.



© 2010 Tony Buff & Derek da Silva

Parker's Ball Separator



Pass the Lines around the Cock and Cross them behind the Shaft.

Pull the Lines under the Balls and Secure with a Square Knot.



© 2010 Tony Buff & Derek da Silva

Parker's Ball Separator



Now, with the Balls securely in place, it's Time to Play.

You can tell Derek *Hates* this tie.



© 2010 Tony Buff & Derek da Silva

Bottle Knot



Find the Center Bite of the Line.

We're using a 5-ft Length of 4-mm Hemp.

Create two Turns on either side of the Center Bite.



© 2010 Tony Buff & Derek da Silva

Bottle Knot



Place the Right Turn over the Left Turn.

Tuck the Center Bite under the Left Turn, over the Right Turn, under the Left Turn and over the Right Turn.



© 2010 Tony Buff & Derek da Silva

Bottle Knot



While holding the Center Bite, grab the Right Turn ...

... and pull it down behind the Body of the Knot to the bottom of the Knot.



© 2010 Tony Buff & Derek da Silva

Bottle Knot



While holding the Center Bite,
grab the Left Turn ...

... and pull it down in front of the
Body of the Knot
to the bottom of the Knot.



© 2010 Tony Buff & Derek da Silva

Bottle Knot as Anchor for the Balls



Although the Bottle Knot is
primarily used to form a handle
to carry Bottles and Jugs, we
have another Purpose.

Place the Bottle Knot over the
Balls and tighten as desired.



© 2010 Tony Buff & Derek da Silva

Bottle Knot as Anchor for the Balls



Pass the Working Ends of the Line through the Center Bite, ...

... Secure with a Half Hitch or two and use to Anchor or hang weight from the Balls.



© 2010 Tony Buff & Derek da Silva

Roger's Cock & Balls Tie



Hold one End of the Line at the base of the Cock's Shaft ...

Here we're using a 6-ft Length of Rat-Tail.

... and begin Wrapping the Working End around the base of the Cock & Balls.



© 2010 Tony Buff & Derek da Silva

Roger's Cock & Balls Tie



Continue until you have several Wraps around the base of the Cock & Balls.

Pass the Working End up and around one Ball, ...



© 2010 Tony Buff & Derek da Silva

Roger's Cock & Balls Tie



... between both Balls, ...

... then down and around the other Ball in a figure eight.



© 2010 Tony Buff & Derek da Silva

Roger's Cock & Balls Tie



Continue Wrapping the Working End around each Ball in this Figure Eight fashion until the Balls are nicely secured.

... until the Balls are nicely secured.



© 2010 Tony Buff & Derek da Silva

Roger's Cock & Balls Tie



Pass the last of the Working End around under the Balls to the base of the Cock's Shaft and secure with a Square Knot.

This is an excellent tie for CBT.



© 2010 Tony Buff & Derek da Silva

Wrapping for the Cock & Balls



Find the Center Bite of the Line and place it along the Scrotum allowing for extra length to the Center Bite.

Here we're back to a 5-ft Length of 4-mm Hemp.

Begin tightly Wrapping around the Scrotum and above the Testicles.



© 2010 Tony Buff & Derek da Silva

Wrapping for the Cock & Balls



Continue Wrapping the Working End of the Line tightly around the Scrotum until you have the desired effect..

Secure with a Square Knot using the Center Bite and the Working End.

Note that this Technique can be use for the Balls, the Shaft of the Cock alone or the Cock & Balls together.



© 2010 Tony Buff & Derek da Silva

Thank You!

- Special Thanks
 - Derek da Silva
(our sub & Photography)
 - Tony Buff (Rigging)
 - JC (Photography)
 - Titan Media
(images from *Fear & Rough: Shock Treatment*)
 - Parker (Chicago Hellfire Club)
 - Roger (Shotgun Video)
 - Max (BondageLesions.com)
 - Monk (TwistedMonk.com)
 - Midori (PlanetMidori.com)
- Recommended Reading
 - *Erotic Bondage Handbook*
Jay Wiseman, Greenery Press
 - *The Seductive Art of Japanese Bondage*
Midori, Greenery Press
 - *Handbook of Knots*
Des Pawson, DK Publishing
 - *Ashley Book of Knots*
Geoffrey Budworth, Doubleday

*Don't forget to check out
Tony Buff and Derek da Silva online at
tonyBuff.com & derekdasilva.com*

© 2010 Tony Buff & Derek da Silva